



24:7 Dad® **Key Behaviors** Workshop:

Dads develop 12 key behaviors of involved fatherhood.



Tip Card on Why New Moms Should **Involve Dads!**





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Back Cover Father Facts[™] 9th Edition

Purchasing Information

National Fatherhood Initiative* is the sole source provider of its resources. We do not sell to third parties or resellers and reserve the right to take legal action against anyone reselling our products.

Request a Quote

Visit www.fathersource.org, add items to your shopping cart, then click "Cart to Quote." A quote will be emailed to you.

Payments and Pricing

Purchase orders, checks, and credit cards accepted. To pay by purchase order, visit www.fathersource.org and select "Pay by PO" at checkout. Prices are subject to change without notice.

Welcome to FatherSource[™]

by National Fatherhood Initiative®!

National Fatherhood Initiative® is a 501(c)(3) nonprofit dedicated to increasing father involvement. Since 1994, we've equipped thousands of communities and human service organizations with affordable, customizable fatherhood programs, training, and resources to help them be father-inclusive in their programs and services. Our mission is to increase father involvement by equipping communities and human service organizations with the father-inclusion training, programs, and resources they need to be fatherinclusive. FatherSource[™] offers high-quality, evidence-based programs and resources for both dads and moms. Need help selecting the right tools? We're here to assist—give us a call!

Hours:	M-F, 8:30am-5pm EST
Phone:	240-912-1263
Email:	fathersource@fatherhood.org

Scan to view and download this catalog electronically!



Sales Tax

Sales tax is charged in the following states: CA, FL, ID, IN, KY, MD, SD, and VA. State-issued tax exempt documentation accepted.

Shipping and Handling

Domestic shipping is FREE. We do not ship to P.O. Boxes. International shipping and shipping to Hawaii, Alaska, and Puerto Rico require custom shipping rates. Contact us for details.

Return and Refund Policy

No refunds or returns. If products are damaged in shipping, they will be promptly replaced.

Resources for Your Father-Inclusion Efforts

Educate those around you on the benefits of father involvement in children's lives with our **FREE strengths-based father-involvement infographics**. Download, print, and share them on social media—help spread the word about dads' importance.

Also, grab our newest tip sheet, **30 Ways to Recruit Dads into Fatherhood Programs**. Take your recruitment of dads to the next level with these tips!







National Fatherhood Initiative®

Thirty Years of Championing Fatherhood

Celebrating 30 Years with 30 Expert Tips! Download our free tip sheet: "30 Ways to Recruit Dads into Fatherhood Programs" and elevate your recruitment tactics!

Grab your copy today!

Download Your Free Tip Sheet at fatherhood.org/recruit-tip-sheet

Collaborative Services

Change the status quo. Partner with us to create organizational, community, and cultural change around including fathers in programs and services.

Imagine starting or advancing a father-inclusion effort within your organization, community, or state and doing so with the confidence and excitement that you have a partner with 30 years of experience supporting you.

The Collaborative Services below reduce uncertainty by helping you create a customized approach to father inclusion.

Change your organization and community norms to foster father involvement. Find and implement proven solutions to create a whole-family approach.

Coordinate father-inclusion efforts across all levels of your organization, community, or state.

Choose From Three Collaborative Services

The Community Mobilization Approach™

A proven, 3-phase approach

The Father-Readiness Network Assessment[™]

A comprehensive assessment that measures your network's level of father inclusion, resulting in a report with data analysis and recommendations for including fathers more effectively.

\$14,999

that results in a customized action plan for mobilizing an entire city or county around

> father inclusion. Pricing varies based on the level of collaboration with us.

\$9,999-\$34,999

Customized Father Inclusion Training

A customized series of 2-hour webinar trainings on any father inclusion topic, such as The Stages of Father Inclusion[™], Recruitment and Retention of Fathers in Programs and Services, and Best Practices in Father Inclusion.

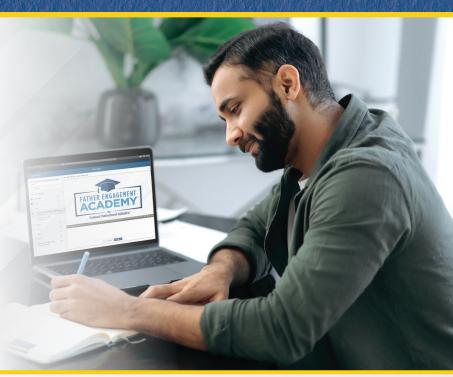
\$2,999 per training

Connect with us to collaborate on your desired outcomes at www.fatherhood.org/collaborate

Online, On-Demand Staff Training

Give staff the training they need to confidently include fathers in your programs and services.

Join hundreds of fatherhood facilitators and practitioners who have transformed their fatherhood programs and communities with our signature, budget-friendly certificate trainings. **Explore each certificate below**.



ENROLL TODAY! fatherhoodpractitioners.org (

★ ★ ★ ★ "Excellent Training!"
 ~Richard K.
 Father Engagement Certificate[™] Enrollee

JUST UPDATED!



249 PER ENROLLMENT

The **Father Engagement Certificate**[™] is for practitioners and organizations that want to better include fathers in their programs and services for families or those designed specifically for fathers. It covers 5 core competencies that are essential for effective father inclusion.

TOPICS COVERED:

- Foundational: How to Create a Father-Friendly Organization.
- Program Design: 7 Best Practices in Designing a Fatherhood Program.
- Recruitment & Retention: How to Think Like a Marketer When Marketing a Fatherhood Program.
- Involving Moms: How to Work with Moms to Encourage Father Involvement.
- Fundraising: How to Develop a Funding Plan for a Fatherhood Program.

COMPLETION TIME: Approx. 4 Hours

"Highly recommend this relevant and practical training which will greatly empower you in your father engagement work. Really helpful and informative material that I will continue to draw on as I move forward in reaching fathers."





The Effective Facilitation Certificate[™] is ideal for facilitators of NFI programs or any other fatherhood program. Being an effective facilitator is one of the most crucial aspects of running a successful fatherhood program. This training teaches the essential characteristics and skills that one needs to become an excellent program facilitator. It also focuses on adult learning styles which impact how participants learn and engage, and also teaches how to prepare effectively for every session you lead.

