



# THE Fatherhood RESOURCE CENTER



Online, on-demand training to effectively  
engage fathers in your programs and services!

Page 5

**NEW!**



Check out the most  
recent addition to our  
brochure lineup!



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## Welcome to FatherSource™

by National Fatherhood Initiative®!

**W**e're a 501(c)(3) non-profit organization started in 1994 to reverse the nation's trend toward father absence. Our mission is to increase father involvement by equipping communities and human service organizations with the father-engagement training, programs, and resources they need to be father inclusive. Our vision is that all communities and human service organizations are proactively father inclusive so that every child has an involved, responsible, and committed father in their lives.

We accomplish our mission by equipping thousands of human service organizations with affordable and customizable fatherhood programs, fatherhood program training, and fatherhood skill-building resources to work directly with fathers and families.

FatherSource™ by National Fatherhood Initiative® is your partner for high quality resources and programs that build the skills of dads (and moms!) around father involvement. Our evidence-based and evidence-informed programs and budget-friendly resources allow you to find the best tools to help you effectively engage fathers. If you would like assistance selecting programs or resources for the families you serve, just give us a call! We're here to help.

**Hours:** M-F, 8:30am-5pm EST

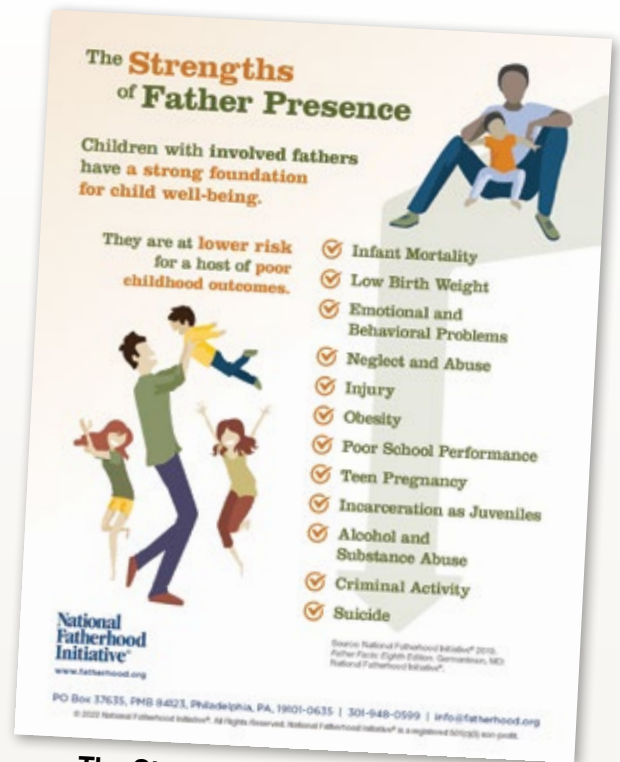
**Phone:** 240-912-1263

**Fax:** 301-948-6776

**Email:** [fathersource@fatherhood.org](mailto:fathersource@fatherhood.org)

# FREE Infographics that spread awareness of the vital role of fathers!

They contain **easy-to-digest data and facts** about the importance of **dads** to the well-being of children and  **moms**. Increase awareness of the many ways increasing father involvement can positively impact the well-being of families and communities.



The Strengths of Father Presence



Why Involved Dads are Good for Moms



Factors that Predict Father Involvement



The Father Absence Crisis in America



DOWNLOAD

Download your free copies at [fatherhood.org/father-absence-statistic](http://fatherhood.org/father-absence-statistic)

Also available in Spanish!



# Core Program Training

[www.fatherhood.org/training](http://www.fatherhood.org/training)


Get expert training on facilitating NFI's core fatherhood programs with our Program Training Institutes! We have several training options throughout the year to fit your budget and staff needs.

## Use the chart below to identify the best training(s) for you and your organization!



24:7 DAD  
KEY BEHAVIORS  
WORKSHOP



Training for Individuals				
Visit <a href="http://fatherhood.org/training">fatherhood.org/training</a> to see full schedule				
Live Webinar Options	✓		✓	
Online, On-Demand		✓		
Training for Organizations				
Up to 30 facilitators/staff				
In-Person	✓		✓	✓
Live Webinar	✓		✓	✓

### Public Webinar Training

Dynamic, online program training institutes from the comfort of your office! Delivered via webinar by expert NFI staff with engaging content, discussions, and interactive polls.

Visit [fatherhood.org/training](http://fatherhood.org/training) to see full schedule

### Training Available For:

- ▶ 24:7 Dad®
- ▶ InsideOut Dad®

### For Organizations: Custom Webinar Training

Bring your staff together in a room or remotely for a custom webinar training. Email [info@fatherhood.org](mailto:info@fatherhood.org) for a quote.

### Training Available:

- ▶ 24:7 Dad®
- ▶ InsideOut Dad®
- ▶ Understanding Dad™

### For Organizations: Training at Your Location

Available all year long, our expert staff travel to your location to deliver dynamic, hands-on training to equip your organization to successfully facilitate the program of your choice. Invite up to 30 facilitators, staff, and community partners. Email [info@fatherhood.org](mailto:info@fatherhood.org) for a quote.

### Training Available:

- ▶ 24:7 Dad®
- ▶ InsideOut Dad®
- ▶ Understanding Dad™

#### Public Webinar Training

Starting At

**\$249** Per Person

#### Customized Webinar

1-Day Training : 2-Day Training

**\$3999** : **\$6999**

#### Prices Include Trainer Travel

1-Day Training : 2-Day Training

**\$9999** : **\$12499**





**Give your staff the training they need to confidently and effectively engage fathers in your programs and services.**

### The Father Engagement Academy™

by National Fatherhood Initiative® is home to the nation's leading on-demand training programs for fatherhood and family practitioners in human service organizations of all kinds. Whether you're a social worker, family program manager, case manager, or volunteer who runs or wants to start a fatherhood program, **we have a course for you!**

**ENROLL TODAY!** [academy.fatherhood.org](http://academy.fatherhood.org) 



**Online, on-demand, and budget-friendly!**

## Featured Courses and Bundles

### 24:7 DAD® KEY BEHAVIORS WORKSHOP ON-DEMAND TRAINING



Learn everything you need to know to facilitate the 24:7 Dad® Key Behaviors Workshop in a group or one-on-one setting including the workshop format, topics, content, and activities.

**\$199**

**COMPLETION TIME** Approx. 3 Hours

### THE COMMUNITY MOBILIZATION WORKSHOP™



Learn how to implement The Community Mobilization Approach™ (CMA) to promote involved, responsible, and committed fatherhood in your community.

**\$199**

**COMPLETION TIME** Approx. 2 Hours

### THE FATHER-FRIENDLY ORGANIZATION BUNDLE



These two courses guide you on how to help your organization better engage fathers, assess your father-friendliness, and plan for improved father inclusiveness.

**\$448**

**COMPLETION TIME** Approx. 7 Hours

## All Available Courses

### Certificate Training

- Effective Facilitation Certificate™ ..... \$249
- Father Engagement Certificate™ ..... \$249
- Recruitment & Retention Certificate™ ..... \$249

### Workshops

- Father-Friendly Organization Workshop™ ... \$199
- The Community Mobilization Workshop™ ... \$199

### On-Demand Program Training

- 24:7 Dad® Key Behaviors Workshop On-Demand Training ..... \$199

### FREE Jump-Start Courses

- How to Use The Vital Topics Guides to Increase Father Involvement ..... FREE
- The Fathering in 15™ Jumpstart ..... FREE

## Available Bundles

### The Advanced Certificate Bundle ..... \$498

#### Includes:

- Effective Facilitation Certificate™
- Father Engagement Certificate™

### The Expert Certificate Bundle ..... \$747

#### Includes:

- Effective Facilitation Certificate™
- Father Engagement Certificate™
- Recruitment & Retention Certificate™

### Father-Friendly Organization Bundle ... \$448

#### Includes:

- Father Engagement Certificate™
- Father-Friendly Organization Workshop™





*24:7 Dad® is the leading evidence-based fatherhood program run by organizations and individuals in communities across the country! Will you join them?*

Complete  
Program Kit

**\$779**

Additional Fathering  
Handbooks

**\$11.99**  
Each

[www.fatherhood.org/247dad](http://www.fatherhood.org/247dad)



**{A.M.}**

**24:7 DAD® A.M. COMPLETE PROGRAM KIT**  
CNA-91 - \$779 EACH  
**EXTRA A.M. FATHERING HANDBOOKS**  
CNA-93 - \$11.99 EACH (ENGLISH)  
CNA-93SP - \$11.99 EACH (SPANISH)

**EXTRA FACILITATOR'S MANUALS**  
AVAILABLE IN ENGLISH AND  
SPANISH.  
PLEASE CALL 240-912-1263

## Program Description

24:7 Dad® is an evidence-based fatherhood program in two versions—A.M., a basic skill-building program, and P.M., a more in-depth skill-building program. Diverse organizations across the nation use the program to improve the knowledge, behavior, and skills of dads of all races, religions, and demographics. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. Throughout the program, men examine their own fatherhood history, learn the 5 characteristics of a 24:7 Dad, and other important behaviors such as working with mom and proper child discipline to help them be the best dads they can be.



### Program Length (Both Versions)

12 core sessions + 1 optional introductory session at approximately 2 hours each.



### Program Delivery (Both Versions)

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



### Training Options (Applies to Both Versions)

Program Guide in Facilitator's Manual provides all necessary information to run the program successfully.

- Public webinar training is available (see page 4).
- Custom webinar training and in-person training at your location are also available (see page 4).

## 24:7 Dad® A.M. Topics Covered

- Family History
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Communication
- The Father's Role
- Discipline
- Children's Growth
- Getting Involved with your Child(ren)
- Working with Mom and Co-Parenting
- Dads and Work
- My 24:7 Dad® Checklist

## Kit Contents

- (1) 24:7 Dad® AM (or PM) Facilitator's Manual
- (10) 24:7 Dad® AM (or PM) Fathering Handbooks: Dads will use and write in to participate in activities
- (10) Quick Reference Cards
- (1) 24:7 Dad® USB Flash Drive with supporting resources







**24:7 DAD® P.M. COMPLETE PROGRAM KIT**  
CNA-95 - \$779 EACH  
**EXTRA P.M. FATHERING HANDBOOKS**  
CNA-97 - \$11.99 EACH (ENGLISH)  
CNA-97SP - \$11.99 EACH (SPANISH)

**EXTRA FACILITATOR'S MANUALS**  
AVAILABLE IN ENGLISH AND  
SPANISH.  
PLEASE CALL 240-912-1263

## 24:7 Dad® P.M. Topics Covered

- ▶ Fathering and The 24:7 Dad
- ▶ Power and Control
- ▶ Boyhood to Manhood
- ▶ Competition and Fathering
- ▶ Dealing with Anger
- ▶ Improving my Communication Skills
- ▶ Knowing Myself
- ▶ Fun with the Kids
- ▶ Family Ties
- ▶ Stress, Alcohol, and Work
- ▶ Sex, Love, and Relationships
- ▶ My 24:7 Dad® Checklist

**SAVE \$200!**

### 24:7 Dad® A.M./P.M. Bundle

- ▶ 1 - 24:7 Dad® A.M. Complete Program Kit
- ▶ 1 - 24:7 Dad® P.M. Complete Program Kit



247APB-01 - \$1359

## Co-Parenting Curricula Bundle

Improving co-parenting is one of the primary concerns of staff who serve fathers, mothers, and families. This bundle allows you to deliver the evidence-based 24:7 Dad® A.M. to dads and, at the same time, deliver Understanding Dad™ with the Mom as Gateway™ Booster Session to moms over 12 sessions.



