

# Fatherhood RESOURCE CENTER





Power up your Fatherhood Program with the 24:7 Dad® Power Bundle!



Refresh your Space with our Popular Father Involvement Posters!

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Back Cover NEW! 24:7 Dad® 4th Edition

# Welcome to FatherSource™

by National Fatherhood Initiative®!

National Fatherhood Initiative® is a 501(c)(3) nonprofit dedicated to increasing father involvement. Since 1994, we've equipped thousands of communities and human service organizations with affordable, customizable fatherhood programs, training, and resources to help them be father-inclusive in their programs and services. Our mission is to increase father involvement by equipping communities and human service organizations with the father-inclusion training, programs, and resources they need to be father-inclusive. FatherSource™ offers high-quality, evidence-based programs and resources for both dads and moms. Need help selecting the right tools? We're here to assist—give us a call!

Hours: M-F, 8:30am-5pm EST

Phone: 240-912-1263

Email: fathersource@fatherhood.org

Scan to view and download this catalog electronically!



#### **Purchasing Information**

National Fatherhood Initiative\* is the sole source provider of its resources. We do not sell to third parties or resellers and reserve the right to take legal action against anyone reselling our products.

#### **Request a Quote**

Visit www.fathersource.org, add items to your shopping cart, then click "Cart to Quote." A quote will be emailed to you.

#### **Payments and Pricing**

Purchase orders, checks, and credit cards accepted. To pay by purchase order, visit www.fathersource.org and select "Pay by PO" at checkout. Prices are subject to change without notice.

#### **Sales Tax**

Sales tax is charged in the following states: CA, FL, ID, IN, KY, MD, SD, and VA. State-issued tax exempt documentation accepted.

#### **Shipping and Handling**

Domestic shipping is FREE. We do not ship to P.O. Boxes. International shipping and shipping to Hawaii, Alaska, and Puerto Rico require custom shipping rates. Contact us for details.

#### **Return and Refund Policy**

No refunds or returns. If products are damaged in shipping, they will be promptly replaced.

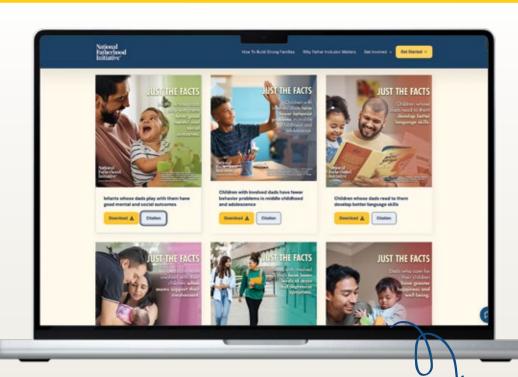
# **Resources for Your Father-Inclusion Efforts**

Educate those around you on the benefits of father involvement in children's lives with our **FREE** strengths-based father-involvement infographics. Download, print, and share them on social media—help spread the word about dads' importance.

For more data on the benefits of father involvment in childrens' lives, check out *Father Facts*<sup>™</sup> 9th Edition! Perfect for adding research to grant applications and community presentations!

Free Father Involvement
Infographics and
shareable images
in English and Spanish



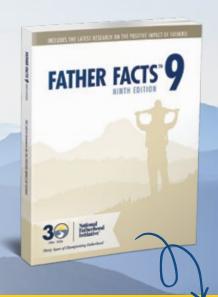


Download Free Infographics and Images at fatherhood.org/father-absence-statistic

# The Most Comprehensive Father Facts™ Yet!

Over 370 new entries and 21 new chapters and sections compared to the previous edition.





Learn more and download a sample at fatherhood.org/ff9

# **Collaborative Services**

Change the status quo. Partner with us to create organizational, community, and cultural change around including fathers in programs and services.

Imagine starting or advancing a father-inclusion effort within your organization, community, or state and doing so with the confidence and excitement that you have a partner with 30+ years of experience supporting you.

The Collaborative Services below reduce uncertainty by helping you create a customized approach to father inclusion.

Change your organization and community norms to foster father involvement.

Find and implement proven solutions to create a wholefamily approach.

Coordinate father-inclusion efforts across all levels of your organization, community, or state.

## **Choose From Three Collaborative Services**

#### **The Father-Readiness** Network Assessment<sup>™</sup>

A comprehensive assessment that measures vour network's level of father inclusion, resulting in a report with data analysis and recommendations for including fathers more effectively.

\$14,999

## The Community Mobilization Approach™

A proven, 3-phase approach that results in a customized action plan for mobilizing an entire city or county around father inclusion. Pricing varies based on the level of collaboration with us.

\$9,999-\$34,999

### **Customized Father Inclusion Training**

A customized series of 2-hour webinar trainings on any father inclusion topic, such as The Stages of Father Inclusion™, Recruitment and Retention of Fathers in Programs and Services, and Best Practices in Father Inclusion.

\$2,999 per training

Connect with us to collaborate on your desired outcomes at www.fatherhood.org/collaborate



# Build Your Skills in Our Father Engagement Academy™



#### **On-Demand Professional Certificate Training**

Join hundreds of fatherhood facilitators and practitioners who have transformed their fatherhood programs and communities with our signature, budget-friendly certificate trainings. **Explore each certificate below**.



Build a father-friendly culture, design effective fatherhood programs, partner with moms, and secure funding for longterm impact.

COMPLETION TIME Minimum 4 Hours

\$249 PER ENROLLMENT



Master adult learning principles, overcome engagement barriers, and lead powerful, resultsdriven fatherhood program sessions with confidence.

COMPLETION TIME Minimum 6 Hours

\$249 PER ENROLLMENT



Create a strategic plan using behavioral science to consistently recruit dads and keep them engaged in your programs long-term.

> COMPLETION TIME Minimum 5 Hours

\$249 PER ENROLLMENT



#### **On-Demand NFI Program Training**

Training when you need it! Learn the format, topics, and session content, along with facilitation tips and guidance to run NFI's fatherhood programs successfully and with fidelity. Programs available below.









Learn More About These Courses and Enroll at www.fatherhoodpractitioners.org!



"Highly recommend this relevant and practical training which will greatly empower you in your father engagement work. Really helpful and informative material that I will continue to draw on as I move forward in reaching fathers."