TOPICS COVERED:

- Part 1 > The Facilitator: Characteristics and Skills
- Part 2 > The Participants (Fathers): Learning Styles, Autonomy, Mastery and Purpose, and Cognitive Biases
- Part 3 > Facilitation: Your Role, Preparation, and Techniques

COMPLETION TIME: Approx. 6 Hours



The **Recruitment and Retention Certificate™** uses a proven approach to help you develop a customized plan to successfully recruit and retain dads in your programs.

TOPICS COVERED:

- The proper mindset to succeed in addressing recrutiment and retention challenges.
- The "Build-Measure-Assess-Refine" loop for developing a successful recruitment and retention plan.
- The foundation you must put in place to succeed with recruitment and retention, and how to build on that foundation.
- Examples of NFI partners' success with recruitment and retention that you can use.

COMPLETION TIME: Approx. 5 Hours

Learn More About These Courses and Many More at www.fatherhoodpractitioners.org!



24:7 Dad[®] is the leading evidence-based fatherhood program trusted by thousand of organizations in communities nationwide! Will you join them?





24:7 DAD[®] A.M. FACILITATOR'S KIT 247AM-KIT-EN - \$779 EACH (ENGLISH) 24:7 DAD[®] P.M. FACILITATOR'S KIT 247AM-KIT-SP - \$779 EACH (*SPANISH*) A.M. FATHERING HANDBOOKS 247AM-HBK-EN - \$11.99 EACH (ENGLISH) 247AM-HBK-SP - \$11.99 EACH (SPANISH)

Program Description

24:7 Dad^{*} is an evidence-based fatherhood program available in two versions— 24:7 Dad^{*} A.M., a basic skill-building program, and 24:7 Dad^{*} P.M., a more in-depth skill-building program. Diverse organizations across the nation use the program to improve the knowledge, behavior, and skills of dads of all races, religions, and demographics. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. Throughout the program, men examine their own fatherhood history, learn the 5 characteristics of a 24:7 Dad, and other important behaviors such as working with mom and proper child discipline to help them be the best dads they can be.



Program Length (Both Versions)

12 core sessions + 1 optional introductory session at approximately 2 hours each.

Program Delivery (Both Versions)

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



Training Options (Applies to Both Versions)

- Online, on-demand training: \$299 per person + facilitator's kit.
- Custom webinar and in-person training available starting at \$3999 + facilitator's kits.

24:7 Dad[®] A.M. Topics Covered

- Family History
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- ► Communication
- The Father's Role

- Discipline
- Children's Growth
- Getting Involved with your Child(ren)
- Working with Mom and Co-Parenting
- Dads and Work
- My 24:7 Dad[®] Checklist

With National Fatherhood Initiative[®] (NFI), you don't just get a program—*you get a partner*.

Programs Include:

- (1) Facilitator's Manual
- ► (1) Fathering Handbook
- (2) Reference Cards
- Downloadable Support Resources
- Facilitator On-Boarding Support Series
- NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff



24:7 DAD® P.M. FACILITATOR'S KIT 247PM-KIT-EN - \$779 EACH (ENGLISH)

247PM-KIT-SP - \$779 EACH (SPANISH)

24:7 DAD® P.M. FACILITATOR'S KIT

P.M. FATHERING HANDBOOKS 247PM-HBK-EN - \$11.99 EACH (ENGLISH) 247PM-HBK-SP - \$11.99 EACH (SPANISH)

Knowing Myself

Fun with the Kids

Stress, Alcohol, and Work

My 24:7 Dad[®] Checklist

Family Ties

Sex, Love, and

Relationships

24:7 Dad[®] P.M. Topics Covered

- Fathering and The 24:7 Dad
- Power and Control
- Boyhood to Manhood
- Competition and Fathering
- Dealing with Anger
- Improving my Communication Skills
 - SAVE \$200!

24:7 Dad[®] A.M. + P.M. Facilitator's Bundle

- 1 24:7 Dad[®] A.M. Facilitator's Kit
- > 1 24:7 Dad[®] P.M. Facilitator's Kit



247AP-BDL-EN - \$1359 (ENGLISH) 247AP-BDL-SP - \$1359 (*SPANISH*)

Co-Parenting Facilitator's Bundle

Improving co-parenting is one of the primary concerns of staff who serve fathers, mothers, and families. Use this bundle to deliver the evidence-based 24:7 Dad[®] A.M. program to dads and, at the same time, deliver Understanding Dad[™] with the Mom as Gateway[™] Booster Session to moms. Use this program combination to create an effective co-parenting intervention lasting 12 sessions!



CPF-BDL \$1499.00

24:7 Dad[®] A.M. (or P.M.) + Non-Custodial Dads Booster Sessions [Facilitator's Bundle]

- Workforce Readiness
- Rights & Responsiblities
- Visitation
- > Child Support
- Money Management

All topics covered in the 24:7 Dad[®] A.M. (or P.M.) program, PLUS 5 separate 2-hour booster sessions for non-custodial dads.



Bundle Includes:

- > Everything in the 24:7 Dad[®] A.M. (or P.M.) Facilitator's Kit
- > 1 FatherTopics™ Collection for Non-Custodial Dads Booster Sessions + Supporting Resources Download, Instruction Guide, Session Handouts, and Binder-Ready, 3-Hole punched facilitator session guides with dividers.

A.M. - 247AMNC-BDL - \$999 PER KIT P.M. - 247PMNC-BDL - \$999 PER KIT

SHORT-LENGTH FATHERHOOD WORKSHOP!



The 24:7 Dad[®] Key Behaviors workshop is a favorite of facilitators and dads alike. Its short length (only 7 hours) and flexible uses make it a great choice for any organization!



www.fatherhood.org/key-behaviors (G



Program Length

- 7 Sections: Sections 1 and 7 are 1/2 hour, sections 2-6 are 1 hour
- Can also be facilitated as a 1-day workshop in 8 hours, including a 1-hour break (e.g., for lunch)



Program Delivery

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



Training Options

Online, on-demand training available:
 \$199 per person + facilitator's kit.

With National Fatherhood Initiative[®] (NFI), you don't just get a program—you get a partner.