CPCB-01 \$1499.00

## 24:7 Dad® A.M. with Domestic Violence Awareness Bundle

This bundle includes the Understanding Domestic Violence™ Booster Session as part of a comprehensive approach to addressing domestic violence with the dads you serve. Pair Understanding Domestic Violence™ with 24:7 Dad® A.M. for a powerful combination.



247A-UDV \$839.00

## 24:7 Dad® A.M. (or P.M.) with Booster Sessions for Non-Custodial Dads

- ▶ Workforce Readiness
- ▶ Rights & Responsibilities
- ▶ Visitation
- ▶ Child Support
- ▶ Money Management

All topics covered in the 24:7 Dad® A.M. (or P.M.) program, PLUS 5 separate 2-hour booster sessions your organization can run for non-custodial fathers.

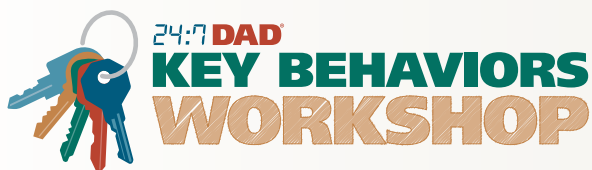


### Bundle Includes:

- ▶ Everything in the 24:7 Dad® A.M. (or P.M.) Complete Program Kit
- ▶ 1 - FatherTopics™ Collection for Non-Custodial Dads Booster Sessions + USB Flash Drive with Instruction Guide, Session Handouts, and Binder-Ready, 3-Hole punched facilitator session guides with dividers.

**A.M. - CNA-100 - \$989 PER KIT**  
**P.M. - CNA-99 - \$989 PER KIT**





*The 24:7 Dad® Key Behaviors workshop is a favorite of facilitators and dads alike. Its short length and flexible use makes it a great choice for any organization!*

Complete  
Workshop Kit  
**\$579**  
CNA-73

Additional Fathering  
Handbooks  
**\$8.99** Each  
CNA-75

[www.fatherhood.org/key-behaviors](http://www.fatherhood.org/key-behaviors)



**24:7 DAD® KEY BEHAVIORS  
COMPLETE WORKSHOP KIT**  
CNA-73 - \$579 EACH

**EXTRA FATHERING HANDBOOKS**  
CNA-75 - \$8.99 EACH (ENGLISH)

**EXTRA FACILITATOR'S  
MANUALS AVAILABLE.**  
PLEASE CALL 240-912-1263



## Program Length

- 7 Sections: Sections 1 and 7 are 1/2 hour, sections 2-6 are 1 hour
- Can also be facilitated as a 1-day workshop in 8 hours, including a 1-hour break (e.g., for lunch)



## Program Delivery

Delivered in a group setting by a facilitator(s), or can be used one-on-one and in a home-based setting.



## Training Options

Workshop Guide in Facilitator's Manual provides all necessary facilitator information to run the workshop successfully with a group of fathers or with an individual father.

- Online, on-demand (see page 5 and back cover).

## Kit Contents

- (1) 24:7 Dad® Key Behaviors Workshop Facilitator's Manual with Workshop Guide
- (10) 24:7 Dad® Key Behaviors Workshop Fathering Handbooks
- (10) Quick Reference Cards (perforated tear-out inside handbook front cover)
- (1) 24:7 Dad® Key Behaviors Workshop USB Flash Drive with supporting resources

## Program Description

This short-length workshop helps fathers develop a set of behaviors that will help them become the best fathers possible. It's great for any father (whether they've participated in 24:7 Dad® or not), and you can deliver it in as little time as one day (8 hours including a lunch break). You can easily facilitate this workshop with groups of fathers or with only one father (i.e., one-on-one) using the separate guides for each in the Facilitator's Manual.

24:7 Dad® Key Behaviors Workshop is also excellent for use in short-stay correctional facilities and reentry programs!

## Topics Covered

### The 12 Key Behaviors

1. Works with an Accountability Partner or Partners (Self-Awareness)
2. Reflects on a Weekly Basis (Self-Awareness)
3. Takes Care of Physical Health on a Regular Basis (Caring for Self)
4. Takes Care of Emotional/Mental Health on a Regular Basis (Caring for Self)
5. Develops Skills that Reflect His Role in the Family (Fathering Skills)
6. Models Healthy Masculinity (Fathering Skills)
7. Disciplines His Children in Healthy Ways (Parenting Skills)
8. Nurtures His Children (Parenting Skills)
9. Communicates Well with Mom and Their Children (Relationship Skills)
10. Builds and Maintains a Good Relationship with Mom (Relationship Skills)
11. Pays It Forward (Bonus)
12. Engages with His Community (Bonus)







**ALSO  
AVAILABLE  
IN SPANISH!**



**Annual Subscription**  
**JUST \$199** Per Location  
**Unlimited Access, Unlimited Use!**

#### Individual Pricing: 1-4 locations

ENGLISH F15-01 \$199 each  
SPANISH F15SP-01 \$199 each

#### Volume Pricing: 5 or more locations

ENGLISH F15-5+ \$995.00  
SPANISH F15SP-5+ \$995.00

\*One annual subscription required per organization location or site.

## TOPICS COVERED:

1. Family History
2. Being a Man and Dad
3. Handling Emotions
4. Grief and Loss
5. Your Health
6. You and Mom
7. Talking with Mom
8. Co-Parenting
9. Fathering Skills
10. Child Development
11. Child Discipline
12. Sexuality
13. Intimacy
14. Work-Family Balance
15. Managing Money

Watch the demo video at:  
[www.fatherhood.org/f15-demo](http://www.fatherhood.org/f15-demo)



## Request Your FREE Trial Site TODAY!

1. Go to [www.fatherhood.org/f15-sample](http://www.fatherhood.org/f15-sample).
2. Enter your information and click "SUBMIT."
3. You will receive an email in a few days with your one week sample URL.



### Program Delivery

Self-guided and accessed via custom URL in any web browser on any device (e.g., desktop, laptop, tablet, and mobile phone).



### Structure/Length

15 topics take approximately 15 minutes each to complete.

## Product Description

Fathering in 15™ is an interactive, subscription-based, online, on-demand tool that helps organizations build the skills of dads anytime, anywhere. Fathering in 15™ takes dads through 15 interactive, engaging topics, each in 15 minutes. The best part is that it's accessible on any computer or mobile device for just \$199 per location per year.

Fathering in 15™ is ideal for organizations that can't dedicate staff to facilitate a fatherhood program or who need a resource for work with dads one-on-one. It's also ideal for reaching dads who can't or won't travel to an organization's location. Use Fathering in 15™ as a stand-alone resource or to compliment an existing group-based fatherhood or parenting program.

## Product Contents

- ▶ Customized website with your organization name/logo
- ▶ 15 sessions containing text and short videos
- ▶ Pre-Survey and Post-Survey (via online survey tool)
- ▶ Customized Certificate of Completion with your organization logo
- ▶ Marketing materials for printing

**SAVE \$100!**

**Bundle: Fathering in 15™ English + Spanish**

**F15B-ES \$298 ANNUAL SUBSCRIPTION**





## InsideOut DAD® Third Edition

*InsideOut Dad® is the nation's leading evidence-based program for incarcerated fathers run in prisons, jails, and other corrections-related settings (e.g., reentry). It is also used by the Federal Bureau of Prisons.*

Complete  
Program Kit  
**\$839**  
CNA-200

Additional Fathering  
Handbooks  
**\$11.99** Each  
CNA-203



SEE BUNDLE OPTION ON NEXT PAGE!

[www.fatherhood.org/iod](http://www.fatherhood.org/iod)



**INSIDEOUT DAD® COMPLETE PROGRAM KIT**  
CNA-200 - \$839 EACH

**EXTRA FATHERING HANDBOOKS**  
CNA-203 - \$11.99 EACH (ENGLISH)  
CNA-204 - \$11.99 EACH (SPANISH)

**EXTRA FACILITATOR'S  
MANUALS AVAILABLE.**  
PLEASE CALL 240-912-1263



### Program Length

12 core sessions and 6 optional reentry sessions at approximately 2 hours each.



### Program Delivery

Delivered in a group setting by a facilitator(s), or can be used one-on-one. Facilitator training available.



### Training Options

- Program Guide in Facilitator's Manual provides background, philosophy, and all necessary facilitator information to run the program successfully.
- Public webinar training is available (see page 4).
- Custom webinar training and in-person training at your location are also available (see page 4).

## Program Description

InsideOut Dad® gets rave reviews from inmates and facilitators alike. When incarcerated fathers are given the vision that they play a unique and irreplaceable role in their children's lives, hearts change, men change—families' and children's lives change.

InsideOut Dad® is an evidence-based program, proven to develop pro-fathering attitudes, knowledge, and skills, giving fathers the necessary strategies to prepare them for release. The core program sessions feature unique activities and research-based tools and techniques to encourage fathering from the inside. The optional reentry sessions help fathers prepare for responsibilities and challenges they will face on the outside.

Join the jails, prisons, and reentry programs across the nation using InsideOut Dad® to give incarcerated fathers the tools they need to become involved, responsible, and committed fathers.

## Topics Covered

### Core Sessions

- Family History and The InsideOut Dad
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Fathering from the Inside
- Communication
- The Father's Role
- Children's Growth
- Discipline

- Working with Mom and Co-Parenting

### Optional Reentry Sessions

- Fathering on the Outside
- Responsibilities and Child Support
- Visits Upon Release
- Communication Patterns
- Safe Communication
- Money Management

## Kit Contents

- (1) InsideOut Dad® Facilitator's Manual: Core Sessions
- (1) InsideOut Dad® Facilitator's Manual: Optional Reentry Sessions
- (10) InsideOut Dad® Fathering Handbooks
- (1) InsideOut® Dad USB Flash Drive with supporting resources

**Note:** All books are bound to meet maximum security standards.

### Short-Term Stay Facility?

See our **24:7 Dad® Key Behaviors Workshop** on Page 8!