**NEW 4TH EDITION!** 

# ZH: TDAD

24:7 Dad° is the leading evidence-based fatherhood program trusted by thousand of organizations in communities nationwide! Will you join them?

**Facilitator's Kit** 

**Fathering Handbooks** 

www.fatherhood.org/247dad



24:7 DAD® A.M. FACILITATOR'S KIT

**GROUP-BASED DELIVERY** 

**ENGLISH - 247AM4GB-KIT-EN** SPANISH - 247AM4GB-KIT-SP

ONE-ON-ONE DELIVERY

**ENGLISH - 247AM40NE-KIT-EN** SPANISH - 247AM40NE-KIT-SP 24:7 DAD® P.M. FACILITATOR'S KIT

**GROUP-BASED DELIVERY** 

ENGLISH - 247PM4GB-KIT-EN

SPANISH - 247PM4GB-KIT-SP

**ONE-ON-ONE DELIVERY** 

**ENGLISH - 247PM40NE-KIT-EN** SPANISH - 247PM40NE-KIT-SP

# **Program Description**

24:7 Dad<sup>®</sup> is an evidence-based fatherhood program available in two versions— 24:7 Dad® A.M., a basic skill-building program, and 24:7 Dad® P.M., a more in-depth skill-building program. Various organizations nationwide use the program to improve the knowledge, behavior, and skills of dads of all races, religions, and demographics. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. Throughout the program, men examine their own fatherhood history, learn the 5 traits of a 24:7 Dad, and other important behaviors such as working with mom and proper child discipline to help them be the best dads they can be.



#### Program Length (Both Versions)

12 core sessions + 1 optional introductory session at approximately 2 hours each.



#### Program Delivery (Both Versions)

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



#### Training Options (Applies to Both Versions)

- Online, on-demand training: \$299 per person + facilitator's kit.
- Custom webinar and in-person training available starting at \$3999 + facilitator's kits.

# 24:7 Dad® A.M. Topics

- Family History
- What it Means to Be a Man
- Showing and Handling **Feelings**
- Men's Health
- Communication
- The Father's Role

- Disciplining Children
- Children's Growth
- Getting Involved with your Child(ren)
- Working with Mom and Co-Parenting
- Dads and Work
- ► My 24:7 Dad® Checklist

With National Fatherhood Initiative® (NFI), you don't just get a program—you get a partner.

# **Programs Include:**

- (1) Facilitator's Manual
- (1) Fathering Handbook
- (2) Reference Cards
- Downloadable Support Resources Include NEW PowerPoint™ and 13 Videos
- ► Facilitator On-Boarding Support Series
- NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance



A.M. FATHERING HANDBOOKS ONE-ON-ONE AND GROUP-BASED

ENGLISH - 247AM4-HBK-EN SPANISH - 247AM4-HBK-SP P.M. FATHERING HANDBOOKS ONE-ON-ONE AND GROUP-BASED

ENGLISH - 247PM4-HBK-EN SPANISH - 247PM4-HBK-SP

# 24:7 Dad® P.M. Topics

- ► Fathering and The 24:7 Dad
- Power and Control
- Boyhood to Manhood
- Competition and Fathering
- Dealing with Anger
- Improving my Communication Skills

- Knowing Myself
- Fun with the Kids
- Family Ties
- Stress, Alcohol, and Work
- Sex, Love, and Relationships
- ► My 24:7 Dad® Checklist

# SAVE \$240!

#### 24:7 Dad® A.M. + P.M. Facilitator's Bundle

- 1 24:7 Dad® A.M. Facilitator's Kit
- > 1 24:7 Dad® P.M. Facilitator's Kit

ONLY **\$1558** 



GROUP-BASED DELIVERY ENGLISH - 247AP4-GBDL-EN SPANISH - 247AP4-GBDL-SP

ONE-ON-ONE DELIVERY ENGLISH - 247AP4-OBDL-EN SPANISH - 247AP4-OBDL-SP

#### **Co-Parenting Facilitator's Bundle**

Improving co-parenting is one of the primary concerns of staff who serve fathers, mothers, and families. Use this bundle to deliver the evidence-based 24:7 Dad® A.M. program to dads and, at the same time, deliver Understanding Dad™ with the Mom as Gateway™ Booster Session to moms. Use this program combination to create an effective co-parenting intervention lasting 12 sessions!



CPGB-BDL \$1619.00

#### 24:7 Dad<sup>®</sup> A.M. (or P.M.) 4th Edition + Non-Custodial Dads Booster Sessions [Facilitator's Bundle]

- Workforce Readiness
- > Rights & Responsibilities
- Visitation
- Child Support
- Money Management

All topics covered in the 24:7 Dad\* A.M. (or P.M.) program, PLUS 5 separate 2-hour booster sessions for non-custodial dads.



247AM4-NC2-GB – A.M. GROUP-BASED DELIVERY - \$1199 247AM4-NC2-ONE – A.M. ONE-ON-ONE DELIVERY - \$1199 247PM4-NC2-GB – P.M. GROUP-BASED DELIVERY - \$1199 247PM4-NC2-ONE – P.M. ONE-ON-ONE DELIVERY - \$1199

# KEY BEHAVIORS WORKSHOP

The 24:7 Dad® Key Behaviors workshop is a favorite of facilitators and dads alike. Its short length (only 7 hours) and flexible uses make it a great choice for any organization!

\$579

Additional Fathering
Handbooks
\$99
Each
KBW-HBK

www.fatherhood.org/key-behaviors





SHORT-LENGTH FATHERHOOD WORKSHOP!

24:7 DAD® KEY BEHAVIORS WORKSHOP FACILITATOR'S KIT KBW-KIT - \$579 EACH FATHERING HANDBOOKS KBW-HBK - \$8.99 EACH (ENGLISH ONLY)



#### Program Length

- 7 Sections: Sections 1 and 7 are 1/2 hour, sections 2-6 are 1 hour
- Can also be facilitated as a 1-day workshop in 8 hours, including a 1-hour break (e.g., for lunch)



#### **Program Delivery**

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



#### **Training Options**

Online, on-demand training available: \$199 per person + facilitator's kit.

With National Fatherhood Initiative® (NFI), you don't just get a program—you get a partner.