Program Includes:

- (1) Facilitator's Manual
- ▶ (1) Fathering Handbook
- ▶ (2) Reference Cards
- Downloadable Support Resources
- Facilitator On-Boarding Support Series
- NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff



24:7 DAD® KEY BEHAVIORS WORKSHOP FACILITATOR'S KIT KBW-KIT - \$579 EACH FATHERING HANDBOOKS KBW-HBK - \$8.99 EACH (ENGLISH)

Program Description

This short-length workshop helps dads develop a set of behaviors that will help them become the best dad possible. It's great for any dad (whether they've participated in 24:7 Dad[®] or not), and you can deliver it in as little time as one day (8 hours including a lunch break). You can easily facilitate this workshop with groups of dads or with only one dad (i.e., one-on-one) using the separate guides for each in the Facilitator's Manual.

The 24:7 Dad[®] Key Behaviors Workshop is also an excellent choice for use in short-stay correctional facilities and reentry programs!

Topics Covered

The 12 Key Behaviors

- 1. Works with an Accountability Partner or Partners (Self-Awareness)
- 2. Reflects on a Weekly Basis (Self-Awareness)
- 3. Takes Care of Physical Health on a Regular Basis (Caring for Self)
- Takes Care of Emotional/Mental Health on a Regular Basis (Caring for Self)
- 5. Develops Skills that Reflect His Role in the Family (Fathering Skills)
- 6. Models Healthy Masculinity (Fathering Skills)
- 7. Disciplines His Children in Healthy Ways (Parenting Skills)
- 8. Nurtures His Children (Parenting Skills)
- 9. Communicates Well with Mom and Their Children (Relationship Skills)
- Builds and Maintains a Good Relationship with Mom (Relationship Skills)
- 11. Pays It Forward (Bonus)
- 12. Engages with His Community (Bonus)

ProFathering

ONLINE LEARNING FOR DADS

Enroll individual dads as needed or purchase enrollment credits to use with multiple dads! Credits are good for one year.

> Individual Enrollment \$15 Per Dad 60 Day Access

profathering.fatherhood.org

PROFATHERING15[™] ENGLISH & SPANISH PF15-01 - \$15 PER DAD AVAILABLE IN ENGLISH AND SPANISH!

TOPICS COVERED:

- 1. Family History
- 2. Being a Man and Dad
- 3. Handling Emotions
- 4. Grief and Loss
- 5. Your Health
- 6. You and Mom
- 7. Talking with Mom
- 8. Co-Parenting
- 9. Fathering Skills
- 10. Child Development
- 11. Child Discipline
- 12. Sexuality
- 13. Intimacy
- 14. Work-Family Balance
- 15. Managing Money

Preview a sample topic: www.fatherhood.org/pf15

Program Description

ProFathering15[™] is a self-guided, online program for new, expectant, and seasoned dads and father figures that helps them learn how to be a great dad. It includes 15 important topics relevant to any dad. Dads can complete each topic in only 15 minutes!

ProFathering15th is a great alternative for organizations lean on resources for delivering programming, such as facilitators, or with dads who can't come to a location because of distance, transportation, or other issues.

Who It's For

All dads and father figures. No matter where dads are in their fatherhood journey, ProFathering15[™] can help them be the best dads they can be!

Program Contents

- > 15 topics each containing text, short videos, and a short quiz on learning acquisition
- Pre-Post Survey available for download (upon request)
- Upon 100% completion of program topics, dads receive a personalized Certificate of Completion

Structure/Length

- > 15 topics take approximately 15 minutes each to complete.
- > Upon enrollment, dads have 60 days to complete the program.

Program Delivery

Self-guided and accessed via the ProFathering15[™] online learning platform from any web browser on any device (e.g., desktop, laptop, tablet, or mobile phone). Can also be used with groups of fathers or one-on-one (e.g., home-based setting).



Inside Out DA Dhird Edition

InsideOut Dad[®] is the nation's leading evidence-based program for incarcerated fathers run in prisons, jails, and other corrections-related settings (e.g., reentry). It is also used by the Federal Bureau of Prisons.

Facilitator's Kit \$839 IOD-KIT



www.fatherhood.org/iod



Program Length

12 core sessions and 6 optional reentry sessions at approximately 2 hours each.



Program Delivery

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).

Training Options

- Online, on-demand training: \$299 per person + facilitator's kit.
- Custom webinar and in-person training available starting at \$3999 + facilitator's kits.

With National Fatherhood Initiative[®] (NFI), you don't just get a program—*you get a partner*.

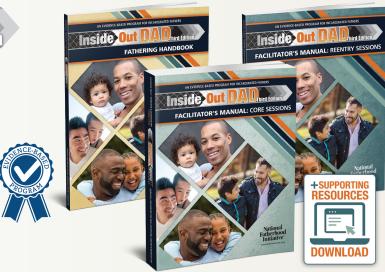
Program Includes:

- > (2) Facilitator's Manuals (Core Sessions and Optional Reentry Sessions)
- ► (1) Fathering Handbook

10

- Downloadable Support Resources
- ▶ Facilitator On-Boarding Support Series
- ▶ NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff

Note: All books are bound to meet maximum security standards.



INSIDEOUT DAD® FACILITATOR'S KIT IOD-KIT - \$839 EACH FATHERING HANDBOOKS

FATHERING HANDBOOKS IOD-HBK-EN - \$11.99 EACH (ENGLISH) IOD-HBK-SP - \$11.99 EACH (*SPANISH*)

Program Description

InsideOut Dad^{*} gets rave reviews from inmates and facilitators. When incarcerated dads are given the vision that they play a unique and irreplaceable role in their children's lives, hearts change, men change—families' and children's lives change.

InsideOut Dad^{*} is an evidence-based program, proven to develop pro-fathering attitudes, knowledge, and skills, giving incarcerated dads tools that prepare them to reenter families and society. The core sessions feature unique activities and research-based tools and techniques to encourage fathering from the inside. The optional reentry sessions help dads prepare for responsibilities and challenges they will face on the outside.

Join the jails, prisons, and reentry programs nationwide using InsideOut Dad[®] to give incarcerated dads the tools they need to connect and stay connected to their children and families.