## The InsideOut Dad® Curriculum Bundle

[www.fatherhood.org/bundles](http://www.fatherhood.org/bundles)



## InsideOut DAD® Third Edition

### The InsideOut Dad® Bundle Includes other Helpful Resources for Incarcerated Fathers:

- 1 - InsideOut Dad® Complete Program Kit (CNA-200)
- 1 (25) pk - InsideOut Dad® Guide to Family Ties (NFI-107)
- 1 (50) pk - Staying Involved With Your Children While Incarcerated Brochure (NFI-11)
- 1 (50) pk - 14 Things Dads in Prison Should Do Before Or After Release Brochure (NFI-61)
- 1 (50) pk - 20 Ways to Connect with Your Children and Family After Release Brochure (NFI-05)

IODB-03 \$1,219

## Out of the Ashes DVD + Discussion Guide

Watch the trailer at: [www.fatherhood.org/OA](http://www.fatherhood.org/OA)



*Out of the Ashes* is a powerful 32-minute film—a one-act play, of sorts—intended to start the discussion and healing process with children and fathers impacted by a father's incarceration.

### Length

32-minute film, and 3, 1.5 - 2-hour sessions/discussions.

### Topics Covered:

- The impact of incarceration on children, fathers, and families.
- Discussion questions around feelings about incarceration.
- Discussion questions around the reunion of fathers, children, and families after incarceration.
- Discussion questions for currently and formerly incarcerated dads.
- Discussion questions for children of currently and formerly incarcerated dads.

### Product Contents

- DVD with movie, trailer, and actor biographies
- Facilitated Discussion Guide downloaded online for free after purchase



OTA-01 \$71.99 DVD  
WITH DISCUSSION GUIDE

DVD  
+ Disussion Guide  
**\$71<sup>99</sup>**  
OTA-01

## InsideOut Dad® Guide to Family Ties

[www.fatherhood.org/iod-guide](http://www.fatherhood.org/iod-guide)



Incarcerated fathers who create meaningful ties with their children and family on the outside are the best prisoners on the inside. The InsideOut Dad® Guide to Family Ties covers many topics that help incarcerated fathers learn the importance of getting in touch—and staying in touch—with their family, maybe even for the first time. It also helps incarcerated fathers create strong ties between themselves and their children, and between them and the mother(s) of their child(ren).

By connecting with their children, incarcerated fathers are motivated to maintain good behavior to keep visiting rights, which is beneficial for both the facility and correctional officers working with them. In addition, research shows that fathers who connect with their children (and families) prior to release have a higher likelihood of staying out of jail/prison.

### Program Delivery

- Self-paced guide.
- Facilitator's Instruction Guide available for download.

### Product Contents

- Guide for the father to write in and keep (bound for maximum security standards).
- Facilitator's Instruction Guide, Post-Surveys, Answer Sheet, Certificate of Completion, Letter of Completion.

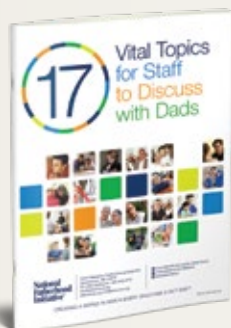


NFI-107 \$309.00 25 PACK  
NFI-106 \$15.99 EACH

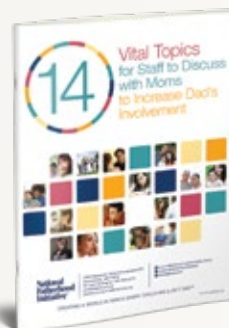
25 Pack of Guides  
**\$309**  
Save \$3.63 Per Guide!  
NFI-107

Individual Guide  
**\$15<sup>99</sup>** Each  
NFI-106

# Not Sure What to Discuss with Dads and Moms? *These Guides Can Help.*



Bound Guide  
**\$52<sup>99</sup>**  
NFI-09



Bound Guide  
**\$52<sup>99</sup>**  
NFI-08

## Product Description

**17 Vital Topics to Discuss with Dads** is a valuable resource to aid you in having discussions with dads at any time and in any setting. These 17 topics (see list below) are critical to address when assisting fathers of any race, ethnicity, or socioeconomic background in becoming involved, responsible, and committed dads.

- Each topic is covered in two to three pages. You will find background information on the topic, which includes several important factors to keep in mind when working with fathers on the topic.
- The background information is followed by key learning objectives for fathers that you should build into the type of learning format that you decide to use.
- The topic ends with key questions that fathers should ask themselves on the topic. These key questions are tied to the learning objectives.

## Delivery Options

Organizations who work one-on-one with dads can use this guide to lead discussions and facilitate valuable, structured conversations. This guide is extremely helpful to those who make presentations to families in the community, such as at schools or businesses/workplaces, and for those who offer direct services to fathers and wish to delve further into certain topics around involved fatherhood.

## Topics Covered

- **Topic 1:** Family of Origin
- **Topic 2:** Masculinity and Fatherhood
- **Topic 3:** Fathering Skills
- **Topic 4:** Child Development
- **Topic 5:** Raising Boys, Raising Girls
- **Topic 6:** Discipline
- **Topic 7:** Gender Communication
- **Topic 8:** Building Healthy Marriages and Relationships
- **Topic 9:** Dealing with Emotions
- **Topic 10:** Grief and Loss
- **Topic 11:** Men's Health
- **Topic 12:** Sexuality
- **Topic 13:** Intimacy
- **Topic 14:** Power of Spirituality
- **Topic 15:** Power of a Fathers' Support Group and Network
- **Topic 16:** Balancing Work and Family
- **Topic 17:** Financial Responsibility

## Product Description

**14 Vital Topics to Discuss with Moms** is a valuable resource to aid you and your staff in having discussions with moms at any time and in any setting about specific topics related the importance of a father's involvement (see list below) and how she can help to encourage his involvement for the benefit of her children.

- Do you wonder how to convince a mother to encourage the father of her child to be more involved in that child's life?
- Have you tried to convince a mother to allow the father of her child to be more involved only to be thwarted in your attempt?
- Do you work with a mother who can't seem to say one nice thing about the father of their children?
- Do you ever wonder why a certain couple can't seem to put their children first—who think about no one other than themselves?

These are the kinds of questions asked by many staff and practitioners who work with mothers, fathers, and families—and that this guide helps to address.

## Delivery Options

Organizations who work one-on-one with moms can use this guide to lead discussions and facilitate valuable, structured conversations—especially in home-visiting and other one-on-one settings. This guide is extremely helpful to those who make presentations to families in the community, such as at schools or businesses/workplaces, and for those who offer direct services to mothers and wish to delve further into certain topics around moms' relationships with dads.

## Topics Covered

- **Topic 1:** Co-Parenting
- **Topic 2:** Gender Communication
- **Topic 3:** Dad's Importance to Child Well-Being
- **Topic 4:** Restrictive Maternal Gatekeeping
- **Topic 5:** For Your Children's Sake
- **Topic 6:** Trusting Dad
- **Topic 7:** Mutual Respect
- **Topic 8:** Conflict Resolution
- **Topic 9:** Power and Control
- **Topic 10:** Angry with Dad
- **Topic 11:** When Dad is Absent
- **Topic 12:** Family of Origin
- **Topic 13:** Discipline of Children
- **Topic 14:** Listening

[www.fatherhood.org/17issues](http://www.fatherhood.org/17issues)

[www.fatherhood.org/14issues](http://www.fatherhood.org/14issues)



# FATHER FACTS 8

EIGHTH EDITION

*The latest facts  
and statistics on  
father absence!*

PDF Download  
**\$69<sup>99</sup>**  
FF8-DLD



## Product Description

The eighth edition of Father Facts is chock full of the most comprehensive research available on father absence and involvement!

Father Facts 8 provides unparalleled depth and breadth of information on the positive difference a father's presence makes in the lives of children with regard to alcohol and substance abuse, child abuse, crime, educational attainment, emotional and behavioral problems, physical health, poverty, and suicide. It remains the premier reference manual for anyone interested in promoting responsible fatherhood.

## Topics Covered

- State-level and national-level data on father absence
- The societal costs of father absence
- Incarceration as a cause of father absence
- Attitudes and predictors of father involvement
- Father access and visitation with children
- The impact of marriage on father involvement; women's well-being and marital satisfaction
- Impact of Father Involvement on Pre-Natal and Post-Natal Paternal and Maternal Stress and Depression
- Data on the many types of fathers: non-custodial, non-resident, single, divorced, teen, incarcerated, military, stay-at-home, and step-fathers; millennials as fathers; grandfathers raising grandchildren; and more

## Product Type

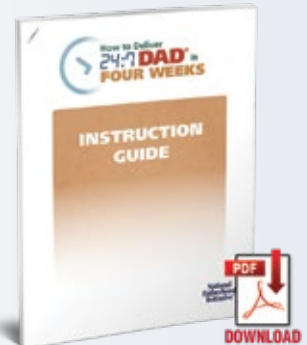
This product is available as an easy-to-navigate PDF document. After placing your order, you will receive an email that contains a link to download, save, and print the file to access the data immediately!

[www.fatherhood.org/ff8](http://www.fatherhood.org/ff8)

## Free Resources to Help You Succeed with Our Core Programs

### How to Deliver 24:7 Dad® in Four Weeks

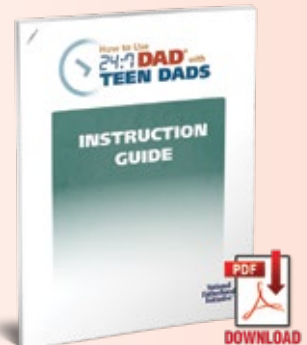
This guide focuses on advice and guidance in the form of tips to help you effectively deliver 24:7 Dad® in as little as four weeks. (Also includes other time frames/formats.) Apply the information in this guide to modify the delivery of 24:7 Dad® to meet challenging time constraints.



[www.fatherhood.org/247-dad-in-four-weeks](http://www.fatherhood.org/247-dad-in-four-weeks)

### How to Use 24:7 Dad® with Teen Dads

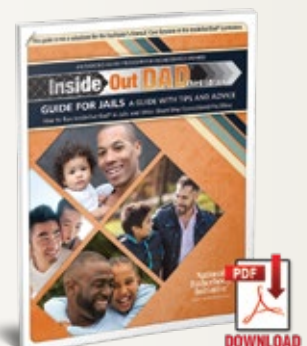
This guide focuses on advice and guidance in the form of tips to help you effectively facilitate 24:7 Dad® with teen dads. Apply these tips to help teen dads with the broader challenges they face, and run 24:7 Dad® effectively with them.