# **Program Includes:**

- (1) Facilitator's Manual
- ▶ (1) Fathering Handbook
- (2) Reference Cards
- ▶ Downloadable Support Resources
- Facilitator On-Boarding Support Series
- NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff

# **Program Description**

This short-length workshop helps dads develop a set of behaviors that will help them become the best dad possible. It's great for any dad (whether they've participated in 24:7 Dad\* or not), and you can deliver it in as little time as one day (8 hours including a lunch break). You can easily facilitate this workshop with groups of dads or with only one dad (i.e., one-on-one) using the separate guides for each in the Facilitator's Manual.

The 24:7 Dad\* Key Behaviors Workshop is also an excellent choice for use in short-stay correctional facilities and reentry programs!

# **Topics Covered**

#### The 12 Key Behaviors

- 1. Works with an Accountability Partner or Partners (Self-Awareness)
- Reflects on a Weekly Basis (Self-Awareness)
- 3. Takes Care of Physical Health on a Regular Basis (Caring for Self)
- Takes Care of Emotional/Mental Health on a Regular Basis (Caring for Self)
- 5. Develops Skills that Reflect His Role in the Family (Fathering Skills)
- 6. Models Healthy Masculinity (Fathering Skills)
- 7. Disciplines His Children in Healthy Ways (Parenting Skills)
- 8. Nurtures His Children (Parenting Skills)
- Communicates Well with Mom and Their Children (Relationship Skills)
- Builds and Maintains a Good Relationship with Mom (Relationship Skills)
- 11. Pays It Forward (Bonus)
- 12. Engages with His Community (Bonus)

2. Click "HAVE A COUPON?" and enter the code pf15trial3. Complete your purchase to begin your 2-week trial



#### **TOPICS COVERED:**

- 1. Family History
- 2. Being a Man and Dad
- 3. Handling Emotions
- 4. Grief and Loss
- 5. Your Health
- 6. You and Mom
- 7. Talking with Mom
- 8. Co-Parenting
- 9. Fathering Skills
- 10. Child Development
- 11. Child Discipline
- 12. Sexuality
- 13. Intimacy
- 14. Work-Family Balance
- 15. Managing Money

#### **Program Description**

**ProFathering15**™ is a self-guided, online program for new, expectant, and seasoned dads and father figures that helps them learn how to be a great dad. It includes 15 important topics relevant to any dad. Dads can complete each topic in only 15 minutes!

ProFathering15<sup>™</sup> is a great alternative for organizations the are lean on resources for delivering programming, such as facilitators, or with dads who can't come to a location because of distance, transportation, or other issues.

#### Who It's For

All dads and father figures. No matter where dads are in their fatherhood journey, ProFathering15™ can help them be the best dad they can be!

#### **Program Contents**

- ▶ 15 topics each containing text, short videos, and a short quiz on learning acquisition
- Pre-Post Survey available for download (upon request)
- ▶ Upon 100% completion of program topics, dads receive a personalized Certificate of Completion



#### Structure/Length

- Available in English and Spanish
- 15 topics take approximately 15 minutes each to complete.
- > Upon enrollment, dads have 60 days to complete the program.



#### **Program Delivery**

Self-guided and accessed via the ProFathering15™ online learning platform from any web browser on any device (e.g., desktop, laptop, tablet, or mobile phone). Can also be used with groups of fathers or one-on-one (e.g., home-based setting).

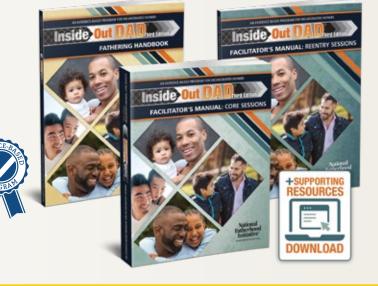
InsideOut Dad<sup>®</sup> is the nation's leading evidence-based program for incarcerated fathers run in prisons, jails, and other corrections-related settings (e.g., reentry). It is also used by the Federal Bureau of Prisons.

**Facilitator's Kit** IOD-KIT

**Fathering Handbooks** 

**IOD-HBK** 





INSIDEOUT DAD® FACILITATOR'S KIT IOD-KIT - \$839 EACH

**FATHERING HANDBOOKS** IOD-HBK-EN - \$11.99 EACH (ENGLISH) IOD-HBK-SP - \$11.99 EACH (SPANISH)



#### Program Length

12 core sessions and 6 optional reentry sessions at approximately 2 hours each.



#### Program Delivery

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



#### Training Options

- Online, on-demand training: \$299 per person + facilitator's kit.
- Custom webinar and in-person training available starting at \$3999 + facilitator's kits.

#### With National Fatherhood Initiative® (NFI), you don't just get a program—you get a partner.

# **Program Includes:**

- ▶ (2) Facilitator's Manuals (Core Sessions and Optional Reentry Sessions)
- ► (1) Fathering Handbook
- Downloadable Support Resources
- Facilitator On-Boarding Support Series
- ► NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff

Note: All books are bound to meet maximum security standards.

# **Program Description**

InsideOut Dad® gets rave reviews from inmates and facilitators. When incarcerated dads are given the vision that they play a unique and irreplaceable role in their children's lives, hearts change, men change—families' and children's lives change.

InsideOut Dad® is an evidence-based program, proven to develop pro-fathering attitudes, knowledge, and skills, giving incarcerated dads tools that prepare them to reenter families and society. The core sessions feature unique activities and research-based tools and techniques to encourage fathering from the inside. The optional reentry sessions help dads prepare for responsibilities and challenges they'll face on the outside.

Join the jails, prisons, and reentry programs nationwide using InsideOut Dad® to give incarcerated dads the tools they need to connect and stay connected to their children and families.

# **Topics Covered**

#### **Core Sessions**

- Family History and The InsideOut Dad
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Fathering from the Inside
- Communication
- The Father's Role
- Children's Growth
- Discipline

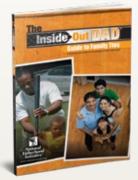
Working with Mom and Co-Parenting

#### **Optional Reentry** Sessions

- > Fathering on the Outside
- Responsibilities and Child Support
- Visits Upon Release
- Communication Patterns
- Safe Communication
- Money Management

#### **InsideOut Dad® Guide to Family Ties**





IOD-GFT-25PK \$309 25 PACK **IOD-GFT-ONE \$15.99 EACH** 

Incarcerated dads who create meaningful ties with their children and family on the outside are more likely to succeed on the inside. The InsideOut Dad® Guide to Family Ties covers many topics that help dads learn the importance of getting in touch—and staying in touch with their family, maybe even for the first time. It also helps dads create strong ties between themselves and their children, and between them and the mother of their children. Research shows that strong family ties prior to release reduces the likelihood of recidivism.