Topics Covered

Core Sessions

- Family History and The InsideOut Dad
- > What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- > Fathering from the Inside
- Communication
- The Father's Role
- Children's Growth
- Discipline

 Working with Mom and Co-Parenting

Optional Reentry Sessions

- > Fathering on the Outside
- Responsibilities and Child Support
- Visits Upon Release
- Communication Patterns
- Safe Communication
- Money Management

InsideOut Dad® Guide to Family Ties





IODGFT-25PK \$309 25 PACK IODGFT-IND \$15.99 EACH

Incarcerated dads who create meaningful ties with their children and family on the outside are more likely to succeed on the inside. The InsideOut Dad[®] Guide to Family Ties covers many topics that help dads learn the importance of getting in touch—and staying in touch with their family, maybe even for the first time. It also helps dads create strong ties between themselves and their children, and between them and the mother of their children. Research shows that strong family ties prior to release reduces the likelihood of recidivism.

The guide has flexible uses. Use it as a self-paced guide when you cannot or do not want to facilitate a fatherhood program, such as InsideOut Dad®. Use it as an additional learning option before or after a program ends. "Facilitate" it using the free Facilitator's Instruction Guide.

Corrections and Reentry Bundle

Incarcerated dads who maintain meaningful family relationships tend to exhibit better behavior during incarceration and are less likely to reoffend after release, reintegrating more productively into society. The Corrections and Reentry Bundle includes brochures on important topics faced by many incarcerated dads. Use them to equip fathers with the knowledge they need for a successful family life. If you use a fatherhood program like InsideOut Dad[®], add this bundle to boost dads' learning.

Bundle Includes:

One 50 pack of the following brochures:

- > Three Steps for Dads to Care for Their Mental Health
- How to Connect With a Minor Child After a Long Absence
- Staying Involved with Your Children While Incarcerated
- > 20 Ways to Connect With Your Children & Family After Release
- 14 Things Dads in Prison Should Do Before or Right After Release
- Building Trust and Respect with the Mother of Your Child
- How to Better Manage Money w/Spending Plan Worksheet
- How to Resolve Conflict with the Mother of Your Child
- > 11 Things to Know and Learn About Child Support
- 12 Things to Know and Learn About Domestic Violence

Brochures for Incarcerated Dads

STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

Incarcerated dads don't have to be locked out of healthy relationships with their children. This brochure offers incarcerated dads ten tips on staying connected to their children.

BRO-317 \$23.99 50 PACK



14 THINGS DADS IN PRISON SHOULD DO BEFORE OR RIGHT AFTER RELEASE

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more. BR0-318 \$23.99 50 PACK



20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE

CR-BDL

Incarcerated dads face many challenges upon release. With these 20 tips, they can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison. **BRO-319 \$23.99 50 PACK**



Program Delivery

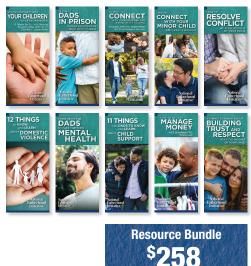
- Self-paced guide.
 - > Facilitator's Instruction Guide available for download.

Product Contents

- Guide for the father to write in and keep (bound for maximum security standards).
- Facilitator's Instruction Guide, Post-Surveys, Answer Sheet, Certificate of Completion, Letter of Completion.

25 Pack of Guides \$309 Save \$3.63 Per Guide! IODGFT-25PK Individual Guide \$1599 Each IODGFT-IND

GREAT REENTRY RESOURCE



CR-BDL \$258

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Deliver Understanding Dad[™] alongside 24:7 Dad[®] A.M. as a co-parenting intervention!





Program Length

8 sessions at approximately 2-3 hours each.



Program Delivery

Group setting, delivered by a facilitator(s) or one-on-one.



Training Options

Online, on-demand training available:
 \$299 per person + facilitator's kit.

With National Fatherhood Initiative® (NFI), you don't just get a program—you get a partner.

Program Includes:

- (1) Facilitator's Manual
- ► (1) Mother's Handbook
- Downloadable Support Resources
- Facilitator On-Boarding Support Series
- ▶ NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff



UNDERSTANDING DAD™ FACILITATOR'S KIT UD-KIT - \$659 MOTHER'S HANDBOOKS UD-HBK - \$11.99 EACH

Program Description

Understanding Dad[™] is a unique program that helps moms improve the relationship with their children's dad, for the benefit of their children.

Oftentimes, moms' gatekeeping behavior can prevent or reduce dads' access to their children. When this happens, it eliminates or reduces the positive impact involved dads have on children.

Understanding Dad[™] addresses gatekeeping behavior by raising moms' awareness about the importance of father involvement in children's lives. It helps moms reflect on how their own developmental histories have and continue to influence the relationshipwith their children's dad. It also teaches moms communication skills to improve the partnership between them and their children's dad in raising their children (e.g., co-parenting when moms and dads are no longer together).

Topics Covered

- ✓ My Life as a Mom
- My Father's Impact
- My Mother's Impact
- Me and My Children's Father
- The Impact on My Children
- Patterns of Communication
- Open, Safe
 Communication
- How to Listen

www.fatherhood.org/tipcards

Tip Cards for Moms



ALSO IN SPANISH!

10 Razo

NFW MOMS

10 REASONS FOR NEW MOMS TO INVOLVE DADS

10 RAZONES PARA QUE NUEVAS MAMÁS INVOLUCREN A LOS PAPÁS

Research shows that moms, dads, and children benefit when fathers are involved right from the start. This tip card assists new moms in understanding these benefits, making them more likely to support and encourage dad's involvement.

TCD-100-EN \$17.99 50 PACK (ENGLISH) TCD-100-SP \$17.99 50 PACK (SPANISH)

COMMUNICATION

10 WAYS MOM CAN BETTER COMMUNICATE WITH DAD

10 MANERAS PARA QUE MAMÁ SE COMMUNIQUE MEJOR CON PAPÁ

Communication can be one of the biggest challenges for couples, and especially for those who are separated and co-parenting. This tip card equips mom with ways she can better communicate with dad for the benefit of her children.