[www.fatherhood.org/247-dad-teen-guide](http://www.fatherhood.org/247-dad-teen-guide)

### How to Run InsideOut Dad® in Jails

Use this guide along with the Session Guides in the InsideOut Dad® Facilitator's Manual to run a shortened version of InsideOut Dad® in a jail or other short-stay facility. NFI created this guide to assist staff in short-stay settings to cover critical content from the program while they still have access to inmates/clients.

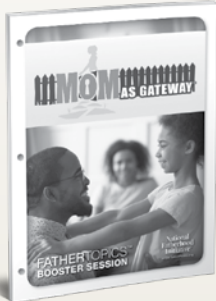


[www.fatherhood.org/ioc-3rd-guide-for-jails](http://www.fatherhood.org/ioc-3rd-guide-for-jails)

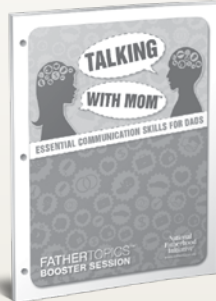


**FATHERTOPICS™**  
BOOSTER SESSIONS

- ✓ Stand alone workshops to add to any fatherhood program
- ✓ Go deeper on communication, co-parenting, or domestic violence
- ✓ Can be delivered in as little as a half day



CNA-177 \$63.99



CNA-178 \$63.99



CNA-176 \$63.99



## Product Type

Printed, binder-ready,  
3-hole punched session guides.



## Delivery Options

Intended for use as stand-alone sessions or as  
booster sessions to your fatherhood programming.

## Mom as Gateway™



### Program Length

3, 1-hour sessions.

### Description

This session for moms helps you break down barriers between mothers and fathers by addressing what is known as Maternal Gatekeeping—when a mother's beliefs about a father, as well as her behaviors, hinder a father's involvement—and facilitate helpful discussions and efforts towards co-parenting.

### Topics Covered

- ✓ The Role of the Gatekeeper
- ✓ Power and Control Between Men & Women in Relationships
- ✓ Minimize Excessive Gatekeeping

### Session Contents

- (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy

## Talking with Mom™: Essential Communication Skills for Dads



### Program Length

3, 1.5 - 2-hour sessions.

### Description

This 3-session program helps fathers become better communicators with the mother(s) of their children by learning about communication patterns, creating a safe environment for effective communication, and developing effective listening skills.

### Topics Covered

- ✓ Self-Awareness, Caring for Self, Relationships
- ✓ How to Talk Openly
- ✓ How to Listen

### Session Contents

- (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy

## Understanding Domestic Violence™



### Program Length

3, 1-hour sessions.

### Description

This session helps the dads you serve and your facilitators/organization understand the many types of domestic violence, the impact it has on fathers and families, and how it can be addressed with men you're in contact with.

### Topics Covered

- ✓ Definitions of domestic violence and its prevalence in society
- ✓ The family impact of domestic violence and its effects on children
- ✓ The cyclical nature of domestic violence
- ✓ How to recognize the early warning signs of domestic violence
- ✓ How to foster non-violence in the home

### Session Contents

- (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy







PER PACK  
**\$219**  
CNA-190

[www.fatherhood.org/ftcfncd](http://www.fatherhood.org/ftcfncd)



## Product Description

The FatherTopics™ Collection for Non-Custodial Dads consists of five separate 2-hour sessions your organization can run for non-custodial fathers to help them succeed as involved fathers. Your organization can offer 1, 2, 3, or more sessions in any number and combination. Your organization can also add any one or more of them to most National Fatherhood Initiative® (NFI) fatherhood programs or any other fatherhood program.

The collection covers some of the most critical issues faced by non-custodial fathers.

## Resource Background:

The City of New York's Department of Youth and Community Development (DYCD) contracted with NFI to create a version of 24:7 Dad® that organizations in the city would use with non-custodial fathers. The resulting DYCD version of 24:7 Dad® included new session content to provide information on some of the most critical issues faced by non-custodial fathers that don't directly address pro-fathering knowledge, attitudes, and skills.

Consequently, NFI decided to use that newly designed content to create FatherTopics™ Collection for Non-Custodial Dads, so that facilitators and organizations across the country could provide these well-received sessions to non-custodial fathers wherever they reside, and regardless of location. The reaction to these field-tested sessions, from facilitators and non-custodial fathers in New York City was overwhelmingly positive.

### Product Type

Printed, binder-ready, 3-hole punched session guides with USB Flash Drive.

### Program Length

5, 2-hour sessions.

### Program Delivery

- ▶ Run one or all five topical sessions with non-custodial fathers you serve.
- ▶ Use whichever sessions you need, whenever you need them in a group setting or one-on-one.
- ▶ Add one or more sessions to the content of an existing fatherhood program.
- ▶ Substitute one or more sessions for sessions in your current programming for non-custodial fathers.

## Topics Covered

- ✓ Workforce Readiness
- ✓ Rights & Responsibilities
- ✓ Visitation
- ✓ Child Support
- ✓ Money Management

## Kit Contents

- ▶ Binder-Ready, 3-Hole Punched Sessions
- ▶ USB Flash Drive with Instruction Guide and Session Handouts



*Deliver Understanding Dad™ alongside 24:7 Dad® A.M. as a co-parenting intervention!*



<b>Complete Program Kit</b>	<b>Additional Mother's Handbooks</b>
<b>\$659</b>	<b>\$11<sup>99</sup> Each</b>
CNA-180	CNA-181



[www.fatherhood.org/moms](http://www.fatherhood.org/moms)



**UNDERSTANDING DAD™ COMPLETE PROGRAM KIT**  
CNA-180 - \$659  
**EXTRA MOTHER'S HANDBOOKS**  
CNA-181 - \$11.99 EACH

**EXTRA FACILITATOR'S MANUALS AVAILABLE.**  
PLEASE CALL 240-912-1263



### Program Length

8 sessions at approximately 2-3 hours each.



### Program Delivery

Group setting, delivered by a facilitator(s) or one-on-one.



### Training Options

- ▶ Program Guide in Facilitator's Manual provides all necessary facilitator info to run the program successfully.
- ▶ In-person facilitator training at your location is available (see page 4).

## Program Description

Understanding Dad™ is a unique program that helps mothers improve the relationships they have with fathers, for the benefit of their children. This program helps mothers better understand the importance of involving dad in their children's lives and how to better communicate with the father(s) of their child(ren).

Oftentimes, the mothers' gatekeeping behavior that can prevent or reduce fathers' access to their children—when fathers' involvement in their children's lives would actually benefit their children. This program encourages self-awareness and helps moms improve the communications skills they need to improve their relationships with the fathers of their children.

Understanding Dad™ raises mothers' awareness about the importance of father involvement in the lives of their children. It helps mothers to reflect on how their own developmental histories have and continue to influence the relationships with the fathers of their children. It also teaches mothers communication skills to improve the partnership between them and the fathers of their children in raising their children (e.g., co-parenting when mothers and fathers are no longer together).

## Kit Contents

- ▶ (1) Understanding Dad™ Facilitator's Manual
- ▶ (10) Understanding Dad™ Mother's Handbooks for use during the program and that the moms can keep
- ▶ (1) Understanding Dad™ USB Flash Drive with supporting resources

## Topics Covered

- ✓ My Life as a Mom
- ✓ My Father's Impact
- ✓ My Mother's Impact
- ✓ Me and My Children's Father
- ✓ The Impact on My Children
- ✓ Patterns of Communication
- ✓ Open, Safe Communication
- ✓ How to Listen





## COMMUNICATION

### POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO COMMUNICATE WITH DAD™

Helps moms understand how to talk with dads so they can raise healthy children together. Creating trust and a good communication pattern with dad is important, and this guide will help.

NFI-108 \$16.99 5 PACK (ENGLISH ONLY)



## CO-PARENTING

### POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO BE A GREAT CO-PARENT™

This pocketbook focuses on helping moms understand the challenges - and the importance of - being a good co-parent for the benefit of her children. It addresses expectations, how to handle difficult situations and differences, and acting with empathy to ensure the best outcome for her children.

NFI-101 \$16.99 5 PACK (ENGLISH ONLY)



## NEW MOMS INVOLVING DADS

### POCKETBOOK FOR NEW MOMS: A POCKETBOOK FULL OF REASONS FOR NEW MOMS TO INVOLVE DADS™

Help new or expectant moms understand the benefits that she, her baby—and even dad!—will experience when dad is involved right from the start. Moms learn why it's important to get dads involved and tips to get him “in the game.”

NFI-109 \$16.99 5 PACK (ENGLISH ONLY)



## Tip Cards & Pocketbooks for Moms

[www.fatherhood.org/tipcards](http://www.fatherhood.org/tipcards)


## COMMUNICATION

### 10 WAYS MOM CAN BETTER COMMUNICATE WITH DAD

#### 10 MANERAS PARA QUE MAMÁ SE COMMUNIQUE MEJOR CON PAPÁ

Communication can be one of the biggest challenges for couples, and especially for those who are separated and co-parenting. This tip card equips mom with ways she can better communicate with dad for the benefit of her children.

NFI-98 \$17.99 50 PACK (ENGLISH)

NFI-98SP \$17.99 50 PACK (SPANISH)



## CO-PARENTING

### 10 WAYS MOM CAN BE A GREAT CO-PARENT

#### 10 MANERAS PARA QUE MAMÁ SEA BUENA EN LA CRIANZA COMARTIDA

Co-parenting takes BOTH parents' commitment and involvement. This tip card provides mom with simple tips for being a good co-parent - all for the benefit of her children.

NFI-99 \$17.99 50 PACK (ENGLISH)

NFI-99SP \$17.99 50 PACK (SPANISH)



## Understanding Dad™ with Mom As Gateway™ Booster Session Bundle

Use this bundle to create a powerful 12-week program for moms that addresses moms' gatekeeping behavior in a more comprehensive way than either resource alone.

- Start with the optional opening session in Understanding Dad™ as session one.
- Follow it with the eight core sessions of Understanding Dad™.
- End the program with the three sessions of Mom as Gateway™ (see page 16).

### Bundle Includes:

- ✓ 1 - Understanding Dad™ Complete Program Kit
- ✓ 1 - Mom as Gateway™ Booster Session (Binder-ready, 3-hole punched)

UDB-01 \$719





# End of Year Spend-Down?

## Resource Bundles Make it Easy!

[www.fatherhood.org/bundles](http://www.fatherhood.org/bundles) 

### FATHER INVOLVEMENT STARTER BUNDLE

**Our newest resource bundle**, and the only one available in both English and Spanish, gives you the best of the best! Perfect for practitioners who are just starting out with father engagement, or for those looking for a great collection of some of our best sellers.

From tips for dads on how to help their child in school, ways to be a better dad, and how to better manage money—to co-parenting tips for mom and dads and the importance of an involved father—this bundle is sure to contain just what you need to better engage dads in their children's lives. It also includes our strength-based Father Facts posters to help you show dads—and moms—that your facility/facilities are father-friendly and that remind staff of the importance of serving dads.