The guide has flexible uses. Use it as a self-paced guide when you can't or don't want to facilitate a fatherhood program, such as InsideOut Dad®. Use it as an additional learning option before or after a program ends. "Facilitate" it using the free Facilitator's Instruction Guide.

#### www.fatherhood.org/iod-guide



#### **Program Delivery**

- > Self-paced guide.
- > Facilitator's Instruction Guide available for download.

#### **Product Contents**

- > Guide for the father to write in and keep (bound for maximum security standards).
- > Facilitator's Instruction Guide, Post-Surveys, Answer Sheet, Certificate of Completion, Letter of Completion.

25 Pack of Guides Save \$3.63 Per Guide!

**Individual Guide** 

**IOD-GFT-ONE** 

**IOD-GFT-25PK** 

#### **GREAT REENTRY RESOURCE**













**CR-BDL \$258** 









**Resource Bundle** 

## **Corrections and Reentry Bundle**

Incarcerated dads who maintain meaningful family relationships tend to exhibit better behavior during incarceration and are less likely to reoffend after release, reintegrating more productively into society. The Corrections and Reentry Bundle includes brochures on important topics faced by many incarcerated dads. Use them to equip fathers with the knowledge they need for a successful family life. If you use a fatherhood program like InsideOut Dad®, add this bundle to boost dads' learning.

#### **Bundle Includes:**

#### One 50 pack of the following brochures:

- Three Steps for Dads to Care for Their Mental Health
- How to Connect With a Minor Child After a Long Absence
- Staying Involved with Your Children While Incarcerated
- 20 Ways to Connect With Your Children & Family After Release
- > 14 Things Dads in Prison Should Do Before or Right After Release
- > 8 Things to Know About Building Trust and Respect with the Mother of Your Child
- > How to Better Manage Money w/Spending Plan Worksheet
- How to Resolve Conflict with the Mother of Your Child
- 11 Things to Know and Learn About Child Support
- > 12 Things to Know and Learn About Domestic Violence

#### **Brochures for Incarcerated Dads**

#### STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

Incarcerated dads don't have to be locked out of healthy relationships with their children. This brochure offers incarcerated dads ten tips on staying connected to their children.

BRO-317 \$23.99 50 PACK



#### 14 THINGS DADS IN PRISON SHOULD DO **BEFORE OR RIGHT AFTER RELEASE**

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

BRO-318 \$23.99 50 PACK



#### **20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE**

Incarcerated dads face many challenges upon release. With these 20 tips, they can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they're more likely to stay out of prison.

BRO-319 \$23.99 50 PACK





Deliver Understanding Dad<sup>™</sup> alongside 24:7 Dad<sup>®</sup> A.M. as a co-parenting intervention!

Facilitator's Kit Mother's Handbooks

\$659
UD-KIT

Mother's Handbooks

\$1199
Each
UD-HBK

www.fatherhood.org/moms





UNDERSTANDING DAD™ FACILITATOR'S KIT UD-KIT - \$659 MOTHER'S HANDBOOKS UD-HBK - \$11.99 EACH



#### **Program Length**

8 sessions at approximately 2-3 hours each.



#### **Program Delivery**

Group setting, delivered by a facilitator(s) or one-on-one.



#### **Training Options**

Online, on-demand training available:
 \$299 per person + facilitator's kit.

With National Fatherhood Initiative® (NFI), you don't just get a program—you get a partner.

# **Program Includes:**

- ▶ (1) Facilitator's Manual
- (1) Mother's Handbook
- Downloadable Support Resources
- Facilitator On-Boarding Support Series
- NFI-Hosted Quarterly Facilitator Support Meetings (Virtual)
- Ongoing Free Technical Assistance from NFI's Program Success Director and other NFI Staff

# **Program Description**

Understanding Dad<sup>™</sup> is a unique program that helps moms improve the relationship with their children's dad, for the benefit of their children.

Oftentimes, moms' gatekeeping behavior can prevent or reduce dads' access to their children. When this happens, it eliminates or reduces the positive impact involved dads have on children.

Understanding Dad™ addresses gatekeeping behavior by raising moms' awareness about the importance of father involvement in children's lives. It helps moms reflect on how their own developmental histories have and continue to influence the relationshipwith their children's dad. It also teaches moms communication skills to improve the partnership between them and their children's dad in raising their children (e.g., co-parenting when moms and dads are no longer together).

# **Topics Covered**

- My Life as a Mom
- My Father's Impact
- My Mother's Impact
- Me and My Children's Father
- The Impact on My Children
- Patterns of Communication
- Open, Safe Communication
- How to Listen



# **Tip Cards for Moms**



#### **NEW MOMS**

#### 10 REASONS FOR NEW MOMS TO INVOLVE DADS

10 RAZONES PARA QUE NUEVAS MAMÁS INVOLUCREN A LOS PAPÁS

Research shows that moms, dads, and children benefit when fathers are involved right from the start. This tip card assists new moms in understanding these benefits, making them more likely to support and encourage dad's involvement.

TCD-100-EN \$17.99 50 PACK (ENGLISH) TCD-100-SP \$17.99 50 PACK (SPANISH)



#### **COMMUNICATION**

# 10 WAYS MOM CAN BETTER COMMUNICATE WITH DAD

10 MANERAS PARA QUE MAMÁ SE COMMUNIQUE MEJOR CON PAPÁ
Communication can be one of the biggest challenges for couples, and especially for those who are separated and co-parenting. This tip card equips mom with ways she can better communicate with dad for the benefit of her children.

TCD-109-EN \$17.99 50 PACK (ENGLISH) TCD-109-SP \$17.99 50 PACK (SPANISH)



#### **CO-PARENTING**

# 10 WAYS MOM CAN BE A GREAT CO-PARENT

10 MANERAS PARA QUE MAMÁ SEA BUENA EN LA CRIANZA COMARTIDA

Co-parenting takes BOTH parents' commitment and involvement. This tip card provides mom with simple tips for being a good co-parent—all for the benefit of her children.