TCD-109-EN \$17.99 50 PACK (ENGLISH) TCD-109-SP \$17.99 50 PACK (SPANISH)



CO-PARENTING

NEW RELEASE

10 Reasons

to Involve Dad An involved dad

caises the chan

10 WAYS MOM CAN BE A GREAT CO-PARENT

10 MANERAS PARA QUE MAMÁ SEA BUENA EN LA CRIANZA COMARTIDA

Co-parenting takes BOTH parents' commitment and involvement. This tip card provides mom with simple tips for being a good co-parent-all for the benefit of her children.

TCD-110-EN \$17.99 50 PACK (ENGLISH) TCD-110-SP \$17.99 50 PACK (SPANISH)



Understanding Dad[™] with Mom as Gateway[™] [Facilitator's Bundle]

Use this bundle to create a powerful 12-week program for moms that addresses gatekeeping behavior in a more comprehensive way than either resource alone.

- Start with the optional opening session in Understanding Dad[™] as session one.
- Follow it with the eight core sessions of Understanding Dad[™].
- > End the program with the three sessions of Mom as Gateway[™] (see page 16).

Bundle Includes:

- ✓ 1 Understanding Dad[™] Facilitator's Kit
- ✓ 1 Mom as Gateway[™] Booster Session (Binder-ready, 3-hole punched)







Resource Bundles

End of Year Spend-Down? Resource Bundles Make it Easy!

FATHER INVOLVEMENT STARTER BUNDLE

Our newest resource bundle, and the only one available in both English and Spanish, gives you the best of the best! Perfect for practitioners who are just starting out with father inclusion, or for those looking for a great collection of some of our best sellers.

From tips for dads on how to help their child in school, ways to be a better dad, and how to better manage money—to co-parenting tips for mom and dads and the importance of an involved dad—this bundle is sure to contain just what you need to better engage dads in their children's lives. It also includes our strength-based Father Facts posters to help you show dads—and moms—that your facility/facilities are father-friendly and that remind staff of the importance of serving dads.

Bundle Includes:

One 50 pack of the following tip cards:

- > 10 Tips to Help Your Child In School
- > 10 Ways to Be a Better Dad Tip Card
- 10 Ways Mom Can Be a Great Co-Parent

One 50 pack of the following brochures:

- > How Dad Can Be a Good Co-Parent
- > The Importance of an Involved Father
- How to Better Manage Money (with Spending Plan Worksheet)

One set of 5 Just The Facts Posters (Version 2).

FIS-BDL-EN \$189 (ENGLISH) FIS-BDL-SP \$189 (SPANISH)

NEW & EXPECTANT DADS BUNDLE

One of NFI's specialties is guidance and advice for new and expectant dads. That's because dads and moms are most highly motivated for dads to be involved in the lives of their children during the prenatal and immediate postnatal periods.

Reaching dads during this time increases the chance that they'll stay involved for the long haul!

Bundle Includes:

One 50 pack of the following tip cards:

- > 10 Tips for Expectant Dads
- > 10 Tips for New Dads

One 50 pack of the following brochures:

- > 12 Questions to Ask Before Your Baby Arrives
- The Importance of An Involved Father
- So You're a New Father or About to Become One

One 5 pack of the following guides:

- > Help Me Grow[™]: The First Year
- ▶ New Dad's Pocket Guide[™]

NED-BDL \$139

www.fatherhood.org/bundles









Perfect for Healthy Start Programs!





14

Available in English or Spanish!

www.fatherhood.org/bundles

BETTER DAD

THE HOME VISITATION BUNDLE

It's vital to include dads in home visits so that they understand the important role they play in their children's lives-and that it's never too late for dads to get involved! It's also important for moms to understand dads' unique role, and how to better communicate with them so that dads and moms can parent more effectively, together. Use this bundle along with any evidence-based home visiting model/program to include fathers. This bundle includes our popular resources on being a better dad, creating a peaceful home, effective discipline, communication, and more.

Bundle Includes:

One 50 pack of the following tip cards:

- > 12 Tips for Effectively Disciplining Your Children
- 10 Reasons for Moms to Involve Dads
- > 10 Ways Mom Can Communicate with Dad

One 50 pack of the following brochures:

- 10 Ways to Be a Better Dad
- The Importance of an Involved Father
- How Dad Can be a Good Co-Parent
- 12 Ways To Create A Peaceful Home
- A Checklist for Keeping Your Child Safe from Newborn to Toddler
- How to Better Manage Money (with Spending Plan Worksheet)
- 12 Ways to Balance Work and Family
- > How to Resolve Conflict with the Mother of Your Child

Five 5 packs of the following guides:

- Help Me Grow[™]: The First Year
- New Dad's Pocket Guide™

HV-BDL \$419

HEAD START BUNDLE

Research shows that dads prefer parenting resources that speak specifically to them in their role as a dad-and our Head Start Bundle helps programs do just that!

Meet your Head Start Program father engagement requirements with our professionally-designed and research-based tip cards, brochures, and guides to help strengthen the role of dads in their families, schools, and communities.

Bundle Includes:

One 50 pack of the following tip cards:

- 12 Ways to Balance Work & Family
- > 12 Tips for Effectively Disciplining Your Children

One 50 pack of the following brochures:

- > 10 Tips to Help Your Child Do Well in School
- The Importance of an Involved Father
- How To Better Manage Money (with Spending Plan Worksheet)
- > 10 Ways to Be a Better Dad

Five 5 packs of the following guides:

- Help Me Grow[™]: The Toddler & Pre-School Years
- > Dad's Pocket Guide™









Use with any evidence-based home visiting model/program.





BALANCE





















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THE CO-PARENTING BUNDLE

Positive co-parenting is vital for the health and well-being of children. This bundle includes resources for moms and dads to help them develop effective co-parenting skills, better ways to communicate, and discipline their children, resolve conflict, and work together for the ultimate benefit of their children.

Bundle Includes:

One 50 pack of the following tip cards:

- > 10 Tips on Co-Parenting for the Sake of Your Child
- > 12 Tips for Effectively Disciplining Your Children
- > 10 Ways Mom Can be a Great Co-Parent
- > 10 Ways Mom Can Better Communicate with Dad
- 10 Reasons for New Moms to Involve Dads

One 50 pack of the following brochures:

- > The Importance of an Involved Father
- > 10 Ways to Be a Better Dad
- How Dad Can be a Good Co-Parent
- How to Resolve Conflict with the Mother of Your Child









CP-BDL \$189

THE SPANISH RESOURCE BUNDLE

The Spanish Resource Bundle Includes one of every resource we offer in Spanish and helps you include Spanish speakers in your programs. It also makes it easy to acquire a collection of Spanish resources to use with Spanish-speaking moms and dads. You can always purchase additional packs of our Spanish resources as you deplete your inventory.

Bundle Includes:

One 50 pack of the following tip card:

- > 10 Ways To Be A Better Dad Tip Card
- > 10 Tips on Co-Parenting for the Sake of Your Child
- > 10 Ways Mom Can Be a Great Co-Parent
- > 10 Ways Mom Can Better Communicate with Dad
- > 10 Reasons for New Moms to Involve Dads

One 50 pack of the following brochures:

- The Importance of an Involved Father
- How Dad Can Be a Good Co-Parent
- 10 Tips To Help Your Child Do Well in School
- > 12 Ways to Balance Work and Family
- 12 Ways to Create a Peaceful Home
- How to Resolve Conflict with the Mother of Your Child

One set of 3 "Have you been a dad today?" Spanish posters.



¿Usted ha sido un papá hoy?

Usted ha sido un p

SR-BDL \$269

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Pocket Guides

www.fatherhood.org/pocketguides



Pocket Guides with Tips and Tools for New Dads and Dads of Preschool and School Aged Children!

NEW DAD'S POCKET GUIDE™

This handy guide has essential hints, tips, and strategies that every new dad needs to know! The New Dad's Pocket Guide[™] helps dad get involved right from the start by increasing health literacy; includes important child health and safety information, ideas for connecting to his newborn, and more.



PKT-NDAD-EN \$16.99 5 PACK (ENGLISH) PKT-NDAD-SP \$16.99 5 PACK (SPANISH)

DADS POCKET GUIDE™

It's never been easier to give dads of preschoolers and school-aged children the information they need to stay involved in their children's lives in meaningful ways. This handy guide has essential health and education hints, tips, and strategies that every dad needs to know.



PKT-DAD-EN \$16.99 5 PACK (ENGLISH) PKT-DAD-SP \$16.99 5 PACK (SPANISH)

Help Me Grow[™] Guides

Quick-Reference Guides Help Dads Participate in their Child's Development!

Often times, dads are unsure how to be actively involved in their child's development, especially during the first few years. That's where Help Me Grow[™] Guides come in! **Co-authored by pediatricians and child psychologists, Help Me Grow[™] Guides go beyond standard child development charts by showing dads how to actively participate in child development**.

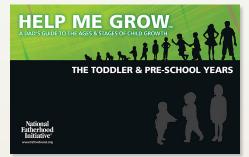
In each guide, dads learn the developmental milestones for their child's age, followed by practical ways they can be involved in helping their child develop in healthy ways. Help Me Grow[™] Guides also help dads manage expectations for their child's development and give them insights they can share with their child's mother.

Available in Two Versions:

- ▶ The First Year: Organized in 2-Month Intervals
- ▶ The Toddler & Pre-School Years: Organized by Years 1-5



HMG-FYR \$16.99 5 PACK (ENGLISH ONLY)



HMG-TPRE \$16.99 5 PACK (ENGLISH ONLY)

Great For

Moms



ANY DAD

THE IMPORTANCE OF AN INVOLVED FATHER

LA IMPORTANCIA DE SER UN PADRE QUE PARTICIPA

This popular brochure communicates the importance of an involved dad by outlining the benefits his children will experience when he is involved in their lives.

BR0-300-EN \$23.99 50 PACK (ENGLISH) BR0-300-SP \$23.99 50 PACK (*SPANISH*)

10 WAYS TO BE A BETTER DAD

10 CONSEJOS PARA SER UN MEJOR PADRE

Our best selling brochure offers 10 easy suggestions to help any dad become a great dad.

BRO-301-EN \$23.99 50 PACK (ENGLISH) BRO-301-SP \$23.99 50 PACK (*SPANISH*)

NEW DADS

SO YOU'RE A NEW FATHER OR ABOUT TO BECOME ONE

ASÍ QUE ACABA DE SER PADRE O LO VA A SER MUY PRONTO

New dads face a series of new and exciting challenges. This brochure provides new and expectant fathers with a ten point plan for enjoying and succeeding at the job of a lifetime—being a dad!

BR0-302-EN \$23.99 50 PACK (ENGLISH) BR0-302-SP \$23.99 50 PACK (*SPANISH*)

PRENATAL FOR DADS

12 QUESTIONS TO ASK BEFORE YOUR BABY ARRIVES

12 PREGUNTAS PARA HACERTE ANTES DE QUE LLEGUE TU BEBÉ

This brochure helps men who are about to become dads think critically about one of the most important jobs they will ever have becoming a dad. The brochure asks dads to take 3 Looks: Look in, Look out, and Look up.

BRO-303-EN \$23.99 50 PACK (ENGLISH) BRO-303-SP \$23.99 50 PACK (*SPANISH*)



MEJOR PADRE

BETTER DAD

SCHOOL INVOLVEMENT

10 TIPS TO HELP YOUR CHILD DO WELL IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU HIJO A HACER BIEN EN LA ESCUELA

Children with involved dads have a better chance of succeeding in school. This brochure offers ten practical tips to help dads give their children a jump-start for academic success.

BR0-304-EN \$23.99 50 PACK (ENGLISH) BR0-304-SP \$23.99 50 PACK (*SPANISH*)



CHILD SAFETY

A CHECKLIST FOR KEEPING YOUR CHILD SAFE FROM NEWBORN TO TODDLER COMO MANTENER A SU HIJO SEGURO QUE NACE HASTA QUE COMIENZA A CAMINAR

Keeping children healthy and safe is a priority for all parents, especially during those exploratory toddler years. This helpful checklist provides the information needed to childproof a home and prevent common household accidents.