#### Bundle Includes:

- 1 Poster Set: Set of 5 Father Facts Posters (NFI-59, *NFI-62*)
- 1 pk (50) - Tip Card: 10 Tips to Help Your Child In School (NFI-74, *NFI-77*)
- 1 pk (50) - Tip Card: 10 Ways to Be a Better Dad (NFI-72, *NFI-75*)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Be a Great Co-parent (NFI-99, *NFI-99SP*)
- 1 pk (50) - Brochure: How Dad Can Be a Good Co-parent (NFI-93, *NFI-93SP*)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95, *NFI-95SP*)
- 1 pk (50) - Brochure: How to Better Manage Money w/Spending Plan Worksheet (NFI-97, *NFI-97SP*)

**FISB-01 \$222 (ENGLISH)**  
**FISBSP-01 \$222 (SPANISH)**

Available in English or Spanish!



### NEW & EXPECTANT DADS BUNDLE

One of NFI's specialties is guidance and advice for new and expectant dads. That's because dads and moms are most highly motivated for dads to be involved in the lives of their children during the prenatal and immediate postnatal periods.

Reaching dads during this time increases the chance that they'll stay involved for the long haul!

#### Bundle Includes:

- 1 (50pk) Brochure: 12 Questions to Ask Before Your Baby Arrives (NFI-39)
- 1 (50pk) Brochure: The Importance of An Involved Father (NFI-95)
- 1 (50pk) Brochure: So You're a New Father or About to Become One (NFI-13)
- 1 (50pk) Tip Card: 10 Tips for Expectant Dads (NFI-96)
- 1 (50pk) Tip Card: 10 Tips for New Dads (NFI-73)
- 1 (5pk) New Dad's Pocket Guide (NFI-102)
- 1 (5pk) Help Me Grow: The First Year (NFI-120)

**NEDB-01 \$170**

Perfect for Healthy Start Programs!





## THE HOME VISITATION BUNDLE

It's vital to include dads in home visits so that they understand the important role they play in their children's lives—and that it's never too late for dads to get involved! It's also important for moms to understand dads' unique role, and how to better communicate with them so that dads and moms can parent more effectively, together. Use this bundle along with any evidence-based home visiting model/program to include fathers. This bundle includes our popular Vital Topics Guides along with other resources on being a better dad, creating a peaceful home, effective discipline, communication, and more.

### Bundle Includes:

- 1 - 14 Vital Topics for Staff to Discuss with Moms (NFI-08) (Printed Guide)
- 1 - 17 Vital Topics for Staff to Discuss with Dads (NFI-09) (Printed Guide)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) - Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) - Brochure: 12 Ways To Create A Peaceful Home (NFI-40)
- 1 pk (50) - Brochure: Keeping Your Child Safe (NFI-12)
- 1 pk (50) - Tip Card: 12 Tips for Effectively Disciplining Your Children (NFI-94)
- 5 pks (5) - Help Me Grow: The First Year Guide (NFI-120)
- 5 pks (5) - New Dad's Pocket Guide (NFI-102)
- 5 pks (5) - New Moms: A Pocketbook Full of Reasons for New Moms to Involve Dads (NFI-109)
- 5 pks (5) - For Moms: A Pocketbook Full of Ways (NFI-108) to Communicate with Dad

HVB-01 \$672

Use with any evidence-based home visiting model/program.



## HEAD START BUNDLE

Research shows that fathers prefer parenting resources that speak specifically to them in their role as a dad—and our Head Start Bundle helps programs do just that!

Meet your Head Start Program father engagement requirements with our professionally-designed and research-based tip cards, brochures, and guides to help strengthen the role of fathers in their families, schools, and communities.

### Bundle Includes:

- 1 (50pk) Brochure: How to Help Your Child In School (NFI-32)
- 1 (50pk) Brochure: The Importance of an Involved Father (NFI-95)
- 1 (50pk) Brochure: How To Better Manage Money (With Spending Plan Worksheet) (NFI-97)
- 1 (50pk) Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 (50pk) Tip Card: 12 Tips to Balance Work & Family (NFI-83)
- 1 (50pk) Tip Card: 12 Tips for Effectively Disciplining Your Children (NFI-94)
- 5 (5pks) Dad's Pocket Guide (NFI-103)
- 5 (5pks) Help Me Grow: The Toddler & Pre-School Years (NFI-121)

HSB-01 \$362





## THE CO-PARENTING BUNDLE

Positive co-parenting is vital for the health and well-being of children. This bundle includes resources for moms and dads to help them develop effective co-parenting skills, as well as better ways to communicate, discipline their children, and work together for the ultimate benefit of their children.

### Bundle Includes:

- 1 - 14 Vital Topics for Staff to Discuss with Moms (NFI-08) (Printed Guide)
- 1 - 17 Vital Topics for Staff to Discuss with Dads (NFI-09) (Printed Guide)
- 1 pk (50) - Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06)
- 1 pk (50) - Brochure: How Dad Can be a Good Co-Parent (NFI-93)
- 1 pk (50) - Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) - Tip Card: 10 Tips on Co-parenting for the Sake of Your Child (NFI-92)
- 1 pk (50) - Tip Card: 12 Tips for Effectively Disciplining Your Children Tip Card (NFI-94)
- 5 pks (5) - For Moms: A Pocketbook Full of Ways to Communicate with Dad (NFI-108)
- 1 pk (5) - For Moms: A Pocketbook Full of Ways to be a Great Co-Parent (NFI-101)

CPB-01 \$408



## THE SPANISH RESOURCE BUNDLE

The Spanish Resource Bundle Includes one of every resource we offer in Spanish and helps you include Spanish speakers in your programs. It also makes it easy to acquire a collection of Spanish resources to use with Spanish-speaking moms and dads. You can always purchase additional packs of our Spanish resources as you deplete your inventory.

### The Bundle Includes:

- 1 Poster Set: Poster Set of 3 (Horizontal 22"x28") Spanish (NFI-88)
- 1 pk (50) - Brochure: How Dad Can Be a Great Co-parent (NFI-93SP)
- 1 pk (50) - Brochure: The Importance of an Involved Father (NFI-95SP)
- 1 pk (50) - Brochure: 10 Tips To Help Your Child Do Well in School (NFI-48)
- 1 pk (50) - Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06SP)
- 1 pk (50) - Brochure: 12 Ways to Create a Peaceful Home (NFI-53)
- 1 pk (50) - Brochure: 12 Ways to Balance Work & Family (NFI-54)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Be a Great Co-Parent (NFI-99SP)
- 1 pk (50) - Tip Card: 10 Ways Mom Can Better Communicate with Dad (NFI-98SP)
- 1 pk (50) - Tip Card: 10 Ways To Be A Better Dad (NFI-75)
- 1 pk (50) - Tip Card: 10 Tips on Co-parenting for the Sake of Your Child (NFI-92SP)

SRB-01 \$301





# Help Me Grow™ Guides

Quick-Reference Guides to Help Dads Participate in their Child's Growth!



Often times, dads are unsure of how to be actively involved with their children as they grow. That's why these unique guides go beyond simple child development charts. They help dads learn about the physical, mental, emotional, and social changes their children will go through (THINGS TO KNOW), and gives them practical ways they can be actively involved in their child's growth based on their age range (WAYS TO GROW). Available in three age-ranges below.

## WAYS TO GROW

**6<sup>TH</sup> & 7<sup>TH</sup> YEARS — continued**

- 1 Praise your child for cooperation and learning new skills and knowledge.
- 2 Ask your child to talk about his/her world (school and friends). Listen carefully and remember what he/she says. Answer your child's questions.
- 3 Tell your child to show feelings. Role model by showing yours. This is very important for boys.
- 4 Read to and with your child. Tell your child to read alone.
- 5 Spend alone time with your child doing something both of you enjoy. This is really important if you have other children.
- 6 Expand your child's world through family trips and outings.
- 7 Help your child learn how to get along with peers.
- 8 Help your child learn how to follow group rules.

6 | HELP ME GROW™

A DAD'S GUIDE TO THE AGES & STAGES OF CHILD GROWTH

- 9 Promote daily, safe physical activity. Watch TV habits and limit amount of TV and computer use.
- 10 Set limits and clear rules for discipline and punishment for bad behavior.
- 11 Help your child to discipline him/herself and to control impulses.
- 12 Expect your child to follow family rules, such as those at bedtime, TV watching, and doing chores. Don't pay your child (an allowance) for chores.
- 13 Teach your child to respect others/people in charge.
- 14 Help your child's ability to communicate with you, teachers, and other adults by going to school.
- 15 Tell your child often the difference between right and wrong.
- 16 Teach your child how to manage anger and resolve conflicts without physical or emotional violence.
- 17 Set a limit on the amount of "screen time" your child may have and stick to it. Screen time refers to the time your child spends viewing something on a "media device" with a screen: TV, computer (desktop or laptop), tablet, mobile device used to play games, etc. Make sure media devices do not harm sleep, physical activity, and other actions vital to your child's health. Work with your child to choose times to not use media devices, such as at dinner and when driving. Work with them to choose parts of your home where they cannot use media devices, such as in bedrooms. Talk with them about being a good "online citizen" who treats others with respect online. Talk with them about keeping themselves safe while online.

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www.fatherhood.org | 7

With contributions from Dr. Kyle Pruett and Dr. Yvette Warren, Help Me Grow: A Dad's Guide to the Ages and Stages of Child Growth covers everything dads need to know about what to expect and not to expect in terms of child growth and development.

In reviewing the charts in these guides, dad learns about the physical, mental/emotional, and social changes his child will go through. The guides also include tips for dad to help his child grow, thus helping him to be a more involved, responsible father.

Knowing that children grow at different rates, the main thing is that his child is able to do these things at some point, even if at a later age. Dad can also share the charts with his child's mother so that she'll know what to expect as well!

## HELP ME GROW™ BUNDLE

Get 1 of each 5-pack

NFI-123 \$33.99  
ONE OF EACH  
5 PACK (ENGLISH ONLY)



### THE FIRST YEAR

Organized in 2-month intervals.



NFI-120 \$16.99  
5 PACK (ENGLISH ONLY)

### THE TODDLER & PRE-SCHOOL YEARS

Organized by years 1-5.



NFI-121 \$16.99  
5 PACK (ENGLISH ONLY)

### THE ELEMENTARY SCHOOL YEARS

Organized in 2-year intervals from years 6-11.