TCD-110-EN \$17.99 50 PACK (ENGLISH) TCD-110-SP \$17.99 50 PACK (*SPANISH*)



# Understanding Dad™ with Mom as Gateway™ [Facilitator's Bundle]

Use this bundle to create a powerful 12-week program for moms that addresses gatekeeping behavior in a more comprehensive way than either resource alone.

- > Start with the optional opening session in Understanding Dad™ as session one.
- Follow it with the eight core sessions of Understanding Dad™.
- ➤ End the program with the three sessions of Mom as Gateway<sup>TM</sup> (see page 16).

#### **Bundle Includes:**

- ✓ 1 Understanding Dad™ Facilitator's Kit
- ✓ 1 Mom as Gateway™ Booster Session (Binder-ready, 3-hole punched)

UDMAG-BDL \$719



# End of Year Spend-Down? Resource Bundles Make it Easy!

www.fatherhood.org/bundles

#### **FATHER INVOLVEMENT STARTER BUNDLE**

Our newest resource bundle, and the only one available in both English and Spanish, gives you the best of the best! Perfect for practitioners who are just starting out with father inclusion, or for those looking for a great collection of some of our best sellers.

From tips for dads on how to help their child in school, ways to be a better dad, and how to better manage money—to co-parenting tips for mom and dads and the importance of an involved dad—this bundle is sure to contain just what you need to better engage dads in their children's lives. It also includes our strength-based Father Facts posters to help you show dads—and moms—that your facility/facilities are father-friendly and that remind staff of the importance of serving dads.

#### **Bundle Includes:**

#### One 50 pack of the following tip cards:

- > 10 Tips to Help Your Child In School
- > 10 Ways to Be a Better Dad
- > 10 Ways Mom Can Be a Great Co-Parent

#### One 50 pack of the following brochures:

- ➤ How Dad Can Be a Good Co-Parent
- The Importance of an Involved Father
- > How to Better Manage Money (with Spending Plan Worksheet)

One set of 5 Just The Facts Posters (Version 2).

FIS-BDL-EN \$189 (ENGLISH) FIS-BDL-SP \$189 (SPANISH)

#### **NEW & EXPECTANT DADS BUNDLE**

One of NFI's specialties is guidance and advice for new and expectant dads. That's because dads and moms are most highly motivated for dads to be involved in the lives of their children during the prenatal and immediate postnatal periods.

Reaching dads during this time increases the chance that they'll stay involved for the long haul!

#### **Bundle Includes:**

#### One 50 pack of the following tip cards:

- > 10 Tips for Expectant Dads
- > 10 Tips for New Dads

#### One 50 pack of the following brochures:

- 12 Questions to Ask Before Your Baby Arrives
- The Importance of An Involved Father
- So You're a New Father or About to Become One

#### Two 5 packs of the following guide:

➤ Help Me Grow<sup>™</sup>: The First Year

#### **Available in English or Spanish!**















#### **Perfect for Healthy Start Programs!**













NED-BDL \$139



#### **HOME VISITATION BUNDLE**

It's vital to include dads in home visits so that they understand the important role they play in their children's lives—and that it's never too late for dads to get involved! It's also important for moms to understand dads' unique role, and how to better communicate with them so that dads and moms can parent more effectively, together. Use this bundle along with any evidence-based home visiting model/program to include dads. This bundle includes our popular resources on being a better dad, creating a peaceful home, effective discipline, communication, and more.

#### **Bundle Includes:**

#### One 50 pack of the following tip cards:

- ➤ 12 Tips for Effectively Disciplining Your Children
- > 10 Reasons for Moms to Involve Dads
- > 10 Ways Mom Can Communicate with Dad

#### One 50 pack of the following brochures:

- > 10 Ways to Be a Better Dad
- > The Importance of an Involved Father
- > How Dad Can be a Good Co-Parent
- > 12 Ways To Create A Peaceful Home
- A Checklist for Keeping Your Child Safe from Newborn to Toddler
- How to Better Manage Money (with Spending Plan Worksheet)
- > 12 Ways to Balance Work and Family
- > How to Resolve Conflict with the Mother of Your Child

#### Ten 5 packs of the following guide:

Help Me Grow™: The First Year

HV-BDL \$419

#### Use with any evidence-based home visiting model/program.













HELP ME GROW











#### HEAD START BUNDLE

Research shows that dads prefer parenting resources that speak specifically to them in their role as a dad—and our Head Start Bundle helps programs do just that!

Meet your Head Start Program father engagement requirements with our professionally-designed and research-based tip cards, brochures, and guides to help strengthen the role of dads in their families, schools, and communities.

#### **Bundle Includes:**

#### One 50 pack of the following tip cards:

- 12 Ways to Balance Work & Family
- ▶ 12 Tips for Effectively Disciplining Your Children

#### One 50 pack of the following brochures:

- > 10 Tips to Help Your Child Do Well in School
- > The Importance of an Involved Father
- How To Better Manage Money (with Spending Plan Worksheet)
- > 10 Ways to Be a Better Dad

#### Ten 5 packs of the following guide:

▶ Help Me Grow<sup>™</sup>: The Toddler & Pre-School Years















#### THE CO-PARENTING BUNDLE

Positive co-parenting is vital for the health and well-being of children. This bundle includes resources for moms and dads to help them develop effective co-parenting skills, better ways to communicate, discipline their children, resolve conflict, and work together for the ultimate benefit of their children.

#### **Bundle Includes:**

#### One 50 pack of the following tip cards:

- > 10 Tips on Co-Parenting for the Sake of Your Child
- ➤ 12 Tips for Effectively Disciplining Your Children
- > 10 Ways Mom Can be a Great Co-Parent
- > 10 Ways Mom Can Better Communicate with Dad
- > 10 Reasons for New Moms to Involve Dads

#### One 50 pack of the following brochures:

- > The Importance of an Involved Father
- > 10 Ways to Be a Better Dad
- > How Dad Can be a Good Co-Parent
- How to Resolve Conflict with the Mother of Your Child











**CP-BDL \$189** 

#### THE SPANISH RESOURCE BUNDLE

The Spanish Resource Bundle includes one of every resource we offer in Spanish and helps you include Spanish speakers in your programs. It also makes it easy to acquire a collection of Spanish resources to use with Spanish-speaking moms and dads. You can always purchase additional packs of our Spanish resources as you deplete your inventory.

