Factors that Predict Father Involvement

Many factors affect how involved a father is with his children.

These are the most vital.

They create strong
bonds between fathers
and their children.



National Fatherhood Initiative®

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- Good Parenting or Co-Parenting Relationship
- Stable Relationship with Partner/Other Parent
- Partner/Other Parent Supports His Involvement
- Friends and Family Support
 His Involvement
- **Employer Supports His Involvement**
- Satisfied with Marriage
- In or Finished a Fatherhood or Parenting Program
- Involved in His Partner's Pregnancy
- Lives with Children
- **Solution** Being a Dad Vital to His Identity
- Confident in His Fathering Abilities
- Children Look Like Him
- **W** No Depression
- **No Substance Abuse**
- **No Domestic Violence**
- Partner/Other Parent Doesn't
 Restrict Access to His Children

Source: National Fatherhood Initiative® 2024. *Father Facts: Ninth Edition*. Germantown, MD: National Fatherhood Initiative®.