NFI-122 \$16.99  
5 PACK (ENGLISH ONLY)

# Pocket Guides

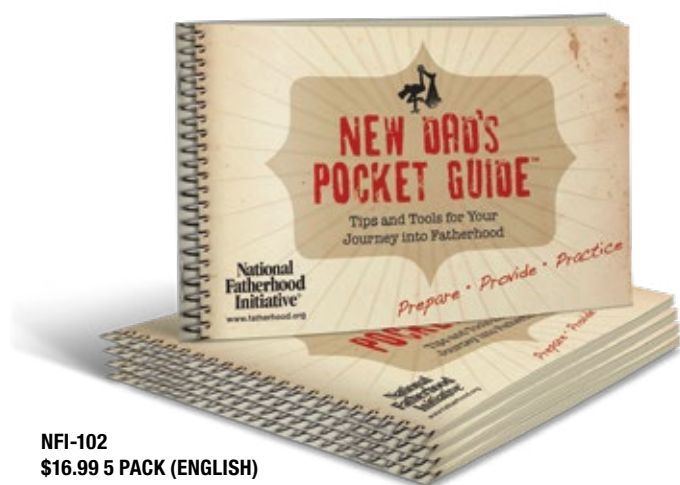
Packs of 5 for just \$13.99

[www.fatherhood.org/pocketguides](http://www.fatherhood.org/pocketguides) 

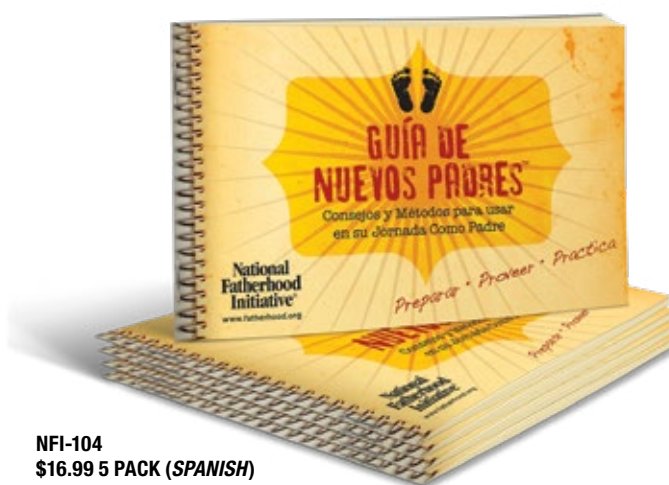
## NEW DADS

### New Dad's Pocket Guide™

This handy guide has essential hints, tips, and strategies that every new dad needs to know! The New Dad's Pocket Guide™ helps dad get involved right from the start by increasing health literacy; includes important child health and safety information, ideas for connecting to his newborn, and more.



NFI-102  
\$16.99 5 PACK (ENGLISH)

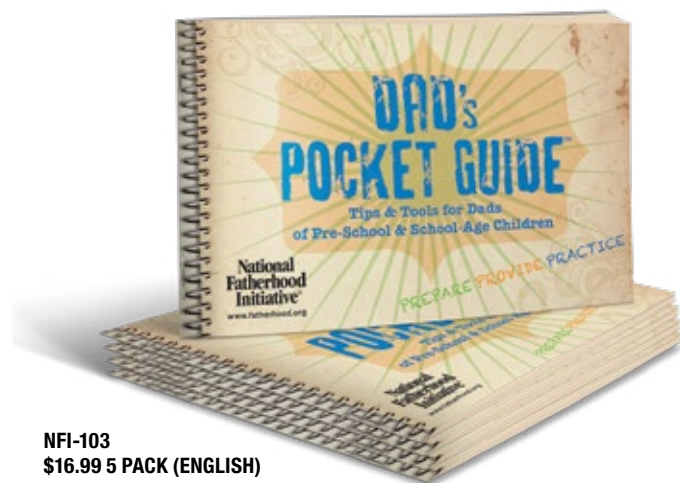


NFI-104  
\$16.99 5 PACK (SPANISH)

## DADS OF PRESCHOOL & SCHOOL AGED CHILDREN

### Dad's Pocket Guide™

It's never been easier to give dads of preschoolers and school-aged children the information they need to stay involved in their children's lives in meaningful ways. This handy guide has essential health and education hints, tips, and strategies that every dad needs to know.



NFI-103  
\$16.99 5 PACK (ENGLISH)



NFI-105  
\$16.99 5 PACK (SPANISH)



## ANY DAD

### 10 WAYS TO BE A BETTER DAD 10 MANERAS DE SER UN MEJOR PADRE

Our most popular brochure in a tip card. This tip card offers easy suggestions to help any father become a great dad!

NFI-72 \$17.99 50 PACK (ENGLISH)

NFI-75 \$17.99 50 PACK (SPANISH)



## SCHOOL INVOLVEMENT

### 10 TIPS TO HELP YOUR CHILD IN SCHOOL

#### 10 CONSEJOS PARA AYUDAR A SU NIÑO EN ESCUELA

Studies show that children with involved dads do better in school. This tip card offers ten practical tips to help dads give their children a jumpstart for academic success.

NFI-74 \$17.99 50 PACK (ENGLISH)

NFI-77 \$17.99 50 PACK (SPANISH)



## DISCIPLINE

### 12 TIPS FOR EFFECTIVELY DISCIPLINING YOUR CHILDREN

#### 12 CONSEJOS PARA DISCIPLINAR EFECTIVAMENTE A SUS HIJOS

Discipline can mean very different things from one dad to another. This card provides tips on effective discipline - what it is, and what it is not.

NFI-94 \$17.99 50 PACK (ENGLISH)

NFI-94SP \$17.99 50 PACK (SPANISH)



## MARRIAGE

### THE 7 BENEFITS OF MARRIAGE FOR MEN

Marriage is good for men (and benefits children!) This tip card helps men learn about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

NFI-82 \$17.99 50 PACK (ENGLISH ONLY)



## NEW DADS

### 10 TIPS FOR NEW DADS

#### 10 CONSEJOS PARA NUEVOS PAPÁS

This tip card provides new and expectant fathers with 10 tips for engaging with their baby, and enjoying and succeeding at the job of a lifetime—being a dad!

NFI-73 \$17.99 50 PACK (ENGLISH)

NFI-76 \$17.99 50 PACK (SPANISH)



## EXPECTANT DADS

### 10 TIPS FOR EXPECTANT DADS

#### 10 CONSEJOS PARA FUTUROS PADRES

It's never too early to be an involved father. This tip card provides expectant fathers with 10 tips to help dad bond with baby while helping mom-to-be.

NFI-96 \$17.99 50 PACK (ENGLISH)

NFI-96SP \$17.99 50 PACK (SPANISH)



## CO-PARENTING

### 10 TIPS ON CO-PARENTING FOR THE SAKE OF YOUR CHILD

#### 10 CONSEJOS SOBRE LA CRIANZA COMPARTIDA PARA EL BIEN DE SU HIJO

These 10 tips will help dads successfully co-parent, while keeping the impact on their child in the front of their minds.

NFI-92 \$17.99 50 PACK (ENGLISH)

NFI-92SP \$17.99 50 PACK (SPANISH)



## WORK/FAMILY BALANCE

### 12 WAYS TO BALANCE WORK AND FAMILY

Balancing work and family can be challenging. Children spell love "T-I-M-E", but providing for them financially is also important. This tip card provides twelve simple things fathers can do to succeed at work and at home.

NFI-83 \$17.99 50 PACK (ENGLISH ONLY)



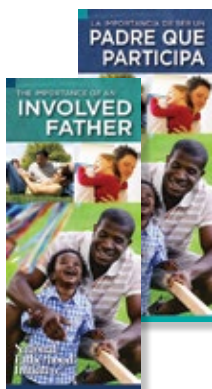


## ANY DAD

### THE IMPORTANCE OF AN INVOLVED FATHER *LA IMPORTANCIA DE SER UN PADRE QUE PARTICIPA*

Our newest brochure communicates the importance of an involved father by outlining the benefits his children will experience when he is involved in their lives.

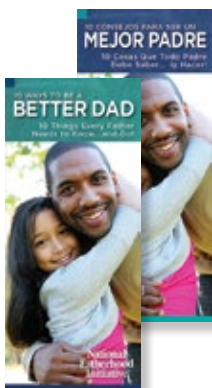
**NFI-95 \$23.99 50 PACK (ENGLISH)**  
**NFI-95SP \$23.99 50 PACK (SPANISH)**



### 10 WAYS TO BE A BETTER DAD *10 CONSEJOS PARA SER UN MEJOR PADRE*

Our best selling brochure offers 10 easy suggestions to help any father become a great dad.

**NFI-01 \$23.99 50 PACK (ENGLISH)**  
**NFI-02 \$23.99 50 PACK (SPANISH)**



## NEW DADS

### SO YOU'RE A NEW FATHER OR ABOUT TO BECOME ONE

*ASÍ QUE ACABA DE SER PADRE O LO VA A SER MUY PRONTO*

New fathers face a series of new and exciting challenges. This brochure provides new and expectant fathers with a ten point plan for enjoying and succeeding at the job of a lifetime—being a dad!

**NFI-13 \$23.99 50 PACK (ENGLISH)**  
**NFI-15 \$23.99 50 PACK (SPANISH)**



## PRENATAL FOR DADS

### 12 QUESTIONS TO ASK BEFORE YOUR BABY ARRIVES

*12 PREGUNTAS PARA HACERTE ANTES DE QUE LLEGUE TU BEBÉ*

This brochure helps men who are about to become fathers think critically about one of the most important jobs they will ever have - becoming a dad. The brochure asks dads to take 3 Looks: Look in, Look out, and Look up.

**NFI-39 \$23.99 50 PACK (ENGLISH)**  
**NFI-39SP \$23.99 50 PACK (SPANISH)**



## SCHOOL INVOLVEMENT

### 10 TIPS TO HELP YOUR CHILD DO WELL IN SCHOOL

*10 CONSEJOS PARA AYUDAR A SU HIJO A HACER BIEN EN LA ESCUELA*

Children with involved dads have a better chance of succeeding in school. This brochure offers ten practical tips to help dads give their children a jump-start for academic success.

**NFI-32 \$23.99 50 PACK (ENGLISH)**  
**NFI-48 \$23.99 50 PACK (SPANISH)**



## CHILD SAFETY

### A CHECKLIST FOR KEEPING YOUR CHILD SAFE FROM NEWBORN TO TODDLER *COMO MANTENER A SU HIJO SEGURO QUE NACE HASTA QUE COMIENZA A CAMINAR*

Keeping children healthy and safe is a priority for all parents, especially during those exploratory toddler years. This helpful checklist provides the information needed to childproof a home and prevent common household accidents.

**NFI-12 \$23.99 50 PACK (ENGLISH)**  
**NFI-47 \$23.99 50 PACK (SPANISH)**



## CHILD ABUSE PREVENTION

### 12 WAYS TO CREATE A PEACEFUL HOME *12 MANERAS DE CREAR UN HOGAR TRANQUILO*

An emotionally and physically safe home environment is vital for healthy children and families. This brochure helps dads create a loving, caring environment where children can thrive.