#### **Bundle Includes:**

#### One 50 pack of the following tip card:

- > 10 Ways To Be A Better Dad
- > 10 Tips on Co-Parenting for the Sake of Your Child
- > 10 Ways Mom Can Be a Great Co-Parent
- > 10 Ways Mom Can Better Communicate with Dad
- > 10 Reasons for New Moms to Involve Dads

#### One 50 pack of the following brochures:

- The Importance of an Involved Father
- ➤ How Dad Can Be a Good Co-Parent
- > 10 Tips To Help Your Child Do Well in School
- > 12 Ways to Balance Work and Family
- > 12 Ways to Create a Peaceful Home
- How to Resolve Conflict with the Mother of Your Child

One set of 3 "Have you been a dad today?" Spanish posters.

















SR-BDL \$269



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#### **NEW 24:7 Dad® POWER BUNDLE**

Boost your fatherhood programming and inspire every dad who walks through your doors with the 24:7 Dad® Power Bundle! This essential resource includes seven powerful brochures—covering key topics like co-parenting, mental health, conflict resolution, and more—designed to build the 5 traits of a great dad (24:7 Dad): Self-Awareness, Caring for Self, Fathering Skills, Parenting Skills, and Relationship Skills. Use the Father Facts<sup>TM</sup> posters to create a father-friendly atmosphere.

#### **Bundle Includes:**

#### One 50 pack of the following brochures:

- > The Importance of An Involved Father
- > How Dad Can Be a Good Co-Parent
- 8 Things to Know About Building Trust & Respect with the Mother of Your Child
- How to Resolve Conflict with the Mother of Your Child
- > Three Steps for Dads to Care for Their Mental Health
- > How to Better Manage Money (with Spending Plan Worksheet)
- > 12 Ways to Create a Peaceful Home

**Pocket Guides** 

Pocket Guides with Tips and Tools for

New Dads and Dads of Preschool and

One Set of 5 of Just the Facts Posters

One Set of 5 of Just the Facts Posters (Version 3)

247PWR-BDL-EN \$229 (ENGLISH) 247PWR-BDL-SP \$229 (SPANISH)

School Aged Children!

#### **Builds the 5 Traits of a 24:7 Dad!**













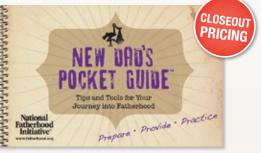








Quick-Reference Guides Help Dads Participate in their Child's Development!



PKT-NDAD-EN \$16.99 CLOSEOUT \$9.99 5 PACK (ENGLISH ONLY)

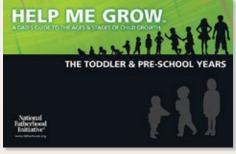


PKT-DAD-EN \$16.99 CLOSEOUT \$9.99 5 PACK (ENGLISH) PKT-DAD-SP \$16.99 CLOSEOUT \$9.99 5 PACK (*SPANISH*)





HMG-FYR \$16.99 5 PACK (ENGLISH ONLY)



HMG-TPRE \$16.99 5 PACK (ENGLISH ONLY)



#### **ANY DAD**

#### THE IMPORTANCE OF AN INVOLVED FATHER

LA IMPORTANCIA DE SER UN PADRE QUE **PARTICIPA** 

This popular brochure communicates the importance of an involved dad by outlining the benefits his children will experience when he is involved in their lives.

BRO-300-EN \$23.99 50 PACK (ENGLISH) BRO-300-SP \$23.99 50 PACK (SPANISH)



#### 10 WAYS TO BE A BETTER DAD

10 CONSEJOS PARA SER UN MEJOR PADRE This brochure offers 10 easy suggestions to help any dad become a great dad.

BRO-301-EN \$23.99 50 PACK (ENGLISH) BRO-301-SP \$23.99 50 PACK (SPANISH)



#### **NEW DADS**

#### SO YOU'RE A NEW FATHER OR ABOUT TO **BECOME ONE**

ASÍ QUE ACABA DE SER PADRE O LO VA A SER MUY PRONTO

New dads face a series of new and exciting challenges. This brochure provides new and expectant fathers with a ten point plan for enjoying and succeeding at the job of a lifetime—being a dad!

BRO-302-EN \$23.99 50 PACK (ENGLISH) BRO-302-SP \$23.99 50 PACK (SPANISH)



#### PRENATAL FOR DADS

#### 12 QUESTIONS TO ASK BEFORE YOUR BABY **ARRIVES**

12 PREGUNTAS PARA HACERTE ANTES DE QUE LLEGUE TU BEBÉ

This brochure helps men who are about to become dads think critically about one of the most important jobs they will ever have becoming a dad. The brochure asks dads to take 3 Looks: Look in, Look out, and Look up.

BRO-303-EN \$23.99 50 PACK (ENGLISH) BRO-303-SP \$23.99 50 PACK (SPANISH)



#### **SCHOOL INVOLVEMENT**

#### 10 TIPS TO HELP YOUR CHILD DO WELL IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU HIJO A HACER BIEN EN LA ESCUELA

Children with involved dads have a better chance of succeeding in school. This brochure offers ten practical tips to help dads give their children a jump-start for academic success.

BRO-304-EN \$23.99 50 PACK (ENGLISH) BRO-304-SP \$23.99 50 PACK (SPANISH)



#### CHILD SAFETY

#### A CHECKLIST FOR KEEPING YOUR CHILD SAFE FROM NEWBORN TO TODDLER

COMO MANTENER A SU HIJO SEGURO QUE NACE HASTA QUE COMIENZA A CAMINAR

Keeping children healthy and safe is a priority for all parents, especially during those exploratory toddler years. This helpful checklist provides the information needed to childproof a home and prevent common household

BRO-305-EN \$23.99 50 PACK (ENGLISH) BRO-305-SP \$23.99 50 PACK (SPANISH)



#### CHILD ABUSE PREVENTION

12 WAYS TO CREATE A PEACEFUL HOME 12 MANERAS DE CREAR UN HOGAR **TRANQUILO** 

An emotionally and physically safe home environment is vital for healthy children and families. This brochure helps dads create a loving, caring environment where children

BRO-306-EN \$23.99 50 PACK (ENGLISH) BRO-306-SP \$23.99 50 PACK (SPANISH)

can thrive.



