

THE Fatherhood RESOURCE CENTER





The Most Comprehensive Father Facts™ Yet!

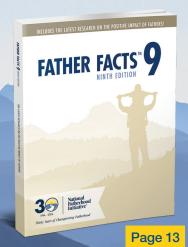




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Welcome to **FatherSource**[™]

by National Fatherhood Initiative®!

 $\mathbf{T} \wedge \mathbf{T}$ e're a 501(c)(3) non-profit organization started in 1994 to reverse the nation's trend toward father absence. Our mission is to increase father involvement by equipping communities and human service organizations with the father-engagement training, programs, and resources they need to be father inclusive. Our vision is that all communities and human service organizations are proactively father inclusive so that every child has an involved, responsible, and committed father in their lives.

We accomplish our mission by equipping thousands of human service organizations with affordable and customizable fatherhood programs, fatherhood program training, and fatherhood skill-building resources to work directly with fathers and families.

FatherSource™ by National Fatherhood Initiative® is your partner for high quality resources and programs that build the skills of dads (and moms!) around father involvement. Our evidence-based and evidence-informed programs and budget-friendly resources allow you to find the best tools to help you effectively engage fathers. If you would like assistance selecting programs or resources for the families you serve, just give us a call! We're here to help.

Hours: M-F, 8:30am-5pm EST

Phone: 240-912-1263

Email: fathersource@fatherhood.org

FREE Shareable Images and Infographics

Join National Fatherhood Initiative® in supporting positive father involvement with our free "Just the Facts" shareable images. Show your support by posting them on social media, adding them to your website, or printing them out to share.

You can also download our free Father Involvement Infographics to spread awareness of the positive impact of fatherhood on families and communities!

Free Just the Facts Shareable Images

These and Nine More Images Available at: fatherhood.org/father-absence-statistic







Download Free Infographics and Images at fatherhood.org/father-absence-statistic



Use the chart below to identify the best training options for you and your organization!

	On-Demand Training \$199 to \$299 per person + Curriculum	Public Webinar Training \$249 per person + Curriculum	Custom Webinar Training For up to 30 people \$3,999 to \$6,999	Training at Your Location For up to 30 people \$9,999 to \$12,499
>24:7 DAD °		~	~	~
KEY BEHAVIORS WORKSHOP	~			
Inside Out	~	~	V	~
UNDERSTANDING ON Awareness & Communication Program For Thoms			V	~

For more information and to register visit www.fatherhood.org/training



Give your staff the training they need to confidently and effectively engage fathers in your programs and services.

Our signature trainings in **The Father Engagement**Academy™ build the capacity of professionals; the
Effective Facilitation Certificate™, the Father
Engagement Certificate™, and the Recruitment and
Retention Certificate™.

You can also conveniently purchase a bundling of these certificates with the **Advanced Certificate Bundle** or the **Expert Certificate Bundle**.

ENROLL TODAY! fatherhoodpractitioners.org







\$249 PER ENROLLMENT

The Father Engagement Certificate™ is for practitioners and organizations that want to better engage fathers in their existing programs and services for families or those designed specifically for fathers. It covers 5 core competencies that are essential for effective father engagement in programs.

TOPICS COVERED:

- Foundational: How to Create a Father-Friendly Organization.
- Program Design: 7 Best Practices in Designing a Fatherhood Program.
- Recruitment & Retention: How to Think Like a Marketer When Marketing a Fatherhood Program.
- Involving Moms: How to Work with Moms to Encourage Father Involvement.
- Fundraising: How to Develop a Funding Plan for a Fatherhood Program.

COMPLETION TIME: Approx. 4 Hours



\$249 PER ENROLLMENT

The Effective Facilitation Certificate™ is ideal for facilitators of NFI programs or any other fatherhood program. Being an effective facilitator is one of the most crucial aspects of running a successful fatherhood program. This training teaches the essential characteristics and skills that one needs to become an excellent program facilitator. It also focuses on adult learning styles which impact how participants learn and engage, and also teaches how to prepare effectively for every session you lead.

TOPICS COVERED:

- Part 1 > The Facilitator: Characteristics and Skills
- Part 2 > The Participants (Fathers): Learning Styles, Autonomy, Mastery and Purpose, and Cognitive Biases
- Part 3 > Facilitation: Your Role, Preparation, and Techniques

COMPLETION TIME: Approx. 6 Hours



\$249 PER ENROLLMENT

The Recruitment and Retention Certificate™ uses a proven approach to help you develop a customized plan to successfully recruit and retain dads in your programs.

TOPICS COVERED:

- The proper mindset to succeed in addressing recrutiment and retention challenges.
- The "Build-Measure-Assess-Refine" loop for developing a successful recruitment and retention plan.
- The foundation you must put in place to succeed with recruitment and retention, and how to build on that foundation.
- Examples of NFI partners' success with recruitment and retention that you can use.

COMPLETION TIME: Approx. 5 Hours

Learn More About These Courses and Many More at www.fatherhoodpractitioners.org!



24:7 Dad[®] is the leading evidence-based fatherhood program run by organizations and individuals in communities across the country! Will you join them?

Complete **Program Kit** **Additional Fathering Handbooks**





24:7 DAD® A.M. COMPLETE PROGRAM KIT CNA-91 - \$779 EACH **EXTRA A.M. FATHERING HANDBOOKS**

CNA-93 - \$11.99 EACH (ENGLISH) CNA-93SP - \$11.99 EACH (SPANISH) **EXTRA FACILITATOR'S MANUALS AVAILABLE IN ENGLISH AND** SPANISH. PLEASE CALL 240-912-1263

Program Description

24:7 Dad[®] is an evidence-based fatherhood program in two versions—A.M., a basic skill-building program, and P.M., a more in-depth skill-building program. Diverse organizations across the nation use the program to improve the knowledge, behavior, and skills of dads of all races, religions, and demographics. The program is built on the basis that fathers can be nurturers, and for men, nurturing is a learned skill. Throughout the program, men examine their own fatherhood history, learn the 5 characteristics of a 24:7 Dad, and other important behaviors such as working with mom and proper child discipline to help them be the best dads they can be.



Program Length (Both Versions)

12 core sessions + 1 optional introductory session at approximately 2 hours each.



Program Delivery (Both Versions)

Group setting, delivered by a facilitator(s), or one-on-one (e.g., in a home-based setting).



Training Options (Applies to Both Versions)

Program Guide in Facilitator's Manual provides all necessary information to run the program successfully.

- Public webinar training is available (see page 4).
- Custom webinar training and in-person training at your location are also available (see page 4).

24:7 Dad® A.M. **Topics Covered**

- Family History
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- Communication
- ▶ The Father's Role

- Discipline
- Children's Growth
- Getting Involved with your Child(ren)
- Working with Mom and Co-Parenting
- Dads and Work
- My 24:7 Dad® Checklist

Kit Contents

- ► (1) 24:7 Dad® AM (or PM) Facilitator's Manual
- ▶ (10) 24:7 Dad® AM (or PM) Fathering Handbooks: Dads will use and write in to participate in activities
- ▶ (10) Quick Reference Cards
- ▶ (1) 24:7 Dad® USB Flash Drive with supporting resources



24:7 DAD® P.M. COMPLETE PROGRAM KIT CNA-95 - \$779 EACH

EXTRA P.M. FATHERING HANDBOOKS CNA-97 - \$11.99 EACH (ENGLISH) CNA-97SP - \$11.99 EACH (*SPANISH*) EXTRA FACILITATOR'S MANUALS AVAILABLE IN ENGLISH AND SPANISH.