**NFI-40 \$23.99 50 PACK (ENGLISH)**  
**NFI-53 \$23.99 50 PACK (SPANISH)**





## MARRIAGE

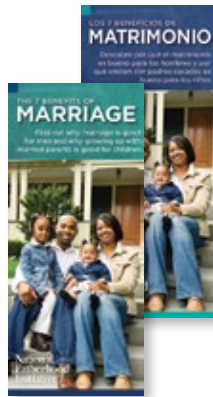
### THE SEVEN BENEFITS OF MARRIAGE FOR MEN

#### LOS 7 BENEFICIOS DE MATRIMONIO PARA LOS HOMBRES

Does marriage really matter? Yes, it does! This brochure speaks directly to men about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

NFI-30 \$23.99 50 PACK (ENGLISH)

NFI-46 \$23.99 50 PACK (SPANISH)



## WORK/FAMILY BALANCE

### 12 WAYS TO BALANCE WORK AND FAMILY

#### 12 FORMAS DE LOGRAR UN EQUILIBRIO ENTRE EL TRABAJO Y LA FAMILIA

This brochure outlines twelve simple things fathers can do to succeed at work and at home. Perfect for human resource managers and employers alike.

NFI-37 \$23.99 50 PACK (ENGLISH)

NFI-54 \$23.99 50 PACK (SPANISH)



## MONEY MANAGEMENT

### HOW TO BETTER MANAGE MONEY (WITH SPENDING PLAN WORKSHEET)

#### CÓMO ADMINISTRAR EL DINERO DE LA MEJOR MANERA (CON UNA PLANILLA DE PLAN DE GASTOS)

This brochure covers 7 things to know, as well as actions to take, that will help dads better manage their own—or their family's—money. Includes a spending plan worksheet for even better success!

NFI-97 \$23.99 50 PACK (ENGLISH)

NFI-97SP \$23.99 50 PACK (SPANISH)



## CHILD SUPPORT

### 11 THINGS TO KNOW & LEARN ABOUT CHILD SUPPORT

#### 11 COSAS LOS PADRES DEBEN SABER Y APRENDER SOBRE LA MANUTENCIÓN INFANTIL

Helps dads learn about the child support system, how to deal with it, and most importantly—how to be a champion for themselves as they navigate the child support system.

NFI-22 \$29.99 50 PACK (ENGLISH)

NFI-22SP \$29.99 50 PACK (SPANISH)



## NEW! MENTAL HEALTH

### THREE STEPS FOR DADS TO CARE FOR THEIR MENTAL HEALTH

#### TRES PASOS PARA QUE LOS PADRES CUIDEN SU SALUD MENTAL

This brochure introduces dads to the three steps and a host of trustworthy resources that will help them realize that caring for their mental health is a sign of strength, not something to be ashamed of.

NFI-31 \$29.99 50 PACK (ENGLISH)

NFI-31SP \$29.99 50 PACK (SPANISH)



## RESOLVING CONFLICT

### HOW TO RESOLVE CONFLICT WITH THE MOTHER OF YOUR CHILD

#### CÓMO RESOLVER CONFLICTOS CON LA MADRE DE SU HIJO

Conflict between parents can be one of the biggest barriers to father involvement. This brochure outlines 7 tips to help dad think the right way about conflict, and provides dad with ways to better resolve conflict with the mother of his child(ren).

NFI-06 \$23.99 50 PACK (ENGLISH)

NFI-06SP \$23.99 50 PACK (SPANISH)



## DOMESTIC VIOLENCE AWARENESS

### 12 THINGS TO KNOW & LEARN ABOUT DOMESTIC VIOLENCE

#### LAS 12 COSAS QUE DEBE SABER Y APRENDER SOBRE LA VIOLENCIA DOMESTICA

Help dads, moms, and practitioners with 12 specific things to know and learn to help spot domestic violence, reduce it, and become a leader in getting rid of it.

NFI-18 \$23.99 50 PACK (ENGLISH)

NFI-18SP \$23.99 50 PACK (SPANISH)



## CO-PARENTING

Great for Reentry

### HOW DAD CAN BE A GOOD CO-PARENT CÓMO EL PAPÁ PUEDE SER BUENO EN LA CRIANZA COMPARTIDA

Parents who live apart can face an uphill battle in being good parents. Most often, dads are the parents separated from their children. This brochure gives dads practical tips and an action plan for being a good co-parent.

NFI-93 \$23.99 50 PACK (ENGLISH)  
NFI-93SP \$23.99 50 PACK (SPANISH)



## Brochures for Incarcerated Dads

## INVOLVED WHILE INCARCERATED

### STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

#### MAINTENIÉNDOSE EN CONTACTO CON SUS HIJOS MIENTRAS ESTÁ ENCARCELADO

Incarcerated fathers may be locked up, but they don't have to be locked out of healthy relationships with their kids. This brochure offers incarcerated fathers ten tips on staying connected to their children.

NFI-11 \$23.99 50 PACK (ENGLISH)  
NFI-16 \$23.99 50 PACK (SPANISH)



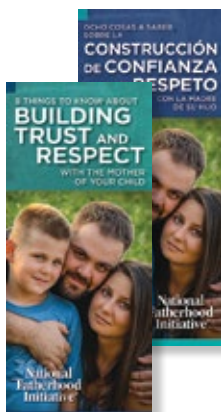
## BUILDING TRUST & RESPECT

Great for Reentry

### BUILDING TRUST & RESPECT WITH THE MOTHER OF YOUR CHILD CONSTRUYENDO CONFIANZA Y RESPETO CON LA MADRE DE SU HIJO

It's vital that parents have trust and respect for each other. Raising a healthy child depends on it!

NFI-07 \$23.99 50 PACK (ENGLISH)  
NFI-07SP \$23.99 50 PACK (SPANISH)



## REENTRY PLANNING

### 14 THINGS DADS IN PRISON SHOULD DO BEFORE OR RIGHT AFTER RELEASE

#### 14 COSAS QUE LOS PADRES EN PRISIÓN DEBERÍAN HACER ANTES O JUSTO DESPUÉS DE SU LIBERACIÓN

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

NFI-61 \$23.99 50 PACK (ENGLISH)  
NFI-61SP \$23.99 50 PACK (SPANISH)



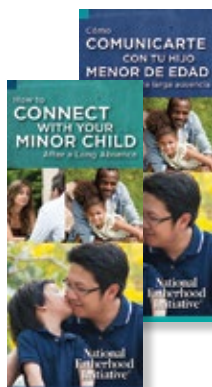
## RECONNECTION

Great for Reentry and Military

### HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE CÓMO COMUNICARTE CON TU HIJO MENOR DE EDAD DESPUÉS DE UNA LARGA AUSENCIA

Help fathers take the necessary steps to reconnect with their child(ren) and work through "maternal gatekeeping" which can sometimes prevent a father's access to his child(ren). The content is divided into two stages, with key steps dads can take.

NFI-91 \$29.99 50 PACK (ENGLISH)  
NFI-91SP \$29.99 50 PACK (SPANISH)



## REENTRY FAMILY CONNECTION

### 20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE

Fathers face many challenges upon release. With these 20 tips, dads can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison.

NFI-05 \$23.99 50 PACK (ENGLISH ONLY)



See Page 11 for More Resources for Incarcerated Dads!



# “Just the Facts” Posters Help Staff Members—and Clients—Understand Important Facts about Father Involvement

## Keep father involvement top-of-mind for both clients and staff.

This set of STRENGTHS-BASED Father Facts posters highlights some of the most important and applicable data on the benefits of father involvement.

Display the posters in your center to show your dedication to increasing the number of children who grow up with involved fathers. Or, display them during your fatherhood program sessions to generate discussions and help fathers understand their important role.

Designed in a standard 22” x 28” poster size for easy framing.

NFI-59 \$58.99

for set of 5  
(ENGLISH)

Full-color 22”x28”  
posters. Not sold  
separately.



SET OF 5 ENGLISH  
22” x 28” POSTERS

**\$58<sup>99</sup>**

NFI-59

NFI-62 \$58.99

for set of 5  
(SPANISH)

Full-color 22”x28”  
posters. Not sold  
separately.



SET OF 5 SPANISH  
22” x 28” POSTERS

**\$58<sup>99</sup>**

NFI-62



# POSTERS: Full-Color, High-Quality

View larger poster images at [www.fatherhood.org/posters](http://www.fatherhood.org/posters)

Encourage dads with these full-color posters that remind fathers of their important and irreplaceable role!

Designed in a standard 22" x 28" poster size for easy framing.



NFI-68 \$58.99 for set of 5 Full-color 22 x 28" posters. Not sold separately. Not available in Spanish.

SET OF 5 POSTERS  
22" x 28"  
**\$58<sup>99</sup>**  
NFI-68



NFI-80 \$58.99 for set of 5 Full-color 22"x28" posters. Not sold separately. Not available in Spanish.

SET OF 5 POSTERS  
22" x 28"  
**\$58<sup>99</sup>**  
NFI-80

## POSTERS IN SPANISH



NFI-88 \$34.99 for set of 3 (Spanish) Full-color 22 x 28" Spanish language posters. Not sold separately. Posters read: "Give Your Kids What They Need To Succeed. You." and "Every girl needs a leading man" Tagline on each poster: "Have You Been A Dad Today?".

