

Inside Out DAD®

It's not just a program for dads.
It's an opportunity for transformation.

Give incarcerated fathers the vision that they play a unique and irreplaceable role in their children's lives with the InsideOut Dad® fatherhood program. InsideOut Dad® is the nation's most widely used evidence-based curriculum developed specifically for incarcerated fathers. It is proven to develop pro-fathering attitudes, knowledge, and skills, which helps fathers successfully reenter the lives of their families and communities. Please review the topics covered in the program to the right.

PROGRAM FEATURES

- 12 Core Sessions* feature activities and research-based tools and techniques to encourage fathering from the inside.
- 6 Optional Reentry Sessions help fathers prepare for responsibilities and challenges they will face on the outside.
- 1 Fathering Handbook for you to reference what the dads will use during the program.
- Support Resources Packet (download) includes pre- and post-surveys, customizable Certificate of Completion and more!
- Facilitator training is available

* Can be customized for shorter stay facilities with complementary companion guide.



BONUS!

Reentry Sessions Manual:
Covers important topics with fathers who will be released.

FACILITATOR'S KIT

\$839

IOD-KIT

Additional English and Spanish
Fathering Handbooks Available

PROGRAM TOPICS

12 Core Sessions

- ▶ Family History
- ▶ What it Means to Be a Man
- ▶ Showing and Handling Feelings
- ▶ Men's Health
- ▶ Fathering from the Inside
- ▶ Communication
- ▶ The Father's Role
- ▶ Children's Growth
- ▶ Discipline
- ▶ Working with Mom and Co-Parenting
- ▶ Change and Impact

6 Optional Reentry Sessions

- ▶ Fathering on the Outside
- ▶ Responsibilities and Child Support
- ▶ Visits Upon Release
- ▶ Communication Patterns
- ▶ Safe Communication
- ▶ Money Management

All Books are Bound to Meet
Maximum Security Standards



Learn More and Download a
Free Session Sample at fatherhood.org/iod



NATIONAL FATHERHOOD INITIATIVE®

To Order: www.fathersource.org | call 301-948-0599 | fax 301-948-6776