BRO-305-EN \$23.99 50 PACK (ENGLISH) BRO-305-SP \$23.99 50 PACK (SPANISH)



CHILD ABUSE PREVENTION

12 WAYS TO CREATE A PEACEFUL HOME *12 MANERAS DE CREAR UN HOGAR TRANOUILO*

An emotionally and physically safe home environment is vital for healthy children and families. This brochure helps dads create a loving, caring environment where children can thrive.

BR0-306-EN \$23.99 50 PACK (ENGLISH) BR0-306-SP \$23.99 50 PACK (*SPANISH*)





ANTES DE QUE



18

MARRIAGE

THE SEVEN BENEFITS OF MARRIAGE FOR MEN

LOS 7 BENEFICIOS DE MATRIMONIO PARA LOS HOMBRES

Does marriage really matter? Yes, it does! This brochure speaks directly to men about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

BR0-307-EN \$23.99 50 PACK (ENGLISH) BR0-307-SP \$23.99 50 PACK (*SPANISH*)

WORK/FAMILY BALANCE

12 WAYS TO BALANCE WORK AND FAMILY *12 FORMAS DE LOGRAR UN EQUILIBRIO ENTRE EL TRABAJO Y LA FAMILIA*

This brochure outlines twelve simple things dads can do to succeed at work and at home. Perfect for human resource managers and employers alike.

BRO-308-EN \$23.99 50 PACK (ENGLISH) BRO-308-SP \$23.99 50 PACK (*SPANISH*)

MONEY MANAGEMENT

HOW TO BETTER MANAGE MONEY (WITH SPENDING PLAN WORKSHEET)

CÓMO ADMINISTRAR EL DINERO DE LA MEJOR MANERA (CON UNA PLANILLA DE PLAN DE GASTOS)

This brochure covers 7 things to know, as well as actions to take, that will help dads better manage their own—or their family's—money. Includes a spending plan worksheet for even better success!

BR0-309-EN \$23.99 50 PACK (ENGLISH) BR0-309-SP \$23.99 50 PACK (*SPANISH*)

CHILD SUPPORT

11 THINGS TO KNOW & LEARN ABOUT Child Support

11 COSAS LOS PARDRES DEBEN SABER Y APRENDER SOBRE LA MANUTENCÍON INFANTIL

Helps dads learn about the child support system, how to deal with it, and most importantly—how to be a champion for themselves as they navigate the child support system.

BR0-310-EN \$29.99 50 PACK (ENGLISH) BR0-310-SP \$29.99 50 PACK (*SPANISH*)





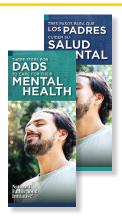
NEW! MENTAL HEALTH

THREE STEPS FOR DADS TO CARE FOR THEIR MENTAL HEALTH

TRES PASOS PARA QUE LOS PADRES CUIDEN SU SALUD MENTAL

This brochure introduces dads to the three steps and a host of trustworthy resources that will help them realize that caring for their mental health is a sign of strength, not something to be ashamed of.

BRO-311-EN \$29.99 50 PACK (ENGLISH) BRO-311-SP \$29.99 50 PACK (*SPANISH*)



RESOLVING CONFLICT

HOW TO RESOLVE CONFLICT WITH THE MOTHER OF YOUR CHILD

CÓMO RESOLVER CONFLICTOS CON LA MADRE DE SU HIJO

Conflict between parents can be one of the biggest barriers to father involvement. This brochure outlines 7 tips to help dad think the right away about conflict, and provides dad with ways to better resolve conflict with the mother of his child(ren).

BRO-312-EN \$23.99 50 PACK (ENGLISH) BRO-312-SP \$23.99 50 PACK (SPANISH)



DOMESTIC VIOLENCE AWARENESS

12 THINGS TO KNOW AND LEARN ABOUT DOMESTIC VIOLENCE

LAS 12 COSAS QUE DEBE SABER Y APRENDER SOBRE LA VIOLENCIA DOMESTICA

Help dads, moms, and practitioners with 12 specific things to know and learn to help spot domestic violence, reduce it, and become a leader in getting rid of it.

BRO-313-EN \$23.99 50 PACK (ENGLISH) BRO-313-SP \$23.99 50 PACK (*SPANISH*)



TO ORDER: www.fathersource.org | Phone: (240) 912-1263



MATRIMONIO

MARRIAGE



CO-PARENTING

HOW DAD CAN BE A GOOD CO-PARENT CÓMO EL PAPÁ PUEDE SER BUENO EN LA CRIANZA COMPARTIDA

Parents who live apart can face an uphill battle in being good parents. Most often, dads are the parents separated from their children. This brochure gives dads practical tips and an action plan for being a good co-parent.

BR0-314-EN \$23.99 50 PACK (ENGLISH) BR0-314-SP \$23.99 50 PACK (SPANISH)



Great for Reentry

BUILDING TRUST & RESPECT

BUILDING TRUST AND RESPECT WITH THE MOTHER OF YOUR CHILD

CONSTRUYENDO CONFIANZA Y RESPETO CON LA MADRE DE SU HIJO

It's vital that parents have trust and respect for each other. Raising a healthy child depends on it!

BR0-315-EN \$23.99 50 PACK (ENGLISH) BR0-315-SP \$23.99 50 PACK (SPANISH)



Great for Reentry

Brochures for Incarcerated Dads

INVOLVED WHILE INCARCERATED

STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

Incarcerated dads don't have to be locked out of healthy relationships with their children. This brochure offers incarcerated dads ten tips on staving connected to their children.

BR0-317 \$23.99 50 PACK (ENGLISH ONLY)



REENTRY PLANNING

14 THINGS DADS IN PRISON SHOULD DO **BEFORE OR RIGHT AFTER RELEASE**

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

BR0-318 \$23.99 50 PACK (ENGLISH ONLY)



RECONNECTION

Great for Reentry and Military

HOW TO CONNECT WITH YOUR **MINOR CHILD AFTER A LONG ABSENCE**

Help dads take the necessary steps to reconnect with their child and work through "maternal gatekeeping" which can sometimes prevent a dad's access to his child. The content is divided into two stages, with key steps dads can take.

BRO-316 \$29.99 50 PACK (ENGLISH ONLY)



REENTRY FAMILY CONNECTION

20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE

Dads face many challenges upon release. With these 20 tips, dads can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison.

BRO-319 \$23.99 50 PACK (ENGLISH ONLY)





ANY DAD

10 WAYS TO BE A BETTER DAD TIP CARD

10 MANERAS DE SER UN MEJOR PADRE

Our most popular brochure in a tip card. This tip card offers easy suggestions to help any father become a great dad!

TCD-101-EN \$17.99 50 PACK (ENGLISH) TCD-101-SP \$17.99 50 PACK (SPANISH)



10 TIPS TO HELP YOUR CHILD IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU NIÑO EN ESCUELA

Studies show that children with involved dads do better in school. This tip card offers ten practical tips to help dads give their children a jumpstart for academic success.

TCD-102-EN \$17.99 50 PACK (ENGLISH) TCD-102-SP \$17.99 50 PACK (SPANISH)

DISCIPLINE

12 TIPS FOR EFFECTIVELY DISCIPLINING YOUR CHILDREN

Discipline can mean very different things from one dad to another. This card provides tips on effective discipline-what it is, and what it is not.

TCD-103 \$17.99 50 PACK (ENGLISH ONLY)

MARRIAGE

THE 7 BENEFITS OF MARRIAGE FOR MEN

Marriage is good for men (and benefits children!) This tip card helps men learn about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

TCD-104 \$17.99 50 PACK (ENGLISH ONLY)



WAYS TO BE

NEW DADS

10 TIPS FOR NEW DADS

10 CONSEJOS PARA NUEVOS PAPÁS This tip card provides new and expectant dads with 10 tips for engaging with their baby, and

enjoying and succeeding at the job of

a lifetime-being a dad! TCD-105-EN \$17.99 50 PACK (ENGLISH) TCD-105-SP \$17.99 50 PACK (SPANISH)



EXPECTANT DADS

10 TIPS FOR EXPECTANT DADS 10 CONSEJOS PARA FUTUROS PADRES

It's never too early to be an involved dad. This tip card provides expectant dads with 10 tips to help them bond with baby while helping mom-to-be.

TCD-106-EN \$17.99 50 PACK (ENGLISH) TCD-106-SP \$17.99 50 PACK (SPANISH)

CO-PARENTING

10 TIPS ON CO-PARENTING FOR THE SAKE OF YOUR CHILD

10 CONSEJOS SOBRE LA CRIANZA COMPARTIDA PARA EL BIEN DE SU HIJO

These 10 tips will help dads successfully co-parent, while keeping the impact on their child in the front of their minds.

TCD-107-EN \$17.99 50 PACK (ENGLISH) TCD-107-SP \$17.99 50 PACK (SPANISH)

WORK/FAMILY BALANCE

12 WAYS TO BALANCE WORK AND FAMILY

Balancing work and family can be challenging. Children spell love "T-I-M-E", but providing for them financially is also important. This tip card provides twelve simple things dads can do to succeed at work and at home.

TCD-108 \$17.99 50 PACK (ENGLISH ONLY)









POSTERS: Full-Color, High-Quality

Encourage dads with these full-color posters that remind them of their important and irreplaceable role! And use them to remind staff about the importance of including dads!

View larger poster images at www.fatherhood.org/posters



HAVE YOU BEEN A DAD TODAY? POSTERS (ENGLISH ONLY) PST-DAD \$58.99 for set of 5



POSTERS IN SPANISH



HAVE YOU BEEN A DAD TODAY? POSTERS (SPANISH ONLY)

PST-DADSP \$34.99 for set of 3

Posters read: "*Give Your Kids What They Need To Succeed. You.*" and "*Every girl needs a leading man.*" Tagline on each poster: "*Have You Been A Dad Today?*"





FATHER INVOLVEMENT POSTERS PST-FI-EN \$41.99 for set of 4 (ENGLISH) PST-FI-SP \$41.99 for set of 4 (SPANISH)

Smaller size ideal for bulletin boards, restrooms, and other small spaces.



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THE FACTS

"Just the Facts" Posters Help Staff Members—and Clients— Understand Important Facts about Father Involvement

Keep father involvement top-of-mind for both clients and staff.

Our strengths-based Father Facts posters highlight some of the most important and applicable data on the benefits of father involvement. Display the posters in your center to show your dedication to increasing the number of children who grow up with involved dads. Or, display them during your fatherhood program sessions to generate discussions and help dads understand their important role.

JUST THE FACTS

UST THE FACTS

Designed in a standard 22" x 28" poster size for easy framing.

Just the Facts Posters (Version 3)

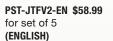
PST-JTFV3-EN \$58.99 for set of 5 (ENGLISH)

PST-JTFV3-SP \$58.99 for set of 5 (SPANISH)





Just the Facts Posters (Version 2)



PST-JTFV2-SP \$58.99 for set of 5 (SPANISH)







Thirty Years of Championing Fatherbood

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www.fatherhood.org/championing-fatherhood
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RC-102024

The Most Comprehensive Father Facts[™] Yet!

Over 370 new entries and 21 new chapters and sections compared to the previous edition.



Product Description

To commemorate the 30th Anniversary of National Fatherhood Initiative[®], we are thrilled to introduce the ninth edition of our unique research publication, *Father Facts*TM. Packed with the most comprehensive data and research available on the benefits of father involvement and the negative impacts of father absence, *Father Facts*TM is the ultimate reference manual for anyone passionate about promoting father involvement in children's lives and advocating for father-inclusive efforts.

Father Facts[™] 9 uses a strengths-based framework that emphasizes research on the benefits of involved dads. With over 370 new entries and 21 new chapters and sections compared to the previous edition, *Father Facts*[™] 9 encompasses a broader range of international studies and more descriptive data, particularly on the various types and categories of dads.

Father Facts[™] 9 [Enterprise Use]

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Download a free sample at fatherhood.org/ff9

Common Uses by Human Service Organizations

- Provide general support for your organization's work with dads.
- Advocate for father-inclusive efforts within your organization, collaborative, or coalition.
- > Include data and research in grant proposals.
- > Raise staff awareness about the importance of dads.
- Use for professional development/growth (your own and fellow staff).
- > Raise community awareness about the importance of dads.
- Share with the media to generate free press/PR for your organization and its father-inclusive efforts.
- > Use in presentations for any audience.