SET OF 3  
SPANISH POSTERS  
22" x 28"  
**\$34<sup>99</sup>**  
NFI-88



**BROCHURES**

7 Benefits of Marriage for Men (Pack of 50) . . . . .	NFI-30	\$23.99	25
7 Benefits of Marriage for Men ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-46	\$23.99	25
10 Ways to be a Better Dad (Pack of 50) . . . . .	NFI-01	\$23.99	24
10 Ways to be a Better Dad ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-02	\$23.99	24
10 Tips to Help Your Child Do Well in School (Pack of 50) . . . . .	NFI-32	\$23.99	24
10 Tips To Help Your Child Do Well in School ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-48	\$23.99	24
11 Things For Dads To Know and Learn About Child Support (Pack of 50) . . . . .	NFI-22	\$29.99	25
11 Things For Dads To Know and Learn About Child Support ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-22SP	\$29.99	25
12 Questions to Ask Before Your Baby Arrives (Pack of 50) . . . . .	NFI-39	\$23.99	24
12 Questions to Ask Before Your Baby Arrives ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-39SP	\$23.99	24
12 Things to Know and Learn About Domestic Violence (Pack of 50) . . . . .	NFI-18	\$23.99	25
12 Things to Know and Learn About Domestic Violence ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-18SP	\$23.99	25
12 Ways to Balance Work and Family (Pack of 50) . . . . .	NFI-37	\$23.99	25
12 Ways to Balance Work and Family ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-54	\$23.99	25
12 Ways to Create A Peaceful Home (Pack of 50) . . . . .	NFI-40	\$23.99	24
12 Ways to Create A Peaceful Home ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-53	\$23.99	24
14 Things Dads in Prison Should Do Before or Right After Release (Pack of 50) . . . . .	NFI-61	\$23.99	26
14 Things Dads in Prison Should Do Before or Right After Release ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-61SP	\$23.99	26
20 Ways to Connect with Your Children and Family After Release (Pack of 50) . . . . .	NFI-05	\$23.99	26
A Checklist for Keeping Your Child Safe from Newborn to Toddler (Pack of 50) . . . . .	NFI-12	\$23.99	24
A Checklist for Keeping Your Child Safe from Newborn to Toddler ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-47	\$23.99	24
Building Trust & Respect with the Mother of Your Child (Pack of 50) . . . . .	NFI-07	\$23.99	26
Building Trust & Respect with the Mother of Your Child ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-07SP	\$23.99	26
How to Connect with Your Minor Child After a Long Abscence (Pack of 50) . . . . .	NFI-91	\$29.99	26
How to Connect with Your Minor Child After a Long Abscence ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-91SP	\$29.99	26
How to Better Manage Money (with Spending Plan Worksheet) (Pack of 50) . . . . .	NFI-97	\$23.99	25
How to Better Manage Money (with Spending Plan Worksheet) ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-97SP	\$23.99	25
How Dad Can Be a Great Co-Parent (Pack of 50) . . . . .	NFI-93	\$23.99	26
How Dad Can Be a Great Co-Parent ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-93SP	\$23.99	26
How to Resolve Conflict with the Mother of Your Child (Pack of 50) . . . . .	NFI-06	\$23.99	25
How to Resolve Conflict with the Mother of Your Child ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-06SP	\$23.99	25
So You're a New Father or About to Become One (Pack of 50) . . . . .	NFI-13	\$23.99	24
So You're a New Father or About to Become One ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-15	\$23.99	24
Staying Involved With Your Children While Incarcerated (Pack of 50) . . . . .	NFI-11	\$23.99	26
Staying Involved With Your Children While Incarcerated ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-16	\$23.99	26
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Three Steps for Dads to Care for Their Mental Health ( <i>Spanish</i> ) (Pack of 50) . . . . .	NFI-31	\$29.99	25

**COMPLETE PROGRAM KITS**

24:7 Dad® AM Program Kit . . . . .	CNA-91	\$779	6, 7
24:7 Dad® AM Fathering Handbook (English, Spanish) . . . . .	CNA-93, 93SP	\$11.99	6, 7
24:7 Dad® PM Program Kit . . . . .	CNA-95	\$779	6, 7
24:7 Dad® PM Fathering Handbook (English, Spanish) . . . . .	CNA-97, 97SP	\$11.99	6, 7
24:7 Dad® Key Behaviors Workshop . . . . .	CNA-73	\$579	8
24:7 Dad® Key Behaviors Workshop Fathering Handbook . . . . .	CNA-75	\$8.99	8
InsideOut Dad® Third Edition Curriculum Kit . . . . .	CNA-200	\$839	10
InsideOut Dad® Third Edition Fathering Handbook (English, Spanish) . . . . .	CNA-203, 204	\$11.99	10
Understanding Dad™ Awareness & Communication Program Kit . . . . .	CNA-180	\$659	16
Understanding Dad™ Awareness & Communication Program Mother's Handbooks . . . . .	CNA-181	\$11.99	16

**FATHERTOPICS™ BOOSTER SESSIONS**

FatherTopics™ Collection Booster Sessions for Non-Custodial Dads . . . . .	CNA-190	\$219	15
Talking with Mom™ Booster Session . . . . .	CNA-178	\$63.99	14
Mom As Gateway™ Booster Session . . . . .	CNA-177	\$63.99	14
Understanding Domestic Violence™ Booster Session . . . . .	CNA-176	\$63.99	14

Continued on next page

## GUIDES

14 Vital Topics for Staff to Discuss with Moms to Increase Dad's Involvement .....	NFI-08	\$52.99	12
17 Vital Topics for Staff to Discuss with Dads .....	NFI-09	\$52.99	12
New Dad's Pocket Guide™ (5-pack).....	NFI-102	\$16.99	22
New Dad's Pocket Guide™ ( <i>Spanish</i> ) (5-pack).....	NFI-104	\$16.99	22
Dad's Pocket Guide™ (5-pack) .....	NFI-103	\$16.99	22
Dad's Pocket Guide™ ( <i>Spanish</i> ) (5-pack) .....	NFI-105	\$16.99	22
Help Me Grow: The First Year (5-pack).....	NFI-120	\$16.99	21
Help Me Grow: The Toddler & Pre-School Years (5-pack) .....	NFI-121	\$16.99	21
Help Me Grow: The Elementary School Years (5-pack).....	NFI-122	\$16.99	21
Help Me Grow Bundle: (1) of Each 5-Pack.....	NFI-123	\$33.99	21
Pocketbook for Moms™ Full of Ways to Be a Great Co-Parent.....	NFI-101	\$16.99	17
Pocketbook for Moms™ (5-pack).....	NFI-108	\$16.99	17
Pocketbook for New Moms™ (5-pack).....	NFI-109	\$16.99	17
InsideOut Dad™ Guide to Family Ties .....	NFI-106	\$15.99	11
InsideOut Dad™ Guide to Family Ties (25 pack) .....	NFI-107	\$309.00	11

## POSTERS

Poster Series (set of 5, Horizontal) 22" x 28" .....	NFI-68	\$58.99	28
Poster Series (set of 5, Vertical) 22" x 28" .....	NFI-80	\$58.99	28
Poster Series (set of 3 Spanish posters) 22" x 28" .....	NFI-88	\$34.99	28
Poster Series - Just the Facts (set of 5, Horizontal) 22" x 28" .....	NFI-59	\$58.99	27
Poster Series - Just the Facts(set of 5, Horizontal) 22" x 28" ( <i>Spanish</i> ) .....	NFI-62	\$58.99	27

## RESEARCH

Father Facts™ 8th Edition (PDF Download).....	DLD-17	\$69.99	13
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## TIP CARDS

7 Benefits of Marriage for Men (Pack of 50).....	NFI-82	\$17.99	23
10 Tips for Expectant Dads (Pack of 50) .....	NFI-96	\$17.99	23
10 Tips for Expectant Dads ( <i>Spanish</i> ) (Pack of 50) .....	NFI-96SP	\$17.99	23
10 Tips on Co-parenting for the Sake of Your Child (Pack of 50) .....	NFI-92	\$17.99	23
10 Tips on Co-parenting for the Sake of Your Child ( <i>Spanish</i> ) (Pack of 50) .....	NFI-92SP	\$17.99	23
10 Ways to be a Better Dad (Pack of 50) .....	NFI-72	\$17.99	23
10 Ways to be a Better Dad ( <i>Spanish</i> ) (Pack of 50) .....	NFI-75	\$17.99	23
10 Ways Mom Can be a Great Co-Parent (Pack of 50).....	NFI-99	\$17.99	17
10 Ways Mom Can be a Great Co-Parent ( <i>Spanish</i> ) (Pack of 50).....	NFI-99SP	\$17.99	17
10 Ways Mom Can Better Communicate with Dad (Pack of 50).....	NFI-98	\$17.99	17
10 Ways Mom Can Better Communicate with Dad ( <i>Spanish</i> ) (Pack of 50).....	NFI-98SP	\$17.99	17
10 Tips to Help Your Child in School (Pack of 50) .....	NFI-74	\$17.99	23
10 Tips to Help Your Child in School ( <i>Spanish</i> ) (Pack of 50) .....	NFI-77	\$17.99	23
10 Tips for New Dads (Pack of 50) .....	NFI-73	\$17.99	23
10 Tips for New Dads ( <i>Spanish</i> ) (Pack of 50) .....	NFI-76	\$17.99	23
12 Tips for Effectively Disciplining Your Children (Pack of 50).....	NFI-94	\$17.99	23
12 Tips for Effectively Disciplining Your Children ( <i>Spanish</i> ) (Pack of 50).....	NFI-94SP	\$17.99	23
12 Ways to Balance Work and Family (Pack of 50).....	NFI-83	\$17.99	23

## FATHER ENGAGEMENT ACADEMY™ & PROGRAM TRAINING

On-Demand Recruitment & Retention Certificate™ Training .....	RRC-AC	\$249	5
On Demand Father Engagement Certificate™ Training .....	FEC-AC	\$249	5
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On-Demand Community Mobilization Workshop™ .....	CMA-AC	\$199	5
24:7 Dad® Key Behaviors Workshop On-Demand Training .....	KBW-AC	\$199	5
On-Demand How to Use The Vital Topics Guides to Increase Father Involvement .....	SKU	FREE	5
On-Demand The Fathering in 15™ Jumpstart.....	SKU	FREE	5
NFI Program Training Institutes.....	See details and pricing		4

Continued on next page



**RESOURCE AND PROGRAM BUNDLES**

24:7 Dad® AM + PM Program Kits (Save \$200).....	247APB-01	\$1359	7
24:7 Dad® A.M. with Booster Sessions for Non-Custodial Dads .....	CNA-100	\$989	7
24:7 Dad® PM with Booster Sessions for Non-Custodial Dads. ....	CNA-99	\$989	7
24:7 Dad® AM with Understanding Domestic Violence Booster Session Bundle .....	247A-UDV	\$839	7
Co-Parenting Curricula Bundle.....	CPCB-01	\$1499	7
Co-Parenting Resource Bundle .....	CPB-01	\$408	20
Father Involvement Starter Bundle.....	FISB-01	\$222	18
Father Involvement Starter Bundle ( <i>Spanish</i> ).....	FISBSP-01	\$222	18
Head Start Bundle.....	HSB-01	\$362	19
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# A New, Evidence-Informed Brochure on Caring for Dads' Mental Health

Introduce dads to the three steps and a host of trustworthy resources that will help them realize that caring for their mental health is a sign of strength, not something to be ashamed of.

**This painstakingly-researched, comprehensive brochure** ties taking care of mental health into the strong motivator of doing what's necessary to be the best dad possible. **It introduces dads to the following steps:**

1. Learn About Mental Health
2. Care for Mental Health
3. Get Help if Needed

## Some Ways to Use This Brochure with Dads

- Introduce dads to mental health resources for the first time.
- Reinforce and add content on mental health in NFI's fatherhood programs (curricula) or any fatherhood program.
- Give it to the moms you serve to give to the dads of their children.
- Place it in your lobby and the offices of your community partners or locations around your community frequented by dads.
- Distribute it at fatherhood and other events you or your partners sponsor/hold.



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in Spanish!



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