#### **MARRIAGE**

# THE SEVEN BENEFITS OF MARRIAGE FOR MEN

LOS 7 BENEFICIOS DE MATRIMONIO PARA LOS HOMBRES

Does marriage really matter? Yes, it does! This brochure speaks directly to men about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

BRO-307-EN \$23.99 50 PACK (ENGLISH) BRO-307-SP \$23.99 50 PACK (SPANISH)



#### **WORK/FAMILY BALANCE**

12 WAYS TO BALANCE WORK AND FAMILY

12 FORMAS DE LOGRAR UN EQUILIBRIO ENTRE EL TRABAJO Y LA FAMILIA

This brochure outlines twelve simple things dads can do to succeed at work and at home. Perfect for human resource managers and employers alike.

BRO-308-EN \$23.99 50 PACK (ENGLISH) BRO-308-SP \$23.99 50 PACK (*SPANISH*)



#### **MONEY MANAGEMENT**

HOW TO BETTER MANAGE MONEY (WITH SPENDING PLAN WORKSHEET)

CÓMO ADMINISTRAR EL DINERO DE LA MEJOR MANERA (CON UNA PLANILLA DE PLAN DE GASTOS)

This brochure covers 7 things to know, as well as actions to take, that will help dads better manage their own—or their family's—money. Includes a spending plan worksheet for even better success!

BRO-309-EN \$23.99 50 PACK (ENGLISH) BRO-309-SP \$23.99 50 PACK (*SPANISH*)



#### CHILD SUPPORT

# 11 THINGS TO KNOW & LEARN ABOUT CHILD SUPPORT

11 COSAS LOS PARDRES DEBEN SABER Y APRENDER SOBRE LA MANUTENCÍON INFANTIL

Helps dads learn about the child support system, how to deal with it, and most importantly, how to be a champion for themselves as they navigate the child support system.

BRO-310-EN \$29.99 50 PACK (ENGLISH) BRO-310-SP \$29.99 50 PACK (*SPANISH*)



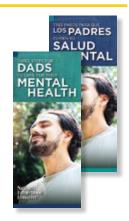
#### **NEW! MENTAL HEALTH**

THREE STEPS FOR DADS TO CARE FOR THEIR MENTAL HEALTH

TRES PASOS PARA QUE LOS PADRES CUIDEN SU SALUD MENTAL

This brochure introduces dads to the three steps and a host of trustworthy resources that will help them realize that caring for their mental health is a sign of strength, not something to be ashamed of.

BRO-311-EN \$29.99 50 PACK (ENGLISH) BRO-311-SP \$29.99 50 PACK (*SPANISH*)



#### RESOLVING CONFLICT

# HOW TO RESOLVE CONFLICT WITH THE MOTHER OF YOUR CHILD

CÓMO RESOLVER CONFLICTOS CON LA MADRE DE SU HIJO

Conflict between parents can be one of the biggest barriers to father involvement. This brochure outlines 7 tips to help dad think the right away about conflict, and provides dad with ways to better resolve conflict with the mother of his child(ren).

BRO-312-EN \$23.99 50 PACK (ENGLISH) BRO-312-SP \$23.99 50 PACK (*SPANISH*)



#### **DOMESTIC VIOLENCE AWARENESS**

# 12 THINGS TO KNOW AND LEARN ABOUT DOMESTIC VIOLENCE

LAS 12 COSAS QUE DEBE SABER Y APRENDER SOBRE LA VIOLENCIA DOMESTICA

Help dads, moms, and practitioners with 12 specific things to know and learn to help spot domestic violence, reduce it, and become a leader in getting rid of it.

BRO-313-EN \$23.99 50 PACK (ENGLISH) BRO-313-SP \$23.99 50 PACK (SPANISH)





#### **CO-PARENTING**

#### HOW DAD CAN BE A GOOD CO-PARENT CÓMO EL PAPÁ PUEDE SER BUENO EN LA CRIANZA COMPARTIDA

Parents who live apart can face an uphill battle in being good parents. Most often, dads are the parent separated from their children. This brochure gives dads practical tips and an action plan for being a good co-parent.

BRO-314-EN \$23.99 50 PACK (ENGLISH) BRO-314-SP \$23.99 50 PACK (SPANISH)

#### **Great for Reentry**



#### **Brochures for Incarcerated Dads**

#### **INVOLVED WHILE INCARCERATED**

# STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

Incarcerated dads don't have to be locked out of healthy relationships with their children. This brochure offers incarcerated dads ten tips on staving connected to their children.

BRO-317 \$23.99 50 PACK (ENGLISH ONLY)



#### **BUILDING TRUST & RESPECT**

#### 8 THINGS TO KNOW ABOUT BUILDING TRUST AND RESPECT WITH THE MOTHER OF YOUR CHILD

OCHO COSA A SABER SOBRE LA CONSTRUCCIÓN DE CONFIANZA Y RESPETO CON LA MADRE DE SU HIJO

It's vital that parents have trust and respect for each other. Raising a healthy child depends on it!

BRO-315-EN \$23.99 50 PACK (ENGLISH) BRO-315-SP \$23.99 50 PACK (SPANISH)

#### **Great for Reentry**



#### REENTRY PLANNING

#### 14 THINGS DADS IN PRISON SHOULD DO BEFORE OR RIGHT AFTER RELEASE

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

BRO-318 \$23.99 50 PACK (ENGLISH ONLY)



#### **RECONNECTION**

#### **Great for Reentry and Military**

# HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE

CÓMO COMUNICARTE CON TU HIJO MENOR DE EDAD DESPUÉS UNA LARGA AUSENCIA

Help dads take the necessary steps to reconnect with their child and work through "maternal gatekeeping" which can sometimes prevent a dad's access to his child. The content is divided into two stages, with key steps dads can take.

BRO-316-EN \$29.99 50 PACK (ENGLISH) BRO-316-SP \$29.99 50 PACK (SPANISH)



#### REENTRY FAMILY CONNECTION

# 20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE

Dads face many challenges upon release. With these 20 tips, dads can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison.

BRO-319 \$23.99 50 PACK (ENGLISH ONLY)



See Page 11 for More Resources for Incarcerated Dads!