PLEASE CALL 240-912-1263

24:7 Dad[®] P.M. Topics Covered

- ► Fathering and The 24:7 Dad
- Power and Control
- Boyhood to Manhood
- Competition and Fathering
- Dealing with Anger
- Improving my Communication Skills

- Knowing Myself
- Fun with the Kids
- Family Ties
- Stress, Alcohol, and Work
- Sex, Love, and Relationships
- ▶ My 24:7 Dad® Checklist

Gateway™ Booster Session to moms over 12 sessions.



Improving co-parenting is one of the primary concerns of staff who serve fathers, mothers, and families. This bundle allows you to deliver the evidence-based 24:7 Dad® A.M. to dads and, at the same time, deliver Understanding Dad™ with the Mom as

Co-Parenting Curricula Bundle



24:7 Dad® A.M. with Domestic Violence Awareness Bundle

This bundle includes the Understanding Domestic Violence™ Booster Session as part of a comprehensive approach to addressing domestic violence with the dads you serve. Pair Understanding Domestic Violence™ with 24:7 Dad® A.M. for a powerful combination.



247A-UDV \$839.00

24:7 Dad® A.M. (or P.M.) with Booster Sessions for Non-Custodial Dads

- > Workforce Readiness
- > Rights & Responsibilities
- > Visitation
- Child Support
- Money Management

All topics covered in the 24:7 Dad® A.M. (or P.M.) program, PLUS 5 separate 2-hour booster sessions your organization can run for non-custodial fathers.





Bundle Includes:

- > Everything in the 24:7 Dad® A.M. (or P.M.) Complete Program Kit
- > 1 FatherTopics™ Collection for Non-Custodial Dads Booster Sessions + USB Flash Drive with Instruction Guide, Session Handouts, and Binder-Ready, 3-Hole punched facilitator session guides with dividers.

A.M. - CNA-100 - \$989 PER KIT P.M. - CNA-99 - \$989 PER KIT

SAVE \$200!

24:7 Dad® A.M./P.M. Bundle

- > 1 24:7 Dad® A.M. Complete Program Kit
- > 1 24:7 Dad® P.M. Complete Program Kit





The 24:7 Dad® Key Behaviors workshop is a favorite of facilitators and dads alike. Its short length and flexible use makes it a great choice for any organization!

Complete Workshop Kit \$579
CNA-73

Additional Fathering
Handbooks
\$99
Each
CNA-75





24:7 DAD® KEY BEHAVIORS COMPLETE WORKSHOP KIT CNA-73 - \$579 EACH EXTRA FATHERING HANDBOOKS

CNA-75 - \$8.99 EACH (ENGLISH)

EXTRA FACILITATOR'S MANUALS AVAILABLE. PLEASE CALL 240-912-1263



Program Length

- 7 Sections: Sections 1 and 7 are 1/2 hour, sections 2-6 are 1 hour
- Can also be facilitated as a 1-day workshop in 8 hours, including a 1-hour break (e.g., for lunch)



Program Delivery

Delivered in a group setting by a facilitator(s), or can be used one-on-one and in a home-based setting.



Training Options

Workshop Guide in Facilitator's Manual provides all necessary facilitator information to run the workshop successfully with a group of fathers or with an individual father.

> Online, on-demand (see page 5 and back cover).

Kit Contents

- ▶ (1) 24:7 Dad® Key Behaviors Workshop Facilitator's Manual with Workshop Guide
- (10) 24:7 Dad® Key Behaviors Workshop Fathering Handbooks
- ▶ (10) Quick Reference Cards (perforated tear-out inside handbook front cover)
- ▶ (1) 24:7 Dad[®] Key Behaviors Workshop USB Flash Drive with supporting resources

Program Description

This short-length workshop helps fathers develop a set of behaviors that will help them become the best fathers possible. It's great for any father (whether they've participated in 24:7 Dad® or not), and you can deliver it in as little time as one day (8 hours including a lunch break). You can easily facilitate this workshop with groups of fathers or with only one father (i.e., one-on-one) using the separate guides for each in the Facilitator's Manual.

24:7 Dad[®] Key Behaviors Workshop is also excellent for use in short-stay correctional facilities and reentry programs!

Topics Covered

The 12 Key Behaviors

- 1. Works with an Accountability Partner or Partners (Self-Awareness)
- Reflects on a Weekly Basis (Self-Awareness)
- 3. Takes Care of Physical Health on a Regular Basis (Caring for Self)
- 4. Takes Care of Emotional/Mental Health on a Regular Basis (Caring for Self)
- 5. Develops Skills that Reflect His Role in the Family (Fathering Skills)
- 6. Models Healthy Masculinity (Fathering Skills)
- 7. Disciplines His Children in Healthy Ways (Parenting Skills)
- 8. Nurtures His Children (Parenting Skills)
- Communicates Well with Mom and Their Children (Relationship Skills)
- Builds and Maintains a Good Relationship with Mom (Relationship Skills)
- 11. Pays It Forward (Bonus)
- 12. Engages with His Community (Bonus)



TOPICS COVERED:

- 1. Family History
- 2. Being a Man and Dad
- 3. Handling Emotions
- 4. Grief and Loss
- 5. Your Health
- 6. You and Mom
- 7. Talking with Mom
- 8. Co-Parenting
- 9. Fathering Skills
- 10. Child Development
- 11. Child Discipline
- 12. Sexuality
- 13. Intimacy
- 14. Work-Family Balance
- 15. Managing Money

Preview a sample topic: www.fatherhood.org/pf15

Program Description

ProFathering15™ by National Fatherhood Initiative® (NFI) is a self-guided, online program for new, expectant, and seasoned dads and father figures that helps them learn how to be a great dad through 15 important fatherhood topics relevant to any dad. Dads can complete each topic in only 15 minutes!

ProFathering15[™] is a great alternative for organizations who can't offer a group-based fatherhood program, those who want to use a program with dads one-on-one, or with dads who can't come into a facility due to distance, transportation or other issues.

Who It's For

All dads and father figures. No matter where dads are in their fatherhood journey, ProFathering15™ can help them be the best dads they can be!

Program Contents

- ▶ 15 topics each containing text, short videos, and a short quiz on learning acquisition
- Pre-Post Survey available for download (upon request)
- ▶ Upon 100% completion of program topics, dad receives a personalized Certificate of Completion



Structure/Length

- > 15 topics take approximately 15 minutes each to complete.
- > Upon enrollment, dads have 60 days to complete the program.



Program Delivery

Self-guided and accessed via the ProFathering15™ online learning platform from any web browser on any device (e.g., desktop, laptop, tablet, or mobile phone).

InsideOut Dad[®] is the nation's leading evidence-based program for incarcerated fathers run in prisons, jails, and other corrections-related settings (e.g., reentry). It is also used by the Federal Bureau of Prisons.

Complete Program Kit CNA-200

Additional Fathering **Handbooks** CNA-203





INSIDEOUT DAD® COMPLETE PROGRAM KIT CNA-200 - \$839 EACH

EXTRA FATHERING HANDBOOKS CNA-203 - \$11.99 EACH (ENGLISH) CNA-204 - \$11.99 EACH (SPANISH) **EXTRA FACILITATOR'S** MANUALS AVAILABLE. PLEASE CALL 240-912-1263



Program Length

12 core sessions and 6 optional reentry sessions at approximately 2 hours each.



Program Delivery

Delivered in a group setting by a facilitator(s), or can be used one-on-one. Facilitator training available.



Training Options

- Program Guide in Facilitator's Manual provides background, philosophy, and all necessary facilitator information to run the program successfully.
- Public webinar training is available (see page 4).
- Custom webinar training and in-person training at your location are also available (see page 4).

Kit Contents

- ▶ (1) InsideOut Dad® Facilitator's Manual: Core Sessions
- ▶ (1) InsideOut Dad® Facilitator's Manual: Optional Reentry Sessions
- (10) InsideOut Dad® Fathering Handbooks
- ▶ (1) InsideOut® Dad USB Flash Drive with supporting resources (or DVD for facilities that cannot use USB Flash Drive)

Note: All books are bound to meet maximum security standards.

Short-Term Stay Facility? See our 24:7 Dad® Key Behaviors Workshop on Page 8!

Program Description

InsideOut Dad gets rave reviews from inmates and facilitators alike. When incarcerated fathers are given the vision that they play a unique and irreplaceable role in their children's lives, hearts change, men change—families' and children's lives change.

InsideOut Dad is an evidence-based program, proven to develop pro-fathering attitudes, knowledge, and skills, giving fathers the necessary strategies to prepare them for release. The core program sessions feature unique activities and research-based tools and techniques to encourage fathering from the inside. The optional reentry sessions help fathers prepare for responsibilities and challenges they will face on the outside.

Join the jails, prisons, and reentry programs across the nation using InsideOut Dad to give incarcerated fathers the tools they need to become involved, responsible, and committed fathers.

Topics Covered

Core Sessions

- > Family History and The InsideOut Dad
- What it Means to Be a Man
- Showing and Handling Feelings
- Men's Health
- > Fathering from the Inside
- Communication
- > The Father's Role
- Children's Growth
- Discipline

Working with Mom and Co-Parenting

Optional Reentry Sessions

- Fathering on the Outside
- Responsibilities and Child Support
- Visits Upon Release
- Communication Patterns
- Safe Communication
- Money Management

The InsideOut Dad® Curriculum Bundle





The InsideOut Dad® Bundle Includes other **Helpful Resources for Incarcerated Fathers:**

- 1 InsideOut Dad® Complete Program Kit (CNA-200)
- ▶ 1 (25) pk InsideOut Dad® Guide to Family Ties (NFI-107)
- > 1 (50) pk Staying Involved With Your Children While Incarcerated Brochure (NFI-11)
- > 1 (50) pk 14 Things Dads in Prison Should Do Before Or After Release Brochure (NFI-61)
- > 1 (50) pk 20 Ways to Connect with Your Children and Family After Release Brochure (NFI-05)

IODB-03 \$1,219

InsideOut Dad® Guide to Family Ties





NFI-107 \$309 25 PACK NFI-106 \$15.99 EACH

Incarcerated fathers who create meaningful ties with their children and family on the outside are the best prisoners on the inside. The InsideOut Dad® Guide to Family Ties covers many topics that help incarcerated fathers learn the importance of getting in touch—and staying in touch—with their family, maybe even for the first time. It also helps incarcerated fathers create strong ties between themselves and their children, and between them and the mother(s) of their child(ren).

By connecting with their children, incarcerated fathers are motivated to maintain good behavior to keep visiting rights, which is beneficial for both the facility and correctional officers working with them. In addition, research shows that fathers who connect with their children (and families) prior to release have a higher likelihood of staying out of jail/prison.

www.fatherhood.org/iod-guide



Program Delivery

- > Self-paced guide.
- > Facilitator's Instruction Guide available for download.

Product Contents

- > Guide for the father to write in and keep (bound for maximum security standards).
- > Facilitator's Instruction Guide, Post-Surveys, Answer Sheet, Certificate of Completion, Letter of Completion.

25 Pack of Guides Save \$3.63 Per Guide! **NFI-107**

Individual Guide

NFI-106

Corrections and Reentry Bundle

RELEASE Incarcerated fathers who maintain meaningful family relationships tend to exhibit better behavior during incarceration and are less likely to reoffend after release, reintegrating more productively into society. The Corrections and Reentry Bundle provides knowledge and skills for involved, responsible fatherhood to complement programs like InsideOut Dad®, supporting positive outcomes for incarcerated fathers.

Bundle Includes:

- ➤ 1 pk (50) Brochure: Three Steps for Dads to Care for Their Mental Health (NFI-31)
- > 1 pk (50) Brochure: How to Connect With a Minor Child After a Long Absence (NFI-91)
- 1 pk (50) Brochure: Staying Involved with Your Children While Incarcerated (NFI-11)
- 1 pk (50) Brochure: 20 Ways to Connect With Your Children & Family After Release (NFI-05)
- 1 pk (50) Brochure: 14 Things Dads in Prison Should Do Before or Right After Release (NFI-61)
- 1 pk (50) Brochure: Building Trust & Respect with the Mother of Your Child (NFI-07)
- 1 pk (50) Brochure: How to Better Manage Money w/Spending Plan Worksheet (NFI-97)
- > 1 pk (50) Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06)
- 1 pk (50) Brochure: 11 Things to Know & Learn About Child Support (NFI-22)
- 1 pk (50) Brochure: 12 Things to Know & Learn About Domestic Violence (NFI-18)

GREAT REENTRY RESOURCE



NEW



















Resource Bundle

CRB-01 \$258

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12

The Most Comprehensive Father Facts™ Yet!

Over 370 new entries and 21 new chapters and sections compared to the previous edition.

Printed Resource



Product Description

To commemorate the 30th Anniversary of National Fatherhood Initiative®, we are thrilled to introduce the Ninth Edition of our unique research publication, Father Facts™. Packed with the most comprehensive data and research available on the benefits of father involvement and the negative impacts of father absence, *Father Facts*™ is the ultimate reference manual for anyone passionate about promoting father involvement and advocating for father-inclusive initiatives.

Father Facts™ 9 uses a strengths-based framework that emphasizes research on the benefits of involved fathers. With over 370 new entries and 21 new chapters and sections compared to the previous edition, Father Facts[™] 9 encompasses a broader range of international studies and more descriptive data, particularly on the various types and categories of fathers.

Common Uses by Human Service Organizations

- > Provide general support for your organization's work with fathers.
- > Advocate for father-inclusive efforts within your organization, collaborative, or coalition.
- Include data and research in grant proposals.
- > Raise staff awareness about the importance of fathers.
- Use for professional development/growth (your own and fellow staff).
- > Raise community awareness about the importance of fathers.
- > Share with the media to generate free press/PR for your organization and its father-inclusive efforts.
- Use in presentations for any audience.

Other Uses

- Scholars and Educators: Include content in courses on family. parenting/fatherhood, gender, masculinity, DEI (diversity, equity, and inclusion), and related topics.
- > Students: Include content in papers, presentations, and other class assignments.
- Media: Use in stories/articles and to enhance pitches to your editors.
- Community Activists: Advocate for initiatives and legislation/policy that support involved fatherhood.
- > Anyone considering fatherhood work: Inform your mission and help establish goals or outcomes that demonstrate a marked improvement in your community due to your work.

Download a free sample at www.fatherhood.org/ff9





Father Facts™ 9 [Enterprise Use]

This is a PDF file for organizations, government agencies, universities/educational institutions, and public libraries that will house the publication in a closed system (not available to the public) to share across multiple locations or departments with staff, students, faculty, or clients.

> FATHER FACTS™ 9 [ENTERPRISE USE] FF9EU-DLD \$1,999

Please call 240-912-1263 or email fathersource@fatherhood.org to purchase.



- Stand alone workshops to add to any fatherhood program
- Go deeper on co-parenting or domestic violence
- Can be delivered in as little as a half day







CNA-176 \$63.99

CNA-177 \$63.99



Product Type

Printed, binder-ready, 3-hole punched session guides.



Delivery Options

Intended for use as stand-alone sessions or as booster sessions to your fatherhood programming.

Mom as Gateway™



Program Length

3, 1-hour sessions.

Description

This session for moms helps you break down barriers between mothers and fathers by addressing what is known as Maternal Gatekeeping—when a mother's beliefs about a father, as well as her behaviors, hinder a father's involvement—and facilitate helpful discussions and efforts towards co-parenting.

Topics Covered

- The Role of the Gatekeeper
- Power and Control Between Men & Women in Relationships
- Minimize Excessive Gatekeeping

Session Contents

- > (3) Session Guides with step-by-step instructions
- Handouts for each session that you can photocopy

Understanding Domestic Violence™



Program Length

3, 1-hour sessions.

Description

This session helps the dads you serve and your facilitators/organization understand the many types of domestic violence, the impact it has on fathers and families, and how it can be addressed with men you're in contact with.

Topics Covered

- ✓ Definitions of domestic violence and its prevalence in society
- The family impact of domestic violence and its effects on children
- ✓ The cyclical nature of domestic violence
- How to recognize the early warning signs of domestic violence
- ✓ How to foster non-violence in the home

Session Contents

- > (3) Session Guides with step-by-step instructions
- > Handouts for each session that you can photocopy

www.fatherhood.org/booster-sessions







\$219 CNA-190





Product Type

Printed, binder-ready, 3-hole punched session guides with USB Flash Drive.



Program Length

5, 2-hour sessions.



Program Delivery

- Run one or all five topical sessions with non-custodial fathers you serve.
- Use whichever sessions you need, whenever you need them in a group setting or one-on-one.
- Add one or more sessions to the content of an existing fatherhood program.
- Substitute one or more sessions for sessions in your current programming for non-custodial fathers.

Topics Covered

- Workforce Readiness
- Rights & Responsibilities
- Visitation
- Child Support
- Money Management

Kit Contents

- ▶ Binder-Ready, 3-Hole Punched Sessions
- USB Flash Drive with Instruction Guide and Session Handouts

Product Description

The FatherTopics™ Collection for Non-Custodial Dads consists of five separate 2-hour sessions your organization can run for non-custodial fathers to help them succeed as involved fathers. Your organization can offer 1, 2, 3, or more sessions in any number and combination. Your organization can also add any one or more of them to most National Fatherhood Initiative® (NFI) fatherhood programs or any other fatherhood program.

The collection covers some of the most critical issues faced by non-custodial fathers.

Resource Background:

The City of New York's Department of Youth and Community Development (DYCD) contracted with NFI to create a version of 24:7 Dad® that organizations in the city would use with non-custodial fathers. The resulting DYCD version of 24:7 Dad® included new session content to provide information on some of the most critical issues faced by non-custodial fathers that don't directly address profathering knowledge, attitudes, and skills.

Consequently, NFI decided to use that newly designed content to create FatherTopics™ Collection for Non-Custodial Dads, so that facilitators and organizations across the country could provide these well-received sessions to non-custodial fathers wherever they reside, and regardless of location. The reaction to these field-tested sessions, from facilitators and non-custodial fathers in New York City was overwhelmingly positive.



Deliver Understanding Dad™ alongside 24:7 Dad® A.M. as a co-parenting intervention!

Complete Program Kit \$659

CNA-180

Additional Mother's Handbooks
\$1199
Each
CNA-181





UNDERSTANDING DAD™ COMPLETE PROGRAM KIT CNA-180 - \$659 EXTRA MOTHER'S HANDBOOKS CNA-181 - \$11.99 EACH EXTRA FACILITATOR'S MANUALS AVAILABLE. PLEASE CALL 240-912-1263



Program Length

8 sessions at approximately 2-3 hours each.



Program Delivery

Group setting, delivered by a facilitator(s) or one-on-one.



Training Options

- Program Guide in Facilitator's Manual provides all necessary facilitator info to run the program successfully.
- In-person facilitator training at your location is available (see page 4).

Program Description

Understanding Dad™ is a unique program that helps mothers improve the relationships they have with fathers, for the benefit of their children. This program helps mothers better understand the importance of involving dad in their children's lives and how to better communicate with the father(s) of their child(ren).

Oftentimes, the mothers' gatekeeping behavior that can prevent or reduce fathers' access to their children—when fathers' involvement in their children's lives would actually benefit their children. This program encourages self-awareness and helps moms improve the communications skills they need to improve their relationships with the fathers of their children.

Understanding Dad™ raises mothers' awareness about the importance of father involvement in the lives of their children. It helps mothers to reflect on how their own developmental histories have and continue to influence the relationships with the fathers of their children. It also teaches mothers communication skills to improve the partnership between them and the fathers of their children in raising their children (e.g., co-parenting when mothers and fathers are no longer together).

Kit Contents

- ► (1) Understanding DadTM Facilitator's Manual
- ► (10) Understanding DadTM Mother's Handbooks for use during the program and that the moms can keep
- ► (1) Understanding DadTM USB Flash Drive with supporting resources

Topics Covered

- My Life as a Mom
- ✓ My Father's Impact
- ✓ My Mother's Impact
- Me and My Children's Father
- The Impact on My Children
- Patterns of Communication
- Open, Safe Communication
- ✓ How to Listen

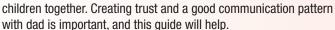
www.fatherhood.org/pocketguides



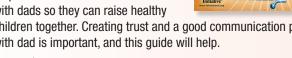
COMMUNICATION

POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO **COMMUNICATE WITH DAD™**

Helps moms understand how to talk with dads so they can raise healthy



NFI-108 \$16.99 5 PACK (ENGLISH ONLY)



CO-PARENTING

POCKETBOOK FOR MOMS: A POCKETBOOK FULL OF WAYS TO BE A GREAT CO-PARENT™

This pocketbook focuses on helping moms understand the challenges

- and the importance of - being a good co-parent for the beneift of her children. It addresses expectations, how to handle difficult situations and differences, and acting with empathy to ensure the best outcome for her children.

NFI-101 \$16.99 5 PACK (ENGLISH ONLY)

NEW MOMS INVOLVING DADS

POCKETBOOK FOR NEW MOMS: A **POCKETBOOK FULL OF REASONS** FOR NEW MOMS TO INVOLVE DADSTM

Help new or expectant moms understand the benefits that she, her baby—and even dad!—will experience when dad is involved right from the start. Moms learn why its important to get dads involved and tips to get him "in the game."

NFI-109 \$16.99 5 PACK (ENGLISH ONLY)

or Moms

or Moms

Moms **Tip Cards** & Pocketbooks for Moms

www.fatherhood.org/tipcards (G



COMMUNICATION

10 WAYS MOM CAN BETTER **COMMUNICATE WITH DAD**

10 MANERAS PARA QUE MAMÁ SE COMMUNIQUE MEJOR CON PAPÁ

Communication can be one of the biggest challenges for couples, and especially for those who are separated and co-parenting. This tip card equips mom with ways she can better communicate with dad for the benefit of her children.

NFI-98 \$17.99 50 PACK (ENGLISH) NFI-98SP \$17.99 50 PACK (SPANISH)



CO-PARENTING

10 WAYS MOM CAN BE A GREAT CO-PARENT

10 MANERAS PARA QUE MAMÁ SEA BUENA EN LA CRIANZA COMARTIDA

Co-parenting takes BOTH parents' commitment and involvement. This tip card provides mom with simple tips for being a good co-parent - all for the benefit of her children.

NFI-99 \$17.99 50 PACK (ENGLISH) NFI-99SP \$17.99 50 PACK (SPANISH)



Understanding Dad™ with Mom As Gateway™ Booster Session Bundle

Use this bundle to create a powerful 12-week program for moms that addresses moms' gatekeeping behavior in a more comprehensive way than either resource alone.

- > Start with the optional opening session in Understanding Dad™ as session one.
- ➤ Follow it with the eight core sessions of Understanding Dad™.
- ➤ End the program with the three sessions of Mom as GatewayTM (see page 16).

Bundle Includes:

- ✓ 1 Understanding Dad™ Complete Program Kit
- ✓ 1 Mom as Gateway[™] Booster Session (Binder-ready, 3-hole punched)

UDB-01 \$719



End of Year Spend-Down? Resource Bundles Make it Easy!

www.fatherhood.org/bundles

FATHER INVOLVEMENT STARTER BUNDLE

Our newest resource bundle, and the only one available in both English and Spanish, gives you the best of the best! Perfect for practitioners who are just starting out with father engagement, or for those looking for a great collection of some of our best sellers.

From tips for dads on how to help their child in school, ways to be a better dad, and how to better manage money—to co-parenting tips for mom and dads and the importance of an involved father—this bundle is sure to contain just what you need to better engage dads in their children's lives. It also includes our strength-based Father Facts posters to help you show dads—and moms—that your facility/facilities are father-friendly and that remind staff of the importance of serving dads.

Bundle Includes:

- > 1 Poster Set: Set of 5 Father Facts Posters (NFI-59, NFI-62)
- ▶ 1 pk (50) Tip Card: 10 Tips to Help Your Child In School (NFI-74, NFI-77)
- ➤ 1 pk (50) Tip Card: 10 Ways to Be a Better Dad (NFI-72, NFI-75)
- 1 pk (50) Tip Card: 10 Ways Mom Can Be a Great Co-parent (NFI-99, NFI-99SP)
- > 1 pk (50) Brochure: How Dad Can Be a Good Co-parent (NFI-93, NFI-93SP)
- ➤ 1 pk (50) Brochure: The Importance of an Involved Father (NFI-95, NFI-95SP)
- 1 pk (50) Brochure: How to Better Manage Money w/Spending Plan Worksheet (NFI-97, NFI-97SP)

FISB-01 \$222 (ENGLISH) FISBSP-01 \$222 (*SPANISH*)

Available in English or Spanish!



NEW & EXPECTANT DADS BUNDLE

One of NFI's specialties is guidance and advice for new and expectant dads. That's because dads and moms are most highly motivated for dads to be involved in the lives of their children during the prenatal and immediate postnatal periods.

Reaching dads during this time increases the chance that they'll stay involved for the long haul!

Bundle Includes:

- > 1 (50pk) Brochure: 12 Questions to Ask Before Your Baby Arrives (NFI-39)
- > 1 (50pk) Brochure: The Importance of An Involved Father (NFI-95)
- > 1 (50pk) Brochure: So You're a New Father or About to Become One (NFI-13)
- > 1 (50pk) Tip Card: 10 Tips for Expectant Dads (NFI-96)
- > 1 (50pk) Tip Card: 10 Tips for New Dads (NFI-73)
- > 1 (5pk) New Dad's Pocket Guide (NFI-102)
- 1 (5pk) Help Me Grow: The First Year (NFI-120)

NEDB-01 \$170

Perfect for Healthy Start Programs!

















THE HOME VISITATION BUNDLE

It's vital to include dads in home visits so that they understand the important role they play in their children's lives—and that it's never too late for dads to get involved! It's also important for moms to understand dads' unique role, and how to better communicate with them so that dads and moms can parent more effectively, together. Use this bundle along with any evidence-based home visiting model/program to include fathers. This bundle includes our popular resources on being a better dad, creating a peaceful home, effective discipline, communication, and more.

Bundle Includes:

- > 1 (50pk) Brochure: 10 Ways to Be a Better Dad
- > 1 (50pk) Brochure: The Importance of an Involved Father (NFI-95)
- ➤ 1 (50pk) Brochure: How Dad Can be a Good Co-Parent (NFI-93)
- ➤ 1 (50pk) Brochure: 12 Ways To Create A Peaceful Home (NFI-40)
- ▶ 1 (50pk) Brochure: Keeping Your Child Safe (NFI-12)
- 1 (50pk) Brochure: How to Better Manage Money (With Spending Plan Worksheet) (NFI-97)
- > 1 (50pk) Brochure: 12 Ways to Balance Work and Family (NFI-37)
- 1 pk (50) Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06)
- > 1 (50pk) Tip Card: 12 Tips for Effectively Disciplining Your Children (NFI-94)
- > 5 (5pks) Help Me Grow: The First Year Guide (NFI-120)
- > 5 (5pks) New Dad's Pocket Guide (NFI-102)
- 5 (5pks) New Moms: A Pocketbook Full of Reasons for New Moms to Involve Dads (NFI-109)
- 5 (5pks) For Moms: A Pocketbook Full of Ways to Communicate with Dad (NFI-108)

HVB-02 \$550

Use with any evidence-based home visiting model/program.



























HEAD START BUNDLE

Research shows that fathers prefer parenting resources that speak specifically to them in their role as a dad—and our Head Start Bundle helps programs do just that!

Meet your Head Start Program father engagement requirements with our professionally-designed and research-based tip cards, brochures, and guides to help strengthen the role of fathers in their families, schools, and communities.

Bundle Includes:

- ➤ 1 (50pk) Brochure: How to Help Your Child In School (NFI-32)
- > 1 (50pk) Brochure: The Importance of an Involved Father (NFI-95)
- 1 (50pk) Brochure: How To Better Manage Money (With Spending Plan Worksheet) (NFI-97)
- ➤ 1 (50pk) Brochure: 10 Ways to Be a Better Dad (NFI-01)
- ➤ 1 (50pk) Tip Card: 12 Tips to Balance Work & Family (NFI-83)
- > 1 (50pk) Tip Card: 12 Tips for Effectively Disciplining Your Children (NFI-94)
- > 5 (5pks) Dad's Pocket Guide (NFI-103)
- > 5 (5pks) Help Me Grow: The Toddler & Pre-School Years (NFI-121)

HSB-01 \$362

















THE CO-PARENTING BUNDLE

Positive co-parenting is vital for the health and well-being of children. This bundle includes resources for moms and dads to help them develop effective co-parenting skills, as well as better ways to communicate, discipline their children, and work together for the ultimate benefit of their children.

Bundle Includes:

- 1 pk (50) Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06)
- > 1 pk (50) Brochure: How Dad Can be a Good Co-Parent (NFI-93)
- > 1 pk (50) Brochure: 10 Ways to Be a Better Dad (NFI-01)
- 1 pk (50) Brochure: The Importance of an Involved Father (NFI-95)
- 1 pk (50) Tip Card: 10 Tips on Co-parenting for the Sake of Your Child (NFI-92)
- 1 pk (50) Tip Card: 12 Tips for Effectively Disciplining Your Children Tip Card (NFI-94)
- 5 pks (5) For Moms: A Pocketbook Full of Ways to Communicate with Dad (NFI-108)
- 1 pk (5) For Moms: A Pocketbook Full of Ways to be a Great Co-Parent (NFI-101)

CPB-02 \$302

















THE SPANISH RESOURCE BUNDLE

The Spanish Resource Bundle Includes one of every resource we offer in Spanish and helps you include Spanish speakers in your programs. It also makes it easy to acquire a collection of Spanish resources to use with Spanish-speaking moms and dads. You can always purchase additional packs of our Spanish resources as you deplete your inventory.

The Bundle Includes:

- 1 Poster Set: Poster Set of 3 (Horizontal 22"x28") Spanish (NFI-88)
- 1 pk (50) Brochure: How Dad Can Be a Great Co-parent (NFI-93SP)
- 1 pk (50) Brochure: The Importance of an Involved Father (NFI-95SP)
- 1 pk (50) Brochure: 10 Tips To Help Your Child Do Well in School (NFI-48)
- 1 pk (50) Brochure: How to Resolve Conflict with the Mother of Your Child (NFI-06SP)
- 1 pk (50) Brochure: 12 Ways to Create a Peaceful Home (NFI-53)
- > 1 pk (50) Brochure: 12 Ways to Balance Work & Family (NFI-54)
- 1 pk (50) Tip Card: 10 Ways Mom Can Be a Great Co-Parent (NFI-99SP)
- 1 pk (50) Tip Card: 10 Ways Mom Can Better Communicate with Dad (NFI-98SP)
- > 1 pk (50) Tip Card: 10 Ways To Be A Better Dad (NFI-75)
- 1 pk (50) Tip Card: 10 Tips on Co-parenting for the Sake of Your Child (NFI-92SP)

SRB-01 \$301























¿Usted ha sido un papá hoy?

Help Me Grow™ Guides

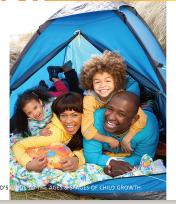
Quick-Reference Guides to Help Dads Participate in their Child's Growth!



Often times, dads are unsure of how to be actively involved with their children as they grow. That's why these unique guides go beyond simple child development charts. They help dads learn about the physical, mental, emotional, and social changes their children will go through (THINGS TO KNOW), and gives them practical ways they can be actively involved in their child's growth based on their age range (WAYS TO GROW). Available in three age-ranges below.

WAYS TO GROW

- 6TH & 7TH YEARS continued
- 1 Praise your child for cooperation and learning new skills and knowledge.
- 2 Ask your child to talk about his/her world (school and friends). Listen carefully and remember what he/she says Answer your child's questions.
- 3 Tell your child to show feelings. Role model by showing yours. This is very important for boys.
- Read to and with your child. Tell your child to read alone.
- 5 Spend alone time with your child doing something both of you enjoy. This is really important if you have other children.
- 6 Expand your child's world through family trips
- 7 Help your child learn how to get along with peers
- 8 Help your child learn how to follow group rules.
- 6 | HELP ME GROW



- 9 Promote daily, safe physical activity. Watch TV habits and limit amount of TV and computer use.
- 10 Set limits and clear rules for discipline and punishment for bad behavior.
- 11 Help your child to discipline him/herself and to control impulses.
- 12 Expect your child to follow family rules, such as those at bedtime, TV watching, and doing chores. Don't pay your child (an allowance) for chores.
- 13 Teach your child to respect others/people in charge.
- 14 Help your child's ability to communicate with you, teachers, and other adults by going to school.
- 15 Tell your child often the difference between right and wrong.

©2012, 2018 National Fatherhood Initiative®

- 16 Teach your child how to manage anger and resolve conflicts without physical or emotiona violence.
- 7 Set a limit on the amount of "screen time your child may have and stick to it. Screen time refers to the time your child spends viewing something on a "media device" with a screen: TV, computer (desktop or laptop), tablet, mobile device used to play

Try, Computer (Vestvop) or haprophy tablet, mobile device used to play games, etc. Make sure media devices do not harm sleep, physical activity, and other actions vital to your child's health. Work with your child to choose times to not

use media devices, such as at dinner and when driving. Work with them to choose parts of your home where they cannot use media devices, such as in bedrooms. Talk with them about being a good "online citizen" who treats others with respect online. Talk with them about keeping themselves safe while online.

www.fatherhood.org | 7

With contributions from Dr. Kyle Pruett and Dr. Yvette Warren, Help Me Grow: A Dad's Guide to the Ages and Stages of Child Growth covers everything dads need to know about what to expect and not to expect in terms of child growth and development.

In reviewing the charts in thess guides, dad learns about the physical, mental/emotional, and social changes his child will go through. The guides also include tips for dad to help his child grow, thus helping him to be a more involved, responsible father.

Knowing that children grow at different rates, the main thing is that his child is able to do these things at some point, even if at a later age. Dad can also share the charts with his child's mother so that she'll know what to expect as well!

HELP ME GROW™ BUNDLE

Get 1 of each 5-pack

NFI-123 \$33.99 ONE OF EACH 5 PACK (ENGLISH ONLY)



THE FIRST YEAR

Organized in 2-month intervals.



NFI-120 \$16.99 5 PACK (ENGLISH ONLY)

THE TODDLER & PRE-SCHOOL YEARS

Organized by years 1-5.



NFI-121 \$16.99 5 PACK (ENGLISH ONLY)

THE ELEMENTARY SCHOOL YEARS

Organized in 2-year intervals from years 6-11.



NFI-122 \$16.99 5 PACK (ENGLISH ONLY)

Pocket Guides

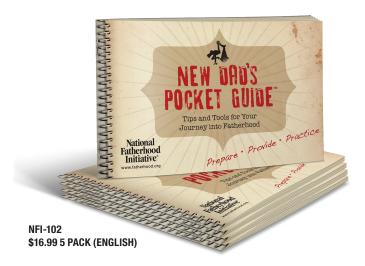


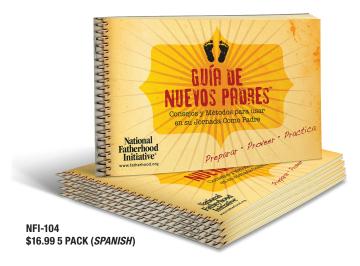
Packs of 5 for just \$13.99

NEW DADS

New Dad's Pocket Guide™

This handy guide has essential hints, tips, and strategies that every new dad needs to know! The New Dad's Pocket Guide™ helps dad get involved right from the start by increasing health literacy; includes important child health and safety information, ideas for connecting to his newborn, and more.

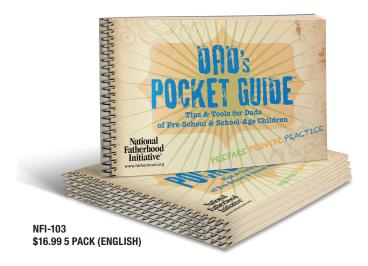


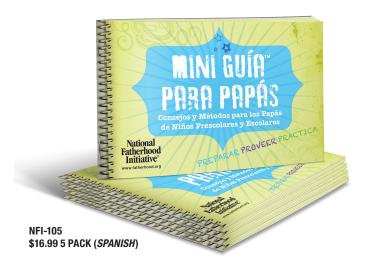


DADS OF PRESCHOOL & SCHOOL AGED CHILDREN

Dad's Pocket Guide™

It's never been easier to give dads of preschoolers and school-aged children the information they need to stay involved in their children's lives in meaningful ways. This handy guide has essential health and education hints, tips, and strategies that every dad needs to know.





www.fatherhood.org/tipcards

ANY DAD

10 WAYS TO BE A BETTER DAD 10 MANERAS DE SER UN MEJOR PADRE

Our most popular brochure in a tip card. This tip card offers easy suggestions to help any father become a great dad!

NFI-72 \$17.99 50 PACK (ENGLISH) NFI-75 \$17.99 50 PACK (*SPANISH*)



NEW DADS

10 TIPS FOR NEW DADS

10 CONSEJOS PARA NUEVOS PAPÁS

This tip card provides new and expectant fathers with 10 tips for engaging with their baby, and enjoying and succeeding at the job of a lifetime—being a dad!

NFI-73 \$17.99 50 PACK (ENGLISH) NFI-76 \$17.99 50 PACK (*SPANISH*)



SCHOOL INVOLVEMENT

10 TIPS TO HELP YOUR CHILD IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU NIÑO EN ESCUELA

Studies show that children with involved dads do better in school. This tip card offers ten practical tips to help dads give their children a jumpstart for academic success.

NFI-74 \$17.99 50 PACK (ENGLISH) NFI-77 \$17.99 50 PACK (*SPANISH*)



EXPECTANT DADS

10 TIPS FOR EXPECTANT DADS

10 CONSEJOS PARA FUTUROS PADRES

It's never too early to be an involved father. This tip card provides expectant fathers with 10 tips to help dad bond with baby while helping mom-to-be.

NFI-96 \$17.99 50 PACK (ENGLISH) NFI-96SP \$17.99 50 PACK (*SPANISH*)



DISCIPLINE

12 TIPS FOR EFFECTIVELY DISCIPLINING YOUR CHILDREN

Discipline can mean very different things from one dad to another. This card provides tips on effective discipline - what it is, and what it is not.

NFI-94 \$17.99 50 PACK (ENGLISH)



CO-PARENTING

10 TIPS ON CO-PARENTING FOR THE SAKE OF YOUR CHILD

10 CONSEJOS SOBRE LA CRIANZA COMPARTIDA PARA EL BIEN DE SU HIJO

These 10 tips will help dads successfully co-parent, while keeping the impact on their child in the front of their minds.

NFI-92 \$17.99 50 PACK (ENGLISH) NFI-92SP \$17.99 50 PACK (*SPANISH*)



MARRIAGE

THE 7 BENEFITS OF MARRIAGE FOR MEN

Marriage is good for men (and benefits children!) This tip card helps men learn about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

NFI-82 \$17.99 50 PACK (ENGLISH ONLY)



WORK/FAMILY BALANCE

12 WAYS TO BALANCE WORK AND FAMILY

Balancing work and family can be challenging. Children spell love "T-I-M-E", but providing for them financially is also important. This tip card provides twelve simple things fathers can do to succeed at work and at home.

NFI-83 \$17.99 50 PACK (ENGLISH ONLY)





ANY DAD

THE IMPORTANCE OF AN INVOLVED FATHER

LA IMPORTANCIA DE SER UN PADRE QUE PARTICIPA

Our newest brochure communicates the importance of an involved father by outlining the benefits his children will experience when he is involved in their lives.

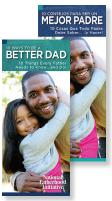
NFI-95 \$23.99 50 PACK (ENGLISH) NFI-95SP \$23.99 50 PACK (*SPANISH*)



10 WAYS TO BE A BETTER DAD

10 CONSEJOS PARA SER UN MEJOR PADRE Our best selling brochure offers 10 easy suggestions to help any father become a great dad.

NFI-01 \$23.99 50 PACK (ENGLISH) NFI-02 \$23.99 50 PACK (*SPANISH*)



NEW DADS

SO YOU'RE A NEW FATHER OR ABOUT TO BECOME ONE

ASÍ QUE ACABA DE SER PADRE O LO VA A SER MUY PRONTO

New fathers face a series of new and exciting challenges. This brochure provides new and expectant fathers with a ten point plan for enjoying and succeeding at the job of a lifetime—being a dad!

NFI-13 \$23.99 50 PACK (ENGLISH) NFI-15 \$23.99 50 PACK (*SPANISH*)



PRENATAL FOR DADS

12 QUESTIONS TO ASK BEFORE YOUR BABY ARRIVES

12 PREGUNTAS PARA HACERTE ANTES DE QUE LLEGUE TU BEBÉ

This brochure helps men who are about to become fathers think critically about one of the most important jobs they will ever have becoming a dad. The brochure asks dads to take 3 Looks: Look in, Look out, and Look up.

NFI-39 \$23.99 50 PACK (ENGLISH) NFI-39SP \$23.99 50 PACK (SPANISH)



SCHOOL INVOLVEMENT

10 TIPS TO HELP YOUR CHILD DO WELL IN SCHOOL

10 CONSEJOS PARA AYUDAR A SU HIJO A HACER BIEN EN LA ESCUELA

Children with involved dads have a better chance of succeeding in school. This brochure offers ten practical tips to help dads give their children a jump-start for academic success.

NFI-32 \$23.99 50 PACK (ENGLISH) NFI-48 \$23.99 50 PACK (*SPANISH*)



CHILD SAFETY

A CHECKLIST FOR KEEPING YOUR CHILD SAFE FROM NEWBORN TO TODDLER

COMO MANTENER A SU HIJO SEGURO QUE NACE HASTA QUE COMIENZA A CAMINAR

Keeping children healthy and safe is a priority for all parents, especially during those exploratory toddler years. This helpful checklist provides the information needed to childproof a home and prevent common household accidents.

NFI-12 \$23.99 50 PACK (ENGLISH) NFI-47 \$23.99 50 PACK (*SPANISH*)



CHILD ABUSE PREVENTION

12 WAYS TO CREATE A PEACEFUL HOME12 MANERAS DE CREAR UN HOGAR
TRANQUILO

An emotionally and physically safe home environment is vital for healthy children and families. This brochure helps dads create a loving, caring environment where children can thrive.

NFI-40 \$23.99 50 PACK (ENGLISH) NFI-53 \$23.99 50 PACK (*SPANISH*)



MARRIAGE

THE SEVEN BENEFITS OF MARRIAGE FOR MEN

LOS 7 BENEFICIOS DE MATRIMONIO PARA LOS HOMBRES

Does marriage really matter? Yes, it does! This brochure speaks directly to men about the impact of marriage on a man's sex life, financial future, and most importantly, his relationships with his children.

NFI-30 \$23.99 50 PACK (ENGLISH) NFI-46 \$23.99 50 PACK (*SPANISH*)



WORK/FAMILY BALANCE

12 WAYS TO BALANCE WORK AND FAMILY12 FORMAS DE LOGRAR UN EQUILIBRIO

This brochure outlines twelve simple things fathers can do to succeed at work and at home. Perfect for human resource managers and employers alike.

NFI-37 \$23.99 50 PACK (ENGLISH) NFI-54 \$23.99 50 PACK (*SPANISH*)

ENTRE EL TRABAJO Y LA FAMILIA



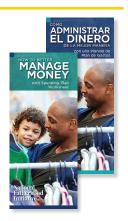
MONEY MANAGEMENT

HOW TO BETTER MANAGE MONEY (WITH SPENDING PLAN WORKSHEET)

CÓMO ADMINISTRAR EL DINERO DE LA MEJOR MANERA (CON UNA PLANILLA DE PLAN DE GASTOS)

This brochure covers 7 things to know, as well as actions to take, that will help dads better manage their own—or their family's—money. Includes a spending plan worksheet for even better success!

NFI-97 \$23.99 50 PACK (ENGLISH) NFI-97SP \$23.99 50 PACK (SPANISH)



CHILD SUPPORT

11 THINGS TO KNOW & LEARN ABOUT CHILD SUPPORT

11 COSAS LOS PARDRES DEBEN SABER Y APRENDER SOBRE LA MANUTENCÍON INFANTIL

Helps dads learn about the child support system, how to deal with it, and most importantly—how to be a champion for themselves as they navigate the child support system.

NFI-22 \$29.99 50 PACK (ENGLISH) NFI-22SP \$29.99 50 PACK (SPANISH)



NEW! MENTAL HEALTH

THREE STEPS FOR DADS TO CARE FOR THEIR MENTAL HEALTH

TRES PASOS PARA QUE LOS PADRES CUIDEN SU SALUD MENTAL

This brochure introduces dads to the three steps and a host of trustworthy resources that will help them realize that caring for their mental health is a sign of strength, not something to be ashamed of.

NFI-31 \$29.99 50 PACK (ENGLISH) NFI-31SP \$29.99 50 PACK (SPANISH)



RESOLVING CONFLICT

HOW TO RESOLVE CONFLICT WITH THE MOTHER OF YOUR CHILD

CÓMO RESOLVER CONFLICTOS CON LA MADRE DE SU HIJO

Conflict between parents can be one of the biggest barriers to father involvement. This brochure outlines 7 tips to help dad think the right away about conflict, and provides dad with ways to better resolve conflict with the mother of his child(ren).

NFI-06 \$23.99 50 PACK (ENGLISH) NFI-06SP \$23.99 50 PACK (*SPANISH*)



DOMESTIC VIOLENCE AWARENESS

12 THINGS TO KNOW & LEARN ABOUT DOMESTIC VIOLENCE

LAS 12 COSAS QUE DEBE SABER Y APRENDER SOBRE LA VIOLENCIA DOMESTICA

Help dads, moms, and practitioners with 12 specific things to know and learn to help spot domestic violence, reduce it, and become a leader in getting rid of it.

NFI-18 \$23.99 50 PACK (ENGLISH) NFI-18SP \$23.99 50 PACK (*Spanish*)





CO-PARENTING

HOW DAD CAN BE A GOOD CO-PARENT CÓMO EL PAPÁ PUEDE SER BUENO EN LA CRIANZA COMPARTIDA

Parents who live apart can face an uphill battle in being good parents. Most often, dads are the parents separated from their children. This brochure gives dads practical tips and an action plan for being a good co-parent.

NFI-93 \$23.99 50 PACK (ENGLISH) NFI-93SP \$23.99 50 PACK (*SPANISH*)

Great for Reentry



Brochures for Incarcerated Dads

INVOLVED WHILE INCARCERATED

STAYING INVOLVED WITH YOUR CHILDREN WHILE INCARCERATED

MAINTÉNIENDOSE EN CONTACTO CON SUS HIJOS MIENTRAS ESTÁ ENCARCELADO Incarcerated fathers may be locked up, but they don't have to be locked out of healthy relationships with their kids. This brochure offers incarcerated fathers ten tips on staying connected to their children.

NFI-11 \$23.99 50 PACK (ENGLISH) NFI-16 \$23.99 50 PACK (*SPANISH*)



BUILDING TRUST & RESPECT

BUILDING TRUST & RESPECT WITH THE MOTHER OF YOUR CHILD

CONSTRUYENDO CONFIANZA Y RESPETO CON LA MADRE DE SU HIJO

It's vital that parents have trust and respect for each other. Raising a healthy child depends on it!

NFI-07 \$23.99 50 PACK (ENGLISH) NFI-07SP \$23.99 50 PACK (*SPANISH*)





REENTRY PLANNING

14 THINGS DADS IN PRISON SHOULD DO BEFORE OR RIGHT AFTER RELEASE

Help incarcerated dads make a successful reentry transition! This brochure helps inmates create a plan for their lives after release with ideas for reuniting with family, taking care of finances, getting employment, and more.

NFI-61 \$23.99 50 PACK (ENGLISH ONLY)



RECONNECTION

Great for Reentry and Military

HOW TO CONNECT WITH YOUR MINOR CHILD AFTER A LONG ABSENCE

Help fathers take the necessary steps to reconnect with their child(ren) and work through "maternal gatekeeping" which can sometimes prevent a father's access to his child(ren). The content is divided into two stages, with key steps dads can take.

NFI-91 \$29.99 50 PACK (ENGLISH ONLY)



REENTRY FAMILY CONNECTION

20 WAYS TO CONNECT WITH YOUR CHILDREN AND FAMILY AFTER RELEASE

Fathers face many challenges upon release. With these 20 tips, dads can prepare, prevent, and partner for post-release success and connect for the long haul. Research shows that when dads connect with their children and families after release, they are more likely to stay out of prison.

NFI-05 \$23.99 50 PACK (ENGLISH ONLY)



See Page 11 for More Resources for Incarcerated Dads!

"Just the Facts" Posters Help Staff Members—and Clients— **Understand Important Facts about Father Involvement**

Keep father involvement top-of-mind for both clients and staff.

Our strengths-based Father Facts posters highlight some of the most important and applicable data on the benefits of father involvement. Display the posters in your center to show your dedication to increasing the number of children who grow up with involved fathers. Or, display them during your fatherhood program sessions to generate discussions and help fathers understand their important role.

Designed in a standard 22" x 28" poster size for easy framing.

Just the Facts Posters (Version 3)

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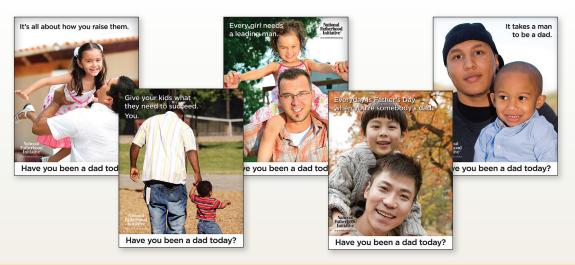
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