# www.fatherhood.org/tipcards

#### **ANY DAD**

#### 10 WAYS TO BE A BETTER DAD

*10 MANERAS DE SER UN MEJOR PADRE* 

Our 10 Ways to Be a Better Dad brochure as a tip card. This tip card offers easy suggestions to help any father become a great dad!

TCD-101-EN \$17.99 50 PACK (ENGLISH) TCD-101-SP \$17.99 50 PACK (*SPANISH*)



#### **NEW DADS**

#### 10 TIPS FOR NEW DADS

10 CONSEJOS PARA NUEVOS PAPÁS

This tip card provides new and expectant dads with 10 tips for engaging with their baby, and enjoying and succeeding at the job of a lifetime—being a dad!

TCD-105-EN \$17.99 50 PACK (ENGLISH) TCD-105-SP \$17.99 50 PACK (SPANISH)



#### SCHOOL INVOLVEMENT

# 10 TIPS TO HELP YOUR CHILD IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU NIÑO FN ESCUFI A

Studies show that children with involved dads do better in school. This tip card offers ten practical tips to help dads give their children a jumpstart for academic success.

TCD-102-EN \$17.99 50 PACK (ENGLISH) TCD-102-SP \$17.99 50 PACK (*SPANISH*)



#### **EXPECTANT DADS**

#### **10 TIPS FOR EXPECTANT DADS**

10 CONSEJOS PARA FUTUROS PADRES

It's never too early to be an involved dad. This tip card provides expectant dads with 10 tips to help them bond with baby while helping mom-to-be.

TCD-106-EN \$17.99 50 PACK (ENGLISH) TCD-106-SP \$17.99 50 PACK (*SPANISH*)



#### **DISCIPLINE**

# 12 TIPS FOR EFFECTIVELY DISCIPLINING YOUR CHILDREN

Discipline can mean very different things from one dad to another. This card provides tips on effective discipline—what it is, and what it is not.

TCD-103 \$17.99 50 PACK (ENGLISH ONLY)



#### **CO-PARENTING**

# 10 TIPS ON CO-PARENTING FOR THE SAKE OF YOUR CHILD

10 CONSEJOS SOBRE LA CRIANZA COMPARTIDA PARA EL BIEN DE SU HIJO

These 10 tips will help dads successfully co-parent, while keeping the impact on their child in the front of their minds.

TCD-107-EN \$17.99 50 PACK (ENGLISH) TCD-107-SP \$17.99 50 PACK (SPANISH)



#### **MARRIAGE**

# THE 7 BENEFITS OF MARRIAGE FOR MEN

Marriage is good for men! This tip card helps men learn about the impact of marriage on a man's sex life, financial future, and most importantly, their relationships with their children.

TCD-104 \$17.99 50 PACK (ENGLISH ONLY)



#### **WORK/FAMILY BALANCE**

# 12 WAYS TO BALANCE WORK AND FAMILY

Balancing work and family can be challenging. Children spell love "T-I-M-E", but providing for them financially is also important. This tip card provides 12 simple things dads can do to succeed at work and at home.

TCD-108 \$17.99 50 PACK (ENGLISH ONLY)



# **POSTERS: Full-Color, High-Quality**



Encourage dads with these full-color posters that remind them of their important and irreplaceable role! And use them to remind staff about the importance of including and engaging dads!



HAVE YOU BEEN A DAD TODAY? POSTERS (ENGLISH ONLY) PST-DAD \$58.99 for set of 5

\$5899 PST-DAD

POSTERS IN SPANISH

Dé a sus hijos lo que necesitan para tener éxito.
Usted.

HAVE YOU BEEN A DAD TODAY? POSTERS (SPANISH ONLY)

**PST-DADSP \$34.99 for set of 3** 

Posters read: "Give Your Kids What They Need To Succeed. You." and "Every girl needs a leading man." Tagline on each poster: "Have You Been A Dad Today?"



SET OF 3
SPANISH POSTERS
22" x 28"
\$3499
PST-DADSP



FATHER INVOLVEMENT POSTERS

PST-FI-EN \$41.99 for set of 4 (ENGLISH)

PST-FI-SP \$41.99 for set of 4 (SPANISH)

Smaller size ideal for bulletin boards, restrooms, and other small spaces.

> SET OF 4 POSTERS 16" x 20"

\$**41**99

# "Just the Facts" Posters Help Staff Members—and Clients— **Understand Important Facts about Father Involvement**

#### Keep father involvement top-of-mind for both clients and staff.

Our strengths-based Father Facts™ posters highlight some of the most important and applicable data on the benefits of father involvement. Display the posters in your center to show your dedication to increasing the number of children who grow up with involved dads. Or, display them during your fatherhood program sessions to generate discussions and help dads understand their important role.

Designed in a standard 22" x 28" poster size for easy framing.

#### **Just the Facts Posters** (Version 3)

PST-JTFV3-EN \$58.99 for set of 5 (ENGLISH) PST-JTFV3-SP \$58.99 for set of 5 (SPANISH)



#### **Just the Facts Posters** (Version 2)

for set of 5 (ENGLISH)

for set of 5 (SPANISH)





PO Box 37635, PMB 84123 Philadelphia, PA, 19101-0635

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www.fatherhood.org/championing-fatherhood www.facebook.com/nationalfatherhoodinitiative

RC-092025

## **IT'S HERE:** THE 4TH EDITION OF 24:7 DAD®



#### You asked. We listened.

Facilitators and partners like you shaped the most flexible, engaging version of 24:7 Dad® yet. Whether you serve groups or individuals, the 4th Edition makes it easier than ever to equip dads to thrive.



#### What's New & Improved?



**NEW One-on-One** & Group-Based Formats: Separate manuals for each setting.



**Session Scripts:** Clear, concise delivery made easier.



Videos That Inspire: Real dads. Real families. Real change.



**Updated Fathering** Handbook: Streamlined and more impactful.



PowerPoint® Slide Decks: Support for both in-person and virtual delivery.



**Smarter Flow & Stronger Content:** Based on facilitator feedback.



**Updated Surveys** & Data Sources: For better evaluation and funding support.

See Pages 6 and 7 for More!

Available in group-based and one-on-one formats—perfect for home visits and case management!







Empower dads. Change lives. Improve children